



AVANTI FIELDS MY TRANSITION BOOKLET

Welcome Year 7 2020



We hope that through this booklet we can support to you to find out more about your new school and help you begin to prepare for success at Avanti Fields School.
We cannot wait to meet you.



Avanti Fields Teachers

As you think about moving to secondary school, one of the biggest changes from primary school is that you will have many different teachers for each of the subjects on your school timetable at secondary school.

You will also have a form teacher who will meet you every morning and support you with any issues you may have.

As we are currently unable to meet you in person here is a picture and a little something about each teacher at Avanti Fields.



Character formation

We want to help you settle into life at Avanti Fields School and get used to new routines, new friends, new teachers and new surroundings. We hope the following activities will allow you to plan, prepare and adjust in readiness for the move to Avanti Fields School.

Staff list

| | |
|----------------|--|
| Ms Taplin | Principal |
| Ms Kholia | Assistant Principal – Science Teacher |
| Mrs Kurth | Assistant Principal – Spanish Teacher |
| Miss Bigginton | Pastoral Lead / SENCO - Humanities Teacher |
| Ms Vaghela | Head of Maths |
| Mr Kachhela | Maths Teacher / Careers |
| Mrs Rakkar | Maths Teacher |
| Mr Bathia | Lead Teacher: English |
| Mrs Kealey | Lead Teacher: English |
| Mrs Corrick | English Teacher |
| Miss Morgan | Drama Teacher |
| Miss Patel | Head of Science |
| Mrs Trivedi | Science Teacher |
| Mr Clarke | Head of Humanities (History and Geography) |
| Mr Gadsby | Humanities Teacher / Head of Year 7 |
| Mr Clampin | Computer Science Teacher |
| Mr Gajjar | Lead Teacher: PRE |
| Mr Patel | PRE Teacher |
| Mrs Marshall | Art Teacher |
| Mrs Morbey | Spanish Teacher |
| Mrs Neglur | Sanskrit Teacher |
| Mrs Kansara | PE Teacher |
| Mrs McDonald | Yoga Teacher |

Support staff:

Ms Parker Ms Rajdev Mrs Bindra Mrs Wadhvana Mr Ritchie

Teaching Assistants: Mrs Shukla Mrs Stigner Mrs Kidy

Mrs Chodha: Science Lab Technician

My Worries List

Please write in the below boxes what worries you have.

Think about these worries in three groups. An example has been given to get you started.

| | |
|---|---|
| <p>These worries make it impossible/very difficult to do something.</p> | <p>I am too worried to stay at my friend's house on my own.</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> |
| <p>These worries make it hard for me to do something but it's not impossible.</p> | <p>I am really worried about sitting my spelling test.</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> |
| <p>I have these worries a lot but they don't stop me doing anything.</p> | <p>I worry about eating in the school dinner hall.</p> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/> |

A letter to my Avanti Fields form teacher

What would you like us to know about you?

Dear _____

I am looking forward to secondary school because...



I am nervous about starting secondary school because...

My favourite thing about primary school was...

My least favourite thing about primary school was...



My friends would describe me as...

I'd really like you to know that...

I look forward to seeing you in September,

Kind regards,



Our Avanti Fields values and ethos

At Avanti Fields we aim to support and guide every student to strive to be the very best version of themselves and to have a positive impact on others.

At Avanti Fields we have **three** pillars, **six** core values and many more important key character words, which we aim to embody and which lead, guide and shape us in all aspects of school life and at home.



Our Avanti three pillars are: **Educational excellence**, **Spiritual insight** and **Character formation**

Our Avanti six core values are: **Courage**, **Gratitude**, **Empathy**, **Respect**, **Integrity** and **Self-discipline**

Activity

Can you write an example, draw or attach a photo and describe when you have demonstrated one of our six core values recently?



Here is an example to get you thinking and started.

Whilst I have been working from home I have made sure at the end of each day I have recorded three things I am grateful for in a journal.

The three things I am thankful for daily have included: spending time with my family, for the food I have to enjoy a family meal together and for remaining safe and healthy at home.



Activity: We would like to you to think about our key values and character skills and complete the following activity thinking about helpful skills such as empathy, gratitude, resilience and positivity and many more. What advice would you give yourself?

A Letter to My Future Self

Task:

You are going to write a letter to your future self. This could be you in a year's time or you in a few years' time, at the end of secondary school.



Imagine what you would like to become. How would you like to be portrayed? What do you want people to think and say about you? This letter will be private and should be a chance to open up about your thoughts, feelings and goals.

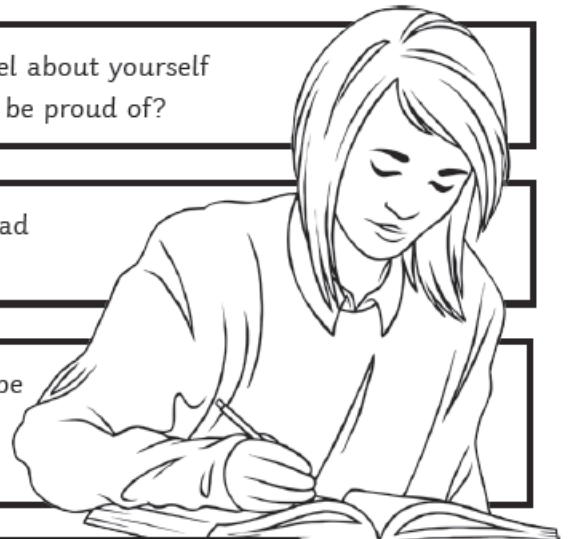
Ideas:

- What advice would you give yourself when starting something new?
- What would you like to change about yourself?
- How can you improve yourself?
- What are your ambitions?
- What are your goals?
- What are your dreams?
- Who would you like to get to know?
- What new things would you like to take part in?
- If you were somebody else starting a new year at school, what would you tell them?

Think about what is important to you, how you want to feel about yourself and how you want others to feel about you. What will you be proud of?

When you have completed your letter, take some time to read it over and think through the advice you have given.

When you have done this, you may put it inside the envelope your teacher has given you. You should receive this letter back at the end of the year.





Spiritual insight

At Avanti Fields you will have collective worship in the worship hall at least once a week as a year group and you will also say a morning, midday and end of day prayers at points throughout the school day.

Some of you may not have seen or heard the prayers (kirtan) before, so below is a copy of all three prayers and YouTube links so you can become familiar with them before school starts.

YouTube links

https://www.youtube.com/watch?v=Lsz7m_USPqY&safe=active

The 'Govindam prayers' we sing when we greet The Deities of Sri Sri Nitai Gaurachandra (Sri Sri Gaura Nita)

Written Prayers

AVANTI SCHOOLS

Dedication / Benediction / Meditation

Morning Dedication

om ajñāna-timirāndhasya, jñānāñjana-śalākayā

caḡsur unmilitaṃ yena, tasmai śrī-guruve namaḥ

May our eyes be open

to the power and sweetness

of knowledge and illumination.

May we never be blinded by darkness.

May we honour our teachers

and all those who guide us

on our spiritual path.

May we worship the supreme,

Śrī Rādhā and Śrī Krishna, and

Śrī Chaitanya who reveals

their divine love to us.

May we know the presence of

Śrī Krishna in all persons

and in all beings.

O Rādhā and Krishna!

May your sweetness flood my heart;

May my heart always offer its love to you.

Let this day become

my offering of gratitude;

May your sacred names

dance forever

within the core of my heart:

hare kṛṣṇa hare kṛṣṇa!

kṛṣṇa kṛṣṇa hare hare!

hare rāma hare rāma!

rāma rāma hare hare!

Midday Benediction

We come together
in love and friendship
to honour the blessing
of this *prasāda*,
food offered with devotion
to Krishna and his beloveds.

Let our appetites and hearts
be nourished and purified
by this *prasāda*,
a form of divine grace
that comes to us
in great abundance.

May our joy be full
in each other's company;
And may the holy names
dance forever
on our tongues
and in our hearts:

hare kṛṣṇa hare kṛṣṇa!
kṛṣṇa kṛṣṇa hare hare!
hare rāma hare rāma!
rāma rāma hare hare!

End of Day Meditation

asato mā sad gamaya

From unreality,
lead us to Reality.

tamaso mā jyotir gamaya

From darkness,
lead us to Light.

mṛtyor māmṛtaṁ gamaya

From mortality,
lead us to Immortality.

param brahma param dhāma,

pavitram paramam bhavān

You are the supreme Brahman,
The supreme dwelling place,
The supreme means of purification.

puruṣam śāśvataṁ divyam,

ādi-devam ajam vibhum

You are the eternal divine person,
The original divinity,
The unborn, all-pervading one.

hare kṛṣṇa hare kṛṣṇa!

kṛṣṇa kṛṣṇa hare hare!

hare rāma hare rāma!