

Read each sentence. Then write if the sentence is in Past progressive or Present progressive.

### **Past and present tense – progressive forms**

1. I am jumping on the trampoline. \_\_\_\_\_
2. He is running round the field. \_\_\_\_\_
3. I was reading a book. \_\_\_\_\_
4. He was falling asleep. \_\_\_\_\_
5. I was eating my dinner. \_\_\_\_\_
6. He is doing his homework. \_\_\_\_\_
7. He was winning the race. \_\_\_\_\_
8. I was talking to my Mum. \_\_\_\_\_
9. He was talking loudly. \_\_\_\_\_
10. I am feeling happy. \_\_\_\_\_

Now write 4 sentences of your own – two in Present progressive and two in Past progressive

---

---

---

---

---

---