



Re: Focus Day – Monday 11th October

Dear parents and carers,

On Monday 11th October we are going to hold our first Focus Day of this academic year. The 6 Focus Days allow us to explore a variety of current and relevant topics, and provide enrichment opportunities.

The Focus Days this year are as follow:

Date	Title	Theme
11 th October	Lower School – Farm to Fork Upper School – Hello Yellow	Primary – Harvest Festival / Global Food Issues Secondary – Mental Health Awareness
7 th December	Avanti in the Community	Christmas Jumper Day and charity work supporting the elderly
26th January	Careers Day	In depth understanding of the world of work and opportunities.
24th March	STEAM	Science, technology, engineering, arts and maths day.
20 th May	Diversity Day	Supporting and developing understanding of our diverse world.

On Monday, Lower School will explore ‘Farm to Fork’ touching on the festival of Harvest Festival and exploring relevant topics such as food miles and food origins. Upper School will explore mental health issues and pupils will have access to a variety of sessions that will look at strategies and techniques to improve wellbeing and find out where they can access support. More detail about each phase is below.

Upper School – Hello Yellow

Session 1	Assembly and class-based activities on Hello Yellow Introduction to Mental Health and Wellbeing
Session 2	Form groups will rotate around sessions to support wellbeing, pupils will go to 6 of the possible 9 sessions, these include: art, pottery, a wellbeing café, animal holding (provided by outside company*), biscuit decorating, drama workshop, PE/Dance session, games room and a session in Forest School.
Session 3	Evaluation Session and opportunity to discuss where they can get support.

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“Avanti Hall School” is an academy school within the trust, and is effectively a trading name of the trust.

Year 11

Year 11 will follow session 1 and 3 but in session 2 will complete 3 of the 6 activities. When they are not involved with the rest of Upper School, they will be having a workshop with the Pauline Quirke Academy (PQA). The PQA are going to leading sessions on how to manage stress, challenges of exam pressure and friendships. They will also explore solutions and look at wellbeing during these sessions. Yr. 11 will be split into two smaller groups during session 2.

EYFS and KS1 - Farm to Fork

Class	Time					
	9:00-9:30	9:30-10	11-11:30	11:30-12:00	1:30-2:00	2:00-2:30
Reception	Harvest video and discussion about what it is: <u>Harvest Time - Farming Documentary</u> <u>Made by Kids - YouTube</u>	Woods walk to collect sticks for scarecrows	Make scarecrows	Digging and planting seeds	Make soup – vegetable tasting	Harvest songs
Year 1	Harvest video and discussion about what it is: <u>Harvest Time - Farming Documentary</u> <u>Made by Kids - YouTube</u>	Harvest songs	Woods walk to collect sticks for scarecrows	Make scarecrows/ Autumn Leaf pictures	Digging and planting seeds	Make soup – vegetable tasting **
Year 2	Harvest video and discussion about what it is: <u>Harvest Time - Farming Documentary</u> <u>Made by Kids - YouTube</u>	Make soup – vegetable tasting	Digging and planting seeds	Woods walk to collect sticks for scarecrows	Make scarecrows/ Autumn Leaf pictures	Harvest songs

** Soup recipe - <https://www.cdktichen.com/recipes/recs/777/Kids-Quick-Easy-Vegetable-S105023.shtml>

KS2 - Farm to Fork

Session 1	Assembly and class based activities Harvest Focus
Children will then be split into vertical house teams and rotate through the four activities being offered by teachers.	
Ms English	Food inspired art printing

Mr Wood	Food miles and local produce
Miss Reep	Climate Change and its effect on agriculture
Mrs Wood	The Importance of bees in farming (planting early flowering bulbs)

We very much hope in the future to merge the Lower and Upper School phases during these Focus Days; however, we feel that with Covid cases still prevalent that we should remain in our separate areas. All external providers will follow all guidelines and procedures to ensure that we keep everyone safe. All pupils should be in full school uniform and individual phase leads will contact you if the pupils are required to bring anything in.

The plan will be shared with pupils in advance and the Nest will be open to support any pupils that struggle with Focus Days. Thank you for your continued support and we look forward to an exciting learning day.

Yours Sincerely,

Mrs N Evans, Mrs J Wood and Mrs S Greaves

Phase Lead for Upper School, KS2 and KS1

*Pupils will not have to hold or engage with any animals if they decide not to. Session is held by an insured external group.