



AVANTI GARDENS  
SCHOOL

# Family Bulletin





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# Avanti Gardens Family Bulletin

## MESSAGE FROM THE PRINCIPAL :

Dear Families,

This week, children have taken part in our 'Curriculum Enrichment' week, with a focus on being Eco-Conscious. Our subjects have been interweaved with our theme, where children have applied their growing understanding of what it means to be eco-friendly and applied this across the curriculum.

Throughout the week, we have invited speakers from GreenPeace and BristolWaste to speak to our pupils about how and why we should be eco-conscious to keep our planet from further damage. I have been over-joyed by the application of this knowledge in their learning – particularly in writing where KS2 classes wrote compelling letters and speakers to convince readers and listeners to change for the better.

I am this week proud and impressed by our wow-work winners from Year 2 – Ben and Robin who have taken their learning into the community. Both boys spent their own time after school collecting rubbish with their litter pickers to help protect our community and environment. Brilliant to see you using your learning boys to make an impact on those around you. Well done.

I wish all families a safe and relaxing weekend. The team and I look forward to welcoming you back next week.

Yours Faithfully,  
Mr Milum



@SchoolAvanti



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# CLASS UPDATES

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## RECEPTION

This week we have been looking at why our planet is so important and how we can look after it. We started off by reading the book 'Here We Are' and considering what makes our world wonderful? The children came up with so many great examples of what is wonderful about our world. After lots of discussion we created paintings of 'our wonderful world' which are now all combined to make one big, wonderful world in our cloakroom!

We have all learnt a poem called 'The World is Watching!'. We collectively came up with actions to support the retelling of this poem and again the children have blown me away with their recitation skills.

We have had some very informative talks from both Greenpeace and Bristol waste company. The children listened and engaged with the talks excellently. In maths we have been looking at patterns. We have explored them in many different ways. We have identified, continued, and made our own colour patterns. We worked as a class to create movement and sound patterns and then the children were creative in the outdoor space using resources around them to make even more patterns!

Have a restful weekend.

*Miss Griffith*



## DAFFODIL

What a fantastic week we have had in Year 1!

In Maths we have been exploring weight and mass, we have been using balancing scales to weigh different objects around the classroom, comparing their weights and ordering the weight of objects from lightest to heaviest.

For our enrichment week we have explored the question 'Why did Greta come to Bristol?' We began the week by thinking about what Greta has been fighting for and how we can help promote the same message of saving our precious planet. In Literacy we began the week by writing instructions to an alien explaining how to look after our beautiful planet and we then began exploring poems and writing our own poems about nature using our senses. We created our own musical instruments from our recycling, learnt about how we can reduce our carbon footprint, and explored, using art work, how our planet will look if we don't look after it. It was inspiring to listen to Richard from Greenpeace and we had a lot of questions about what we can do in school to help the planet.

We finished our week with Earth Hour where we turned off all electrical items and Year 1 were in charge of checking other classrooms had done the same. It truly has been an inspiring week!

*You are never too small to make a difference. Greta Thunberg*

*Mrs Osborn, Miss Silverthorne ,  
Miss Lawrence & Mrs Cook*



Monday 21<sup>st</sup> March 2021

Learning Objective:

LO: I can explain ways we can save the Environment to write sentences with a capital letter and full stop.

# Franklin

How to help save the environment to  
 Do not chuck rubbish ~~by hand~~  
 you do put rubbish in ~~the~~  
 the bin! Do not keep the  
~~light~~ ON when you're not in it  
 plant lots of seeds! you're a  
 metal water

What can you feel in nature?  
 Agate

I can feel the grain grass.  
 soft bushes moothin in the  
 wind.

What can you smell in nature?  
 I can smell byootra  
 beafils. I can smell  
 the lemande.

Wednesday 24th March 2021

LO: I can think of my own ideas and write a nature poem.

# Pheobe

Being with nature.  
 What can you see?  
 I can see a piece  
 of grass.  
 What can you hear?  
 I can hear the birds  
 chirping.  
 What can you smell?  
 I can smell fresh  
 air.  
 What can you feel  
 in nature? I can feel  
 the breeze.  
 I can feel the warm  
 sun. I can hear  
 the crickets.  
 I can smell the  
 air.

Monday 21<sup>st</sup> March 2021

Learning Objective:

LO: I can explain ways we can save the Environment to write sentences with a capital letter and full stop.

# Sid

How to save the  
 environment, you  
 never will drop  
 litter on the floor  
 you have to use  
 your bag for life  
 you can run or  
 walk, you only have  
 to fly in your  
 space craft if you  
 want to go to your  
 planet!



## SUNFLOWER

Hello Sunflower families,

I am filled with huge pride and admiration for year 2 children this week. They have approached our Enrichment week learning with compassion, empathy, and a desire to learn and do more!

Our learning has focused on the text "Our House is on Fire" by Jeanette Winter. This is the story of how Greta Thunberg came to lead a global movement to save the planet. Her quote "You are never too small to make a difference" resonated with us all, and children in Y2 have been using their voices to call for change.

All children have been inspired to write letters to influential people to ask the question "WHAT WILL YOU DO?" They have begun writing to The Mayor, The Queen, Boris Johnson, Greenpeace and Mr Milum, amongst others. In their letters they raise some of the key issues and ask the recipient to make a commitment to change, including reducing single use plastic consumption, switching to renewable energy sources, and making recycling a legal requirement.

I look forward to sending the letters once finished and will keep you updated on any responses!

In Art, children recreated the artwork from the book, drawing self-portraits at protest, in a cartoon style. We've created a powerful display in our classroom as a reminder of this week's learning.

In Maths, we have been collating and interpreting data linked to the environment. We created a tally-chart of how children travelled to school and discussed the most eco-friendly ways.

Children also went on a litter-pick around the school grounds, sorted the litter into groups and represented what we'd collected using a pictogram.

We analysed data on the Great Barrier Reef to work out how many of each marine animal were spotted during a dive and were saddened to see that plastic bags had also been found. This led to a passionate "Save our Seas" discussion.

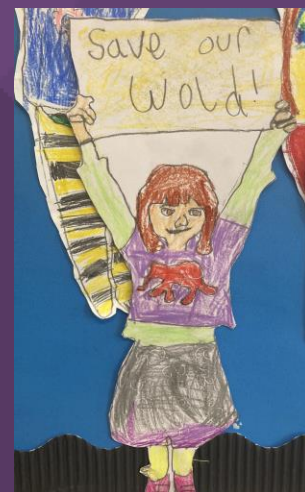
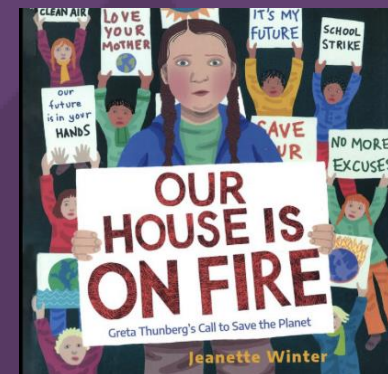
We were also able to make links to this term's Topic learning on Urban Farming and discussed the benefits of growing food in our cities. The children were able to articulate that this would mean less plastic wrapping and fewer food miles. We also discussed urban beekeeping and spent some time planting, including a mini bee and butterfly garden. Children were mesmerized by a natural hive on our school grounds. We produced a small beehive for our classroom display, with each child using their thumb print to make a bee, which we put together to represent teamwork and our commitment to help the planet.

Finally, it gives me great pleasure to announce that we have elected our class eco reps.

Each candidate wrote and delivered their own speech on what make them great for the role.

Sunflower class voted for Robin and Ember. Robin said he "Really likes the environment and wants to take care of it." Ember agreed, saying "I love the planet and everything on it.

I hate that people are polluting our environment." We know they will both do a fantastic job helping us all to do our bit.



Have a wonderful weekend everyone!

*Miss Roberts*

## IRIS and PEONY

Dear year 3 children and families,

This week Year 3 have really embraced our eco theme. We are creating a whole class guide to saving the planet. Each child is writing a page in the book giving one piece of advice for people to follow. It's the small things that help. We are hoping to be able to publish this week before the end of term. The ideas they have come up with are too good to not share.

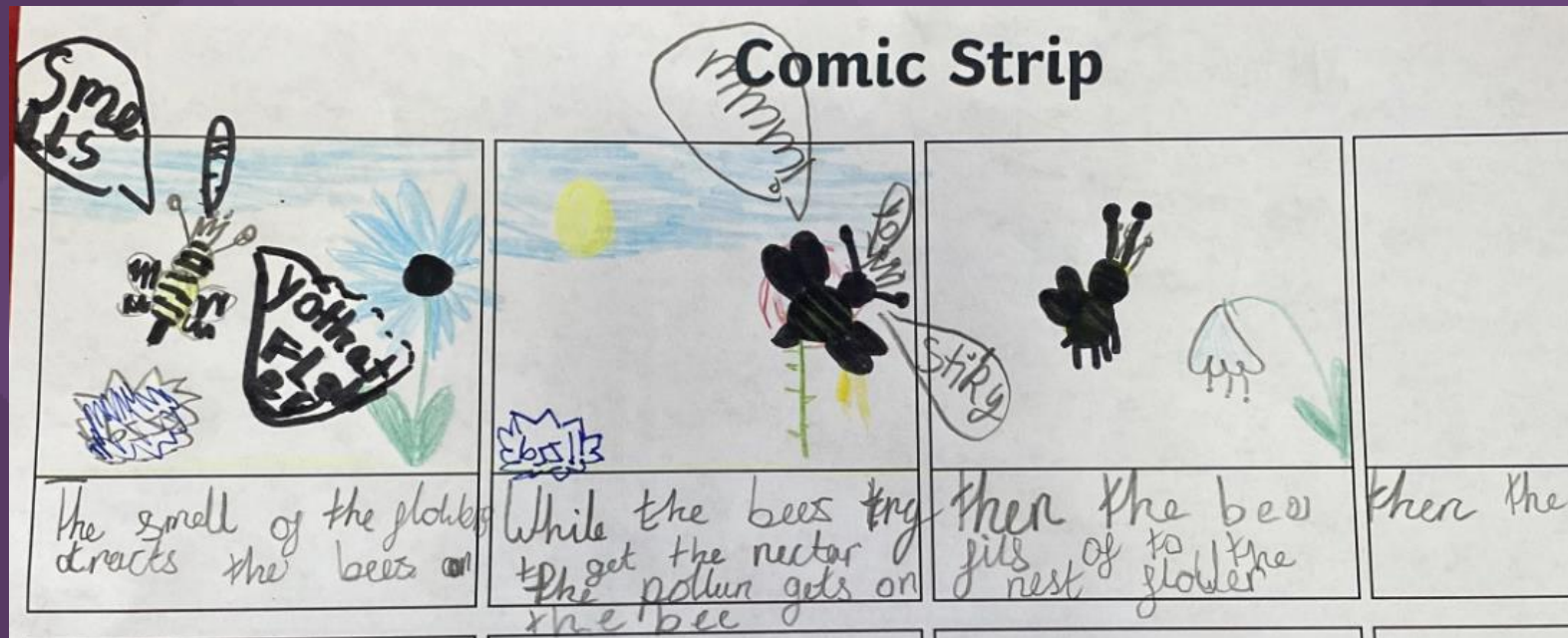
We have also created a tally chart of how children travel to school, which would hopefully lead to some greater discussion about the best ways to travel to save the planet.

We have really enjoyed our talks from Greenpeace and Bristol waste. They have given us loads of information and things to think about.

We have had a lovely discussion about upcycling and have spent some time creating a wonderful piece of artwork to show and promote this.

What a fab week! Well done Year 3.

Miss Butterfield-West



Monday 22<sup>nd</sup> March 2021

to write a fact file.

## A Flooding Fact file

I was a very dull boring Christmas for the people of Somerset  
Read below to find out more!

What the people did?

The people of Somerset had to travel by boat, take the water to the river, evacuated their homes, isolated city's and spent most of the winter underwater.

What is a flood?

A flood is a big, ~~colossal~~ colossal, even wave of water. Somerset's flood, was caused by river's and lakes overflowing.

Wednesday 24<sup>th</sup> March 2021

LO: to retrieve information from a text

## Who is Greta Thunberg?

She is a 17-year-old who grew up in Stockholm, in Sweden. Greta's mother, Malena Ernman, is an opera singer and former Eurovision Song Contest participant. Her father Svante Thunberg, is an actor, and is a descendant of Svante Arrhenius, a scientist who came up with a model of the greenhouse effect. He was awarded the Nobel Prize for Chemistry in 1903. The elder of two girls, she says she learned about climate change when she was eight, but that her parents were not climate activists. Greta has Asperger's syndrome, a developmental disorder, and has described it as a gift and said being different is a "superpower".

Questions:

1. Where is Greta from?
2. What are her parent's names?
3. What do her parents do?
4. What makes Greta different?

1. Greta Thunberg is from Sweden.
2. Her parents are called Malena Ernman, Her father is called Svante.
3. Her mother is an opera singer and actor.
4. She is very powerful with the world.





## FOXGLOVE

Dear Parents and carers,

Foxglove Class have had an extremely hard working week with lots of great activities and learning as it has been our Enrichment Week; whereupon the children spend the week really investigating a topic close to them in real life.

This terms Enrichment Week was called:

‘Why did Greta come to Bristol’.

The learning focused on climate change, the issues surrounding it and what we can do to help improve our futures and environments.

In English the children have composed persuasive letters to send to local supermarkets, asking them to stop using plastic packaging and offering solutions to meet the needs of their customers.

They have written passionately about this which is clearly an issue close to their hearts.

We had a very interesting LIVE talk and presentation from our local Greenpeace activist via ZOOM.

The children learnt a great deal about the work of Greenpeace around the world.

In P.E Mr Evans has been teaching the children to calm themselves down through breathing and yoga exercises: which many children have really enjoyed.

In Science, Miss Silverthorne has been our expert scientist teaching the children how to use electricity to create a flashing light.

Next week they’ll be putting these into their own model lighthouses.

*Mrs Painter*



# SNAPDRAGON

Dear Families,

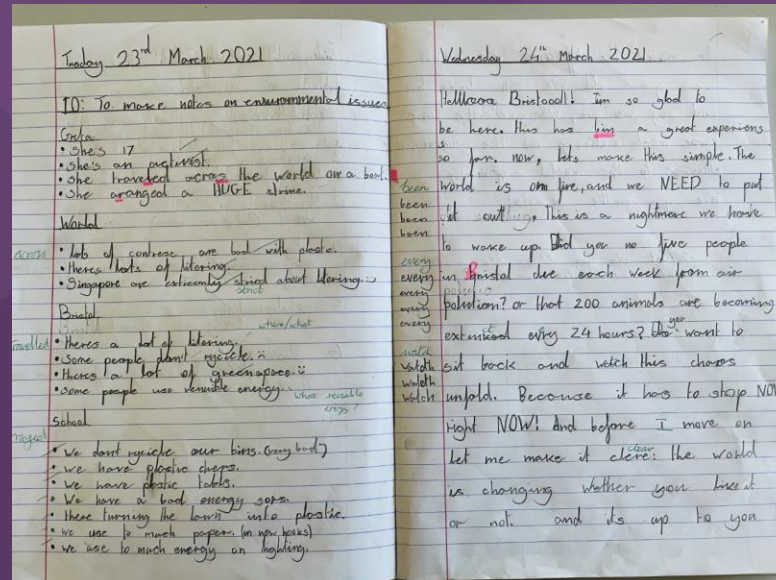
Another week gone; it'll soon be the holidays! The children have been amazing this week, they have produced some brilliant environmental speeches using their passion and knowledge. The standard of work and the thought which has gone into the work has been superb. The speeches are being filmed and recorded, so hopefully you will get a chance to hear them in action.

In maths we have revisited both multiplication and division, the children have remembered the methods involved very well and I have even managed to start to teach some children the joys of long division. Next week we are going to revisit multiplying and dividing decimals.

Thank you for all your support this term, I look forward to talking to you during our parents evening slots next week. Just a reminder that I am on jury service the first week back (and the last week of the holidays!) so Mrs Hopkins and Miss Lollover will be with the class.

If you have any problems, please let me know.

Mr. Youngs



## **P.E.**

I hope everyone is having a good week so far and making the most of the lovely sunshine! Some quick updates for you regarding Easter holidays and Term 5 & 6 after school clubs.

**Easter Holidays** - Some Avanti families have booked places already but in case you were unaware, Sporting Chance run Ofsted registered Holiday Sports Camp every school holiday. This Easter we have a range of activity days open from 830-330 daily including; multi-sports, survival skills, football, tennis, and cricket . Please visit our [website](#) if you wish to find out more information or contact Spencer Davies [info@sportingchance-csp.co.uk](mailto:info@sportingchance-csp.co.uk)

**After School Sports Clubs Term 5 & 6** - In last week's entry I reminded families that we would be starting to run some after school provision from terms 5 & 6. We are excited to be able to offer such opportunities for the children at Avanti Gardens. As I mentioned last week, we will be releasing the schedule for the clubs next week (Thursday 1st April) for you to view and book for terms 5 & 6 as a block. Stay tuned!

### **The week so far...**

**Reception** - Mr Evans will be teaching reception each Friday pm instead of Mr Dyer in the morning as there has been a switch in the timetable. Mr Evans had his first lesson with the children last week and carried on Mr Dyers' good start! The children were focusing on fundamental movements such as hopping and balancing. As part of the session, they worked in teams to make their own obstacle course.

**Year 1** - The children explored different way to travel as part of a warmup and then worked together in small groups to make a 3-part routine - start, middle, and end. Pe champion was Sid for his amazing attitude towards learning and answering questions. Well done!

**Year 2** - The children in year 2 demonstrated great understanding of 'rolling'...teddy bears, logs, you name it, they did it! We then used a range of apparatus to work on our balancing, rolling, and landing.

**Year 3** - Our gymnastics lesson this week involved balance challenges, practicing to travel in different ways, and rolls. Some super work this week from our year 3s, our PE champion was La'Mya for her approach to assisting others in her group.

**Year 4** - We amalgamated some gymnastics core shapes and rolls, with aspects of last weeks' dance lesson! A beautiful blend of dynamic shapes, movements, and creativity in the routines. PE champion was Kaya with great improvement throughout the lesson with her rolls and shapes.

**Year 5 and 6** - We moved into our dance topic today and the children were super enthusiastic about creating some routines to our chosen music. They were tasked with the challenge of creating a collaboration styles into one routine. The dance off was won by Edie's group! Well done girls.

Be the best version of you...

Mr Gill, Mr Evans, and Mr Dyer

## WOW OF THE WEEK

**EYFS:**  
This week's WOW work goes to Hrihaan and Amber Joy for created a superb pattern in the outdoor environment. They used tires and bricks to create a pattern that they could also use as an obstacle course!



**Year 1:**  
This week's Daffodil WOW work goes to everyone! The children have blown us all away with their amazing engagement with this week's learning. Everyone has shown great independence to produce some fantastic pieces of writing. They also have shown great teamwork skills when they worked together to create an excellent piece of artwork to represent how our actions can either help or destroy our wonderful world. Well done Daffodil class - we are all very proud of you!



## Year 2:

This week's WOW! work goes to Robin and Ben. They are already doing all that they can to make a positive impact on the environment. Robin has been turning off classroom lights and the interactive whiteboard when not in use. Both have spent their lunch and play times making banners and marching around the playground to raise awareness. The boys even went on a litter-pick in our local environment afterschool on Thursday and collected 2 huge bags of litter. Well done boys - you make the world a better place!



## Year 3:

Wow work in Year 3 this week goes to Demba. All week Demba has had a really positive attitude to learning and he has been extremely focused. This is evident in the amazing work that he produces. In Maths on Thursday he was so determined and careful with his presentation that I thought it definitely needs to be celebrated. He has taken great care in making sure his lines are straight and his writing is nice and clear. Well done Demba, keep up the hard work.

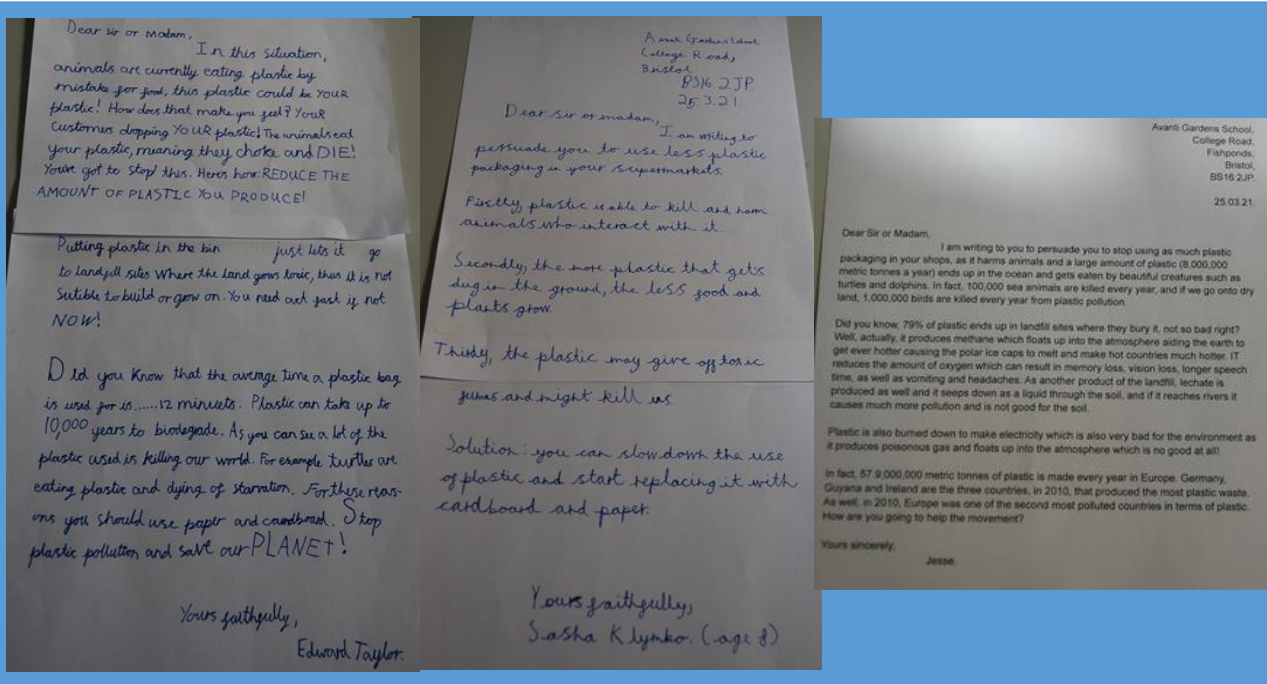
25.03.2021  
LO: to collect data in a tally chart

transport	Year 1	Year 2	Year 3	Year 4	Year 5 to 6
walk					
bus					
cycle					
drive					
Other					

## Year 4:

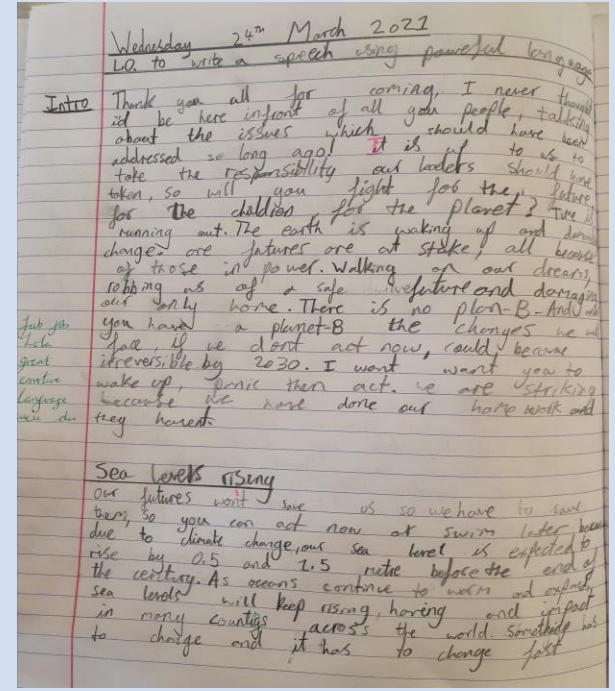
This week's Wow work are these persuasive letters written by Edward, Sasha and Jesse.

We intend to send them to national supermarkets nearby.



## Year 5/6:

Lola's wow work - a fantastic environmental speech, showing powerful emotive language, a great use of facts and opinions and an excellent use of rhetorical questions. Lola's writing shows her passion about the environment.



## Housepoints review:

ROBINS	SEAGULLS	OWLS	EAGLES
286	288	286	272



# Why did Greta come to Bristol?

What an inspiring week we have had in school! We began the week by learning about what an Eco-School is and creating our Eco-club. Children across the school spoke about why they felt they would be a good candidate to represent the Eco-club, this was followed by voting and ballots.

Richard Baxter who is a volunteer and speaker from Greenpeace lead a virtual presentation to the school. We learnt about what Greenpeace does and what we can do as individuals and as a school community to help our Planet. The children had so many questions for Richard about his role, it truly fired us all up to make a difference.





# BRISTOL waste



## Bristol Waste

Euan from Bristol Waste Company also spoke to the school about where our rubbish actually goes once we leave it out for the bin men. We learnt about the full journey of recycling and how our landfills continue to fill and harm our planet.

In Key Stage 1 the children have explored the 4 R's (Reduce, Reuse, Recycle, Refuse). They have created musical instruments from recycling, sorted recycling, written their own poems of how to save the planet and written persuasive letters to encourage others to do their part in saving the planet.



**REDUCE-REUSE-RECYCLE**

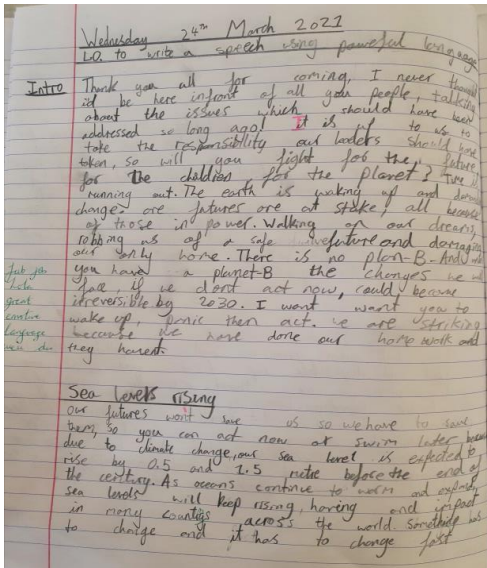


## Writing Opportunities

In Key Stage 2 the children explored what climate crisis is, written pledges of how they will help to save the planet, written persuasive letters to companies about the amount of plastic packaging is used and performed speeches about our environmental issues. We then recorded these speeches using a Green Screen App! Watch up for the videos coming soon....



- 1) Greta Thunberg is an environmental activist. She was born in Stockholm, Sweden, in 2003. When she was eight, she started learning about climate change. The more she learned, the more baffled she became as to why so little was being done about it.
- 2) At the age of 11, Greta became so sad about climate change that she temporarily stopped speaking!
- 3) Greta has Asperger syndrome, a condition that affects how people socialise. But Greta views her condition as a positive, calling it her "superpower"! She says it helps her see the world in black and white, and that there are "no grey areas when it comes to climate change."
- 4) In August 2018, Greta decided to take action. Instead of going to school, she made a large sign that read 'SCHOOL STRIKE FOR CLIMATE', and calmly sat down outside the Swedish parliament. Her aim? To make politicians take notice and act to stop global warming.
- 5) Greta was inspired by teenage activists in Florida, USA, who were protesting to end gun violence.



## Earth Hour

We ended our week with a whole school Earth Hour, where all electronics were turned off, children took part in art activities creating shared pieces to highlight the impact we are having on the Planet. The whole week has made us all think about those small changes we need to do in order to save our Planet.



***"You are never too small to make a difference."***



## Eco-School

Recently, we have started the journey to becoming an international, Green Flag Award Eco-School. The programme is designed to raise environmental awareness amongst young people and in England it is run by environmental charity Keep Britain Tidy. Internationally, the programme is the largest educational programme in the world present in nearly 70 countries with millions of children participating. Our school is now part of this global community working to create environmental change for the benefit of our children and future generations.

The Eco-Schools programme empowers children, raises environmental awareness, improves the school environment and can also lead to financial saving. Being an active member of the programme will be something your child will remember for the rest of their life.



Look at this! This was a self organised litter pick!

They collected two bin bags of rubbish on their way home and noticed that there were high number of cans, plastic bottles, McDonalds containers and four disposable face masks.





***"You are never too small  
to make a difference."***

***Greta Thunberg***



***And Sunflower Class have  
created their own quote  
here...***

## Eco Reps

These children were chosen by their peers to represent our NEW Eco-Club 2021.

**Reception: Amber Joy**

**Year 1: Franklin**

**Year 2: Robin and Ember**

**Year 3: Emil**

**Year 4: Theo/Astrid**

**Year 5/6: Lola / Tom**



**We will meet fortnightly to highlight and discuss our school on our Eco-School journey.**

## Eco-Schools

The programme focuses on ten important environmental topics:

- Biodiversity
- Energy
- Global Citizenship
- Healthy Living
- Litter
- Marine
- School Grounds
- Transport
- Waste
- Water



Every school taking part in the Eco-Schools around the world programme follow the same simple Seven Step framework. This usually takes schools between one and two academic years to complete. After achieving our first Green Flag, our school can continue in the programme and achieve multiple Green Flags whilst continuing to work on and promote environmental issues. One of the most exciting things about the programme is that ***the process is designed to engage the whole school and its wider community.***

If you would like to get involved in the Eco-School programme by sharing your time, ideas or skills ***please contact us directly.*** We will keep you all updated on our progress regularly and invite you to participate in Eco-Schools projects or events that the children organise.

We hope you are as excited about our eco-journey as we are!

Mrs Osborn



## NOTICES

### RED NOSE DAY

Avanti Gardens School raised £66.45 for Comic Relief last Friday which is enough to support two children in Uganda to access early years education for a whole year.



### CHANGE TO THE JULY INSET DAY

The inset day on the 2nd of July 2021 has been moved to May 21st 2021.

### PARENTS EVENING

Appointments for your parents meeting have now been created. The link can be found in your child's Google Classroom. It will not be sent to you in an email. Please log in into your child's Classroom as soon as possible to find the link on their Stream. Further instructions will be sent to you at the beginning of next week.

### CLOCKS ARE GOING FORWARD

A reminder that the clocks will be going forward on Sunday 28th March. Please ensure you arrive on time on Monday.

### LOST PROPERTY

Please remind your children to check the lost property if you believe there may be items that have not returned home. They can ask for support from the reception team.



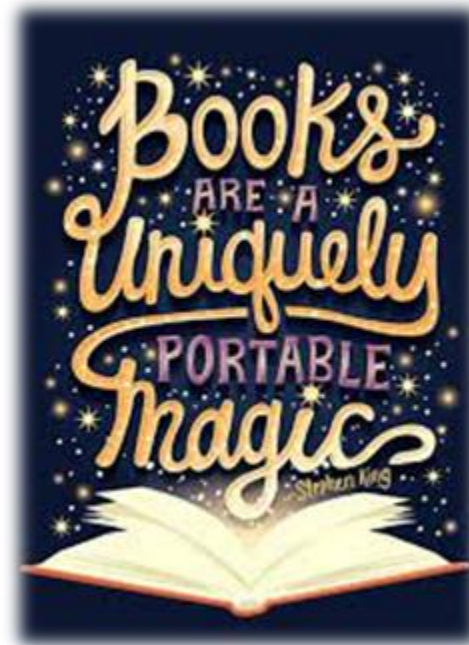
## Readers of the Week Award!

A huge well done and congratulations go to YEAR 3 - Iris Class! After adding up all of the 'Reading at home' comments, they were the proud winners of our school trophy for this week!



## It ALL adds up!

If you read just 15 minutes a day, in one year you will have read over 1,000,000 words!  
Just imagine!



**Well Done Iris Class!**



## 175 NON SCHOOL DAYS A YEAR

**175 days to spend on family time, holidays and other appointments**

<b>190 School days for each child's education</b>	<b>10 days of absence</b>	<b>19 days of absence</b>	<b>29 days of absence</b>	<b>38 days of absence</b>	<b>47 days of absence</b>
<b>180 days of Education</b>	<b>171 days of Education</b>	<b>161 days of Education</b>	<b>152 days of Education</b>	<b>143 days of Education</b>	<b>134 days of Education</b>
<b>100%</b>	<b>95%</b>	<b>90%</b>	<b>85%</b>	<b>80%</b>	<b>75%</b>
<b>Good Best Chance of Success</b>		<b>Serious Concern Penalty Notice Considered</b>		<b>Severe Risk Prosecution / Court Action</b>	

w/c 16.03.21	Mon	Tues	Wed	Thurs	Fri
93.7 %	95.7 %	94.1 %	93.2 %	90.2 %	96.9 %

NEXT WEEK WILL BE WEEK 1

MONDAY

Mediterranean Tart  
(Ce, G, Mk or Vg\*)  
\*\*\*

Vegetable Bolognese  
(Ce, G, Mk or Vg\*)  
\*\*\*

Jacket Potato with Daily Topping  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Apple Crumble with Custard  
(G, Mk or Vg\*)

Baked Pesto Penne Rigate  
(Ce, G, Mk or Vg\*)  
\*\*\*

Bean and Cheese Quesadillas  
(Ce, G, Mk or Vg\*)  
\*\*\*

Jacket Potato with Daily Topping  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Pear Crumble with Custard  
(G, Mk or Vg\*)

Roasted Vegetable Pasta Bake  
(Ce, G, Mk or Vg\*)  
\*\*\*

Burrito Wraps  
(Ce, G, Mk or Vg\*)  
\*\*\*

Jacket Potato with Daily Topping  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Peach Crumble with Custard  
(G, Mk or Vg\*)

TUESDAY

Potato & Pea Curry With Naan Bread  
(G, Mk or Vg\*)  
\*\*\*

Vegan Meat Ball Baguette with  
Tomato Sauce & Cheese.  
(Ce, G, Mk or Vg\*)  
\*\*\*

Assorted Sandwich  
(G, Mk or Vg\*)  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Flapjack  
(G, Mk or Vg\*)

Vegetable Coconut Curry with Rice  
(Vg)  
\*\*\*

Vegan Hot Dogs with Mixed Vegetable  
Medley  
(G, Ce, S, Vg, M)  
\*\*\*

Assorted Sandwich  
(G, Mk or Vg\*)  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Chocolate Mousse  
(Mk)

Creamy Roasted Tomato Soup with  
Malted Bread  
(Ce, G, Mk or Vg\*)  
\*\*\*

Lasagne  
(Ce, G, Mk or Vg\*)  
\*\*\*

Assorted Sandwich  
(G, Mk or Vg\*)  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Flapjack  
(G, Mk or Vg\*)

WEDNESDAY

Vegetable Stir Fried Rice  
(Ce, S, Vg)  
\*\*\*

Roasted Vegetable Pasta Bake  
(Ce, G, Mk or Vg\*)  
\*\*\*

Jacket Potato with Daily Topping  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Orange Jelly  
(Vg)

Mexican Nachos with Chilli & Cheese  
(Ce, G, Mk or Vg\*)  
\*\*\*

Stir Fry Noodles  
(Ce, G, S, Vg)  
\*\*\*

Jacket Potato with Daily Topping  
(G, Mk or Vg\*)  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Coconut Jam Cake  
(G, Vg)

Vegan Sausage with Mash & Gravy  
(Ce, G, S, Su, Mk or Vg\*)  
\*\*\*

Mexican Bean Wrap  
(Ce, G, Mk or Vg\*)  
\*\*\*

Jacket Potato with Daily Topping  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Chocolate chip shortbread  
(G, Mk or Vg\*)

THURSDAY

Mac & Cheese  
(G, Mk)  
\*\*\*

Fajitas  
(Ce, G, Mk or Vg\*)  
\*\*\*

Assorted Sandwich  
(G, Mk or Vg\*)  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Chocolate Mousse  
(Mk)

Cauliflower Broccoli Cheese  
(Ce, G, M, Mk)  
\*\*\*

Roasted Vegetable Soup with Bread  
(Ce, G, Vg\*)  
\*\*\*

Assorted Sandwich  
(G, Mk or Vg\*)  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Strawberry Jelly  
(Vg)

Arrabiata Pasta  
(Ce, G, Mk or Vg\*)  
\*\*\*

Chickpea & Sweet Potato Curry with  
Rice  
(Vg)  
\*\*\*

Assorted Sandwich  
(G, Mk or Vg\*)  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Carrot Cake  
(G, Vg)

FRIDAY

Margarita Pizza & Chips  
(G, Ce, Mk or Vg\*)  
\*\*\*

Vegetable Biriyani  
(Vg)  
\*\*\*

Jacket Potato with Daily Topping  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Ice Cream  
(Mk or Vg\*)

Margarita Pizza & Chips  
(G, Ce, Mk or Vg\*)  
\*\*\*

Spiced Couscous with Roasted  
Vegetables  
(G, Vg)  
\*\*\*

Jacket Potato with Daily Topping  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Ice Cream  
(Mk or Vg\*)

Margarita Pizza & Chips  
(G, Ce, Mk or Vg\*)  
\*\*\*

Vegetable Pilaf Rice  
(Vg)  
\*\*\*

Jacket Potato with Daily Topping  
\*\*\*

Seasonal Salad Bar  
\*\*\*

Ice Cream  
(Mk or Vg\*)

WEEK 1

WEEK 2

WEEK 3

Salad bar, fresh breads & soy yoghurt with fresh fruits are available every day!

Vg\* Vegan option available. Allergens: G = Gluten, M = Mustard, Mk = Milk, Ce = Celery, S = Soya, Su = Sulphites Vg = Vegan)



**NEXT LINK.**  
changing the face of  
domestic abuse support services

Next Link domestic abuse telephone help lines are **open 10am – 4pm Monday to Friday**  
**0800 470 0280**

Help is also available **24 hours a day, 7 days a week** on the **National Domestic Violence Helpline**  
– **Freephone 0808 2000 247**

**NSPCC** 

**NSPCC FGM helpline**

**Cruelty to children must stop. FULL STOP.**

If you need advice or information about female genital mutilation or are worried about a child at risk you can contact us 24/7.

FGM helpline (24 hours a day / 7 days a week, free from a landline) 0800 028 3550

(Run by the National Society for the Prevention of Cruelty to Children, NSPCC)

NSPCC FGM Email: [fgmhelp@nspcc.org.uk](mailto:fgmhelp@nspcc.org.uk)

NSPCC Website: [www.nspcc.org.uk](http://www.nspcc.org.uk)

NSPCC Text helpline: 85888 (this service is free and anonymous)



0117 903 6444

Anyone can ring First Response if they are concerned about a child or young person or if they think they need support.

First Response can help in different ways including:

- Providing information, advice and guidance about services to help families.
- Making a referral to the Early Help team who can provide support to children, young people and families.
- Making a referral to a social work team.

Young Carer Support- Are you worried your child is a Young Carer?

Bristol Young Carers Website

<https://www.carerssupportcentre.org.uk/young-carers/>

Or speak to Mrs Blackwell in school for accessing support for your child

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**AVANTI** SCHOOLS  
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