

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Pasta Bolognese (G, Mk) Biryani rice & Yoghurt Jacket Potato & toppings	Enchiladas (G, Mk) Mediterranean tart Jacket Potato & toppings	Burger & Baby potatoes (G, Mk) Peas & Cauliflower curry (Mk) Jacket Potato & toppings	Lasagna (G, Mk) Tofu & Veg Stir fry (G) Jacket Potato & toppings	Pizza & Chips (G, MK) Rice & Dhal Jacket Potato & toppings
	Side	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits
	Dessert	Fruit yogurt (Mk)	Fruity flapjack (G, Mk)	Vanilla Cake (G, Mk)	Cookies (G,D)	Ice Cream (Mk)
WEEK 2	Main Option	Mac & Cheese (G, Mk) Rice & Dhal Jacket Potato & toppings	Quesadilla & Mexican rice (G, Mk) Cassoulet (G, S, Mk) Jacket Potato & toppings	Cheese & Tomato panini (G, Mk) Matar Paneer (Mk) Jacket Potato & toppings	Sausage & Mash with Gravy (G, MK) Thai Coconut curry (Mu) Jacket Potato & toppings	Pizza & Chips (G, Mk) Dhal & Naan (G) Jacket Potato & toppings
	Light Meal	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits
	Dessert	Fruit Yoghurt (Mk)	Sponge pudding (Mk)	Jelly	Fruit Crumble & Custard (Mk,G)	Ice Cream (Mk)
WEEK 3	Main Option	Basil pesto Pasta (Mu, G, Mk) Fried rice & vegetables (S) Jacket Potato & toppings	Burrito (Mu, G, Mk) Potato Waffle & Baked beans (G, Mk) Jacket Potato & toppings	Hot Dogs (G, S) Chana Masala (Mu) Jacket Potato & toppings	Stir Fry Noodles (G,S) Paneer Wrap (G,Mk) Jacket Potato & toppings	Pizza & Chips (G, Mk) Masala Kitchari (Mu) Jacket Potato & toppings
	Light Meal	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits
	Dessert	Fruit yoghurt (G, Mk)	Chocolate Mousse (Mk)	Brownies (G, Mk)	Crumble & custard (G, Mk)	Ice cream (Mk)

Allergens

Mk - Contains dairy | G - Contains gluten | DG - Contains dairy & gluten

Please Note: Salad bar, fresh breads & fruits are available every day; Seasonal fruits and vegetables are used

