



Tuesday 28th April 2020

Dear Parents and Carers,

The heart of most spiritual practices is simply this:
Remember who you are.
Remember what you love.
Remember what is sacred.
Remember what is true.
Remember that you will die and that this day is a gift. Remember how you wish to live.

Wayne Muller

I hope that this communication finds you all in good health and positive spirits as we enter week 6 of remote teaching and learning.

Firstly, I would like to extend my gratitude towards all our parents for your emails of support and kind wishes, they really go a long way and are very much appreciated.

Last week saw the beginning of our interactive lessons, thank you all for your support and patience while we too learn a new way of working. The lessons were extremely well received by both parents and children. Our children enjoyed seeing their teacher and classmates and were grateful for the opportunity to ask questions. In addition to the live interactive lessons, our teachers and LSA's are working hard to ensure all learning, throughout the week is marked with a deeper level

of feedback and will also incorporate Star of the Week! alongside these lessons, we will be including interactive yoga lessons delivered by our yoga teacher Mrs Haria, the day/time has been emailed to you, however please see below in case you missed it.

Yoga

Join Zoom Meeting

<https://us02web.zoom.us/j/8255491050?pwd=UytIT1JWNmpNailpcGNWRkxBVmZQdz09>

Meeting ID: 825 549 1050

Password: PATANJALI

11.00 - 11.40am

- Monday: YR 2
- Tuesday: EYFS & YR 1 – together
- Wednesday: YR 4
- Thursday: YR 3
- Friday: YR 5 & YR 6 – together.

The School in conjunction with the Trust have also put together daily, live yoga sessions for parents, this is really exciting and a big thank you to Mrs Haria for her dedication and support. See attached for more information. We all look forward to you tuning in and taking part



AVANTI HOUSE

Excellence · Virtue · Devotion

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Common Road
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HA7 3JB
020 8249 6831 Option 1

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www.avanti.org.uk/avantihouse

Safeguarding

If you have a safeguarding concern, please contact the Safeguarding Leads:

Mr Koorichh: dravit.koorichh@avanti.org.uk

Mrs Bellare: shriti.pandya@avanti.org.uk

Mrs Joshi: Lalita.joshi@avanti.org.uk

Or phone Harrow's Golden Number (Child Assessment) on 0208 901 2690.

Online Safety

Keeping children safe remains the number one priority during this difficult period. Please use the following link for more information on keeping your children safe online whilst working at home.

<https://www.saferinternet.org.uk/blog/keeping-children-happy-and-safe-online-during-covid-19>

Please also monitor what your child/ren are doing while using their laptop/ipad... to ensure that they are keeping safe at all times. In order to support further, please see a power point presentation attached. This has also been shared with your children via google classroom.

Useful Links

Some excellent English resources via the link below.

<https://chatterpack.net/blogs/blog/resources-list-for-home-learning>

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Character Building



Have a go and some of these!

<p>Curiosity Take a virtual tour of a museum e.g. https://naturalhistory.si.edu/visit/virtual-tour</p>	<p>Creativity Write your own short story, there are ideas to help here: https://home.oxfordowl.co.uk/kids-activities/creative-writing</p>
<p>Courage Find an example of when someone faced their fears in a book or film. How did they do it?</p>	<p>Empathy Make finger puppets to re-tell your favourite story. Think about how the characters feel.</p>

Best regards and continue to stay safe.

Mrs Bellare

Principal

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