

# **PE and Sports Premium Action Plan & Spending Report**

# School Name: Avanti House Primary School Date: 2020-21 Academic Year

## School's PE and Sport Strategy

#### 1. Context

From September 2013, the Government allocated funding directly to primary schools to support the provision of quality PE/Sport. Schools must issue the funding to make additional and sustainable improvements to the quality of PE and other sports they offer.

This means schools should use the Sports Premium to:

- develop or add to the PE and sports activities the school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

There are five key indicators that should expect to see improvements across:

- 1. The engagement of all pupils in regular physical activity kick starting an active and healthy lifestyle.
- 2. The profile of PE and sport being raised across the school as a tool for school wide improvement.
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport.
- 4. A broader experience of a range of sports and activities offered to pupils.
- 5. Increased participation in competitive sports

Avanti Houses Primary School (AHPS) vision for PE and sport is that every child should experience a variety of sports and physical activities that inspire and motivate them so that physical activity is enjoyed and embedded in their healthy lifestyle. Every child should be given the opportunity to develop their skills and learn how skills can be transferred. At AHPS we also recognise the benefits that yoga and mindfulness have on health and wellbeing and every child is given the opportunity to participate in these activities.

## 2. Funding

| Year         | Total Amount of Sports Premium Grant | Total Sports Premium Expenditure |
|--------------|--------------------------------------|----------------------------------|
| 2020 to 2021 | £19,428                              | £19,000                          |

## *3. Planned funded provision and evaluation for 2020 to 2021*

| Area of<br>provision  | Actions to support Provision   | Target<br>Participants/<br>Age<br>Group/Key<br>stage | Total Cost  | Evaluation<br>Report July<br>2021   |
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| Increased<br>confidence,<br>knowledge<br>and skills of<br>all staff in<br>teaching PE<br>and sport. | The PE subject leader to provide<br>regular CPD based on any<br>updates/changes to the curriculum.<br>PE subject leader to plan and<br>undertake a series of lesson<br>observations and team teaching<br>with teachers to look at learning and<br>assessment in physical education.<br>During Autumn term, paying<br>particular focus towards the recovery<br>curriculum and supporting staff to<br>incorporate physical activity directly<br>linked to emotions caused by<br>lockdown conditions.<br>All staff to receive CPD training by<br>external consultants (Elms Sports for<br>Schools) on ensuring lessons are<br>inclusive and there is a clear<br>progression of skills. CPD to take<br>place during across the academic<br>year. | Whole School   | £6,500<br>towards cost<br>of CPD in<br>Athletics,<br>Gymnastics<br>and Ball<br>Games<br>provided by<br>'Elms Sports<br>for Schools' | <ul> <li>CPD has developed teacher skills for x3 teachers in planning for progression across the curriculum (mainly gymnastics, athletics and ball games). This is now being shared by x3 upskilled teachers across the school.</li> <li>PE observations show that the quality of teaching is good. For teachers who need additional support, the Subject Leader has provided this in liaison with x3 up-skilled teachers.</li> <li>The curriculum reflects relevant/current cross curricular PE links</li> <li>Teachers understanding and application of assessment of PE under the new curriculum has been enhanced through staff INSET and coaching by PE Subject Lead resulting in increased skills and confidence.</li> <li>X3 teachers are able to share their knowledge and skills to develop the pool of skills across the school in the teaching and learning of PE.</li> <li>The CPD offer has enabled staff to provide a curriculum that has supported the whole child. This needs further development and will feature as a priority over the next academic year.</li> <li>Additional CPD provided to replace the LSA training that was planned but not offered due to Covid restrictions.</li> </ul> |

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| Increase<br>pupil<br>participation<br>in physical<br>activity to at | Further develop the "Marathon<br>Kids" initiative, interweaving it<br>into the curriculum to support<br>mindfulness.   | Whole school | £500 | <ul> <li>Improved positive attitudes to health and well-being. Self-reflections and pupil voice confirm that planned Marathon Mile sessions inspired children and an aspect of the day that they look forward to.</li> <li>All pupils had additional physical activity built into the school day circumventing the challenges faced in lockdown.</li> </ul> |
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| least 3 hours<br>per week per<br>child.                             | Developing the recovery curriculum,<br>incorporating more physical activity<br>to address potential<br>emotional/physical/social issues as a<br>result of a lengthy period of<br>lockdown. |              |      | <ul> <li>Teachers recognised an improvement in focus and attention of targeted children who would otherwise be distracted or inattentive.</li> <li>Pupil voice highlighted, that children know that by taking part in such activities, they are making positive life choices and are proud of these decisions.</li> </ul>                                   |
|   |  |              |      | <ul> <li>PP children increased participation, in particular 1 child with<br/>a health plan who benefitted from the provision</li> <li>Providing a curriculum that supports the whole individual with<br/>most children returning to a school setting after 6 months,<br/>improving outcomes for all learners.</li> </ul>                                    |

| The profile of<br>PE and sport is<br>raised across<br>the school as a<br>tool for whole<br>school<br>improvement | Subject Leader to meet a broad<br>range of pupils to talk about PE<br>lessons and to ascertain their<br>knowledge of the subject.<br>Further develop the AHPS<br>Health Living week, providing a<br>wider range of opportunities for<br>the wider community including<br>school families to get involved.<br>Support and involve the least<br>active children by providing<br>targeted activities and<br>encouragement of their<br>participation in school sports<br>clubs | Whole School                  | No additional<br>costs | <ul> <li>Pupils surveys suggest that pupils enjoy PE in school with a 10% increase of children taking part in sports clubs outside of school (see pupil surveys June 2021). Pupils have a good understanding of what constitutes a healthy lifestyle.</li> <li>2 Targeted pupils were involved in a least one additional sporting activity to support their individual plans to improve their physical wellbeing.</li> <li>Due to Covid Restrictions, Healthy Living Week was not delivered as intended but will be a priority for 2021-2022.</li> <li>Pupil voice informs leaders that there is greater understanding of the interests, skills and talents of our pupils in PE and sport as a result of the ELMS CPD and internal initiatives led by the leadership team to enhance the PE and physical activity offer at the school.</li> </ul> |
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| Increased<br>participation in<br>competitive<br>sports   | Continue to develop<br>competitive sports including<br>netball and football provision<br>through internal club<br>development and by<br>becoming members of the PE<br>and Sports Package LSA 2020-<br>2021 in liaison with Harrow<br>Educational Partnership<br>(Includes Partnership<br>membership; full access to<br>CPD programme and subject<br>leader forums; entry to all<br>competitions )  | Years 5 and 6<br>Whole School | £1500 (SLA)            | <ul> <li>Membership to the PE and Sports Package LSA 202-2021.</li> <li>Due to Covid restrictions and appropriate risk assessments,<br/>children did not participate in competitive sports with other<br/>schools. A reduced SLA has been offered by the London Borough<br/>of Harrow for 2021-2022 and will remain a priority.</li> </ul>  |

|  | <ul> <li>To enter the boys and girls football team in the Harrow football league.</li> <li>Provide Year 5 and 6 girl's football training with an external coach from Elms Sports</li> <li>Continue to provide football coaching for the boy's team.</li> </ul>   | Years 5 and 6 | £80 per (x2<br>coaches for<br>boys and for<br>team) session<br>x36/37 weeks<br>total costs –<br>£3,000 | Pr  |
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| Swimming<br>Provision<br>**Please note<br>that this may not<br>happen due to<br>Covid-19<br>restrictions and<br>will be dependent<br>on Government<br>guidance | <ul> <li>The provision of swimming to begin for pupils in year 5 and 6. Ensuring that all children who do not meet the statutory requirements are identified.</li> <li>Children in year 6 that do not yet meet the statutory requirements are to be provided with intensive swimming provision.</li> </ul> | Year 5 and 6  | £500   | <ul> <li>Swimming programme has started for Years 5 and 6.</li> <li>Swimming is recognised as being an excellent way to get fit and exercise.</li> <li>Teachers can assess progress in swimming in liaison with swimming specialist coaches.</li> </ul>   |
| Yoga<br>Provision  | Yoga Practitioner who<br>delivers a minimum of 30<br>minutes yoga to all 420<br>children.Embedding Yoga within the<br>wider curriculum, promoting<br>physical activity, learning<br>strategies to manage<br>emotions, in particular<br>anxiety caused by national  | Whole School  | £7,000   | <ul> <li>Supported all children after returning from lockdown 1 with managing emotions such as anxiety, confusion and a general feeling of being disorientated.</li> <li>Children responded positively to adaptations to the curriculum to support physical movement and activity, as a result of being at home for Summer term 2020 and Spring term 2021. This enabled children to settle into school quickly.</li> <li>The yoga curriculum provided an enhancement to the recovery curriculum that was being offered allowing for children to receive a wholesome offer across a broad range of subjects.</li> <li>Yoga teacher designed the curriculum in line with the wider curriculum providing opportunities for children to apply activity and the science of yoga to other areas of their learning.</li> </ul> |



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