

Screen Free Ideas

Alternative Activities

Click on the links for a complete package of activities / new skills to develop and enjoy at home with your family



https://chatterpack.net/blogs/blog/list-of-online-resourcesfor-anyone-who-is-isolated-at-home

https://www.scouts.org.uk/the-great-indoors?utm_source=twitter&%3Butm_medium=traffic &%3Butm_campaign=staticcopy37



The Great Indoors

Ideas and activities to inspire young minds at home



Screen Free Ideas

- 1.Bake something new from a cookbook.
- 2.Find something in your room that you enjoyed when you were younger and try it again, just for fun.
- 3. Figure out what is a mile or less from your home, and walk to one interesting place.
- 4.Play a board game
- 5. Colour, draw, paint or read
- 6. Think of someone you know who might be lonely, and what you could do for them.
- 7.Do a crossword puzzle, Sudoku, or word search.
- 8. Ride a bike, skateboard, or scooter.
- 9. Write in a journal. Or write fanfic based on your favourite book or movie
- 10. Create an obstacle course or scavenger hunt
- 11. Do a jigsaw puzzle

- 14. See if you can set a record at something.
- 15. Find or create a geocache (yes, we know there is *minor* screen involvement).
- 16.Plan one dinner you would like to try making.
- 17. Now that you have planned a dinner, make it
- 18. Grow a sunflower competition with your friends
- 19. Go through your drawers and make a pile of clothes that you want to donate.
- 20. Tour the house looking at all the things on the walls and tables like you're at a museum
- 22. Give yourself a facial mask.
- 23.Learn how to juggle.
- 24.Design a family crest / paint or draw a family portrait
- 26.Make a photo collage for your room.
- 27. Make up a dance/ song

12. Try to identify the birds in your neighbourhood

Friday afternoon recipe ideas



Chocolate Rice Krispie cakes

https://www.bbcgoodfood.com/recipes/chocolate-rice-krispie-cakes



Fruit kebabs with chocolate dipping sauce

https://www.taste.com.au/recipes/fruit-kebabs-chocolatedipping-sauce/012e79fc-e582-4865-8aabd3a44035d1f3?ref=collections,kid-friendly



Stay Safe, Be Well





