



Avanti House Primary School Menu 2022



WEEK
BEGGINING

MONDAY

Tomato & Basil Pasta
Sauce
(G,Mk,Ce)
or
Aloo Mutter with Naan (G)
-xx-
Assorted Salads and Fruit
-xx-
Cinnamon Pastry
(Mk,G)

Week-1
03.01.22
24.01.22

TUESDAY

Mexican Quesadillas with
Broccoli(G,Mk)
or
Yellow Dal with Jeera Rice
and Dhokla(Mu)
-xx-
Assorted Salads and Fruit
-xx-
Chocolate Cake with Custard
(G,Mk)

WEDNESDAY

Lasagne(G,Mk,Ce)
or
Whole Green Mug with
Lemon Rice(Mu)
-xx-
Assorted Salads and Fruit
-xx-
Oat Cookies(G,Mk)

THURSDAY

Dabeli with boil Vegetable
(G)
or
Kadhi with Vegetable Rice
(Mk,Mu)
-xx-
Assorted Salads and Fruit
-xx-
Rice Pudding(Mk)

FRIDAY

Margherita Pizza with Chips
(G,Mk,Ce)
or
Vegetable Khichdi with
Plain Yogurt & Poppadum
(Mk,Mu)
-xx-
Assorted Salads and Fruit
-xx-
Jelly

WEEK 2
10.01.22
31.01.22

Spaghetti with Veg. and
Sauce(G,Mk)
Or
Vegetable Carry with Naan
(G,Mk)
-xx-
Assorted Salads & Fruit
-xx-
Berry Yogurt
(Mk)

Mexican Panini (G,Mk)
Or
Vegetable Kadhi with Rice
(Mu,Mk)
-xx-
Assorted Salads & Fruit
-xx-
Choco Crispi's
(Mk,G)

Vegetable Pie (Mk)
or
Idli Sambhar with Rice (Mu)
-xx-
Assorted Salads & Fruit
-xx-
Lemon Cake
(Mk,G)

Chilli Paneer Wrap
(G,Mk)
or
Panchmela with Tadka Rice
(Mu)
xx-
Assorted Salads & Fruit
-xx-
Vol au vent with Fresh Cream
(Mk,G)

Govinda's Pizza with Chips
(G,Mk,Ce)
or
Biryani with Yogurt &
Poppadum(Mk)
-xx-
Assorted Salads & Fruit
-xx-
Chocolate Mouse
(Mk)

WEEK 3
17.01.22
07.02.22

Macaroni Cheese
(G,Mk)
or
Pau Bhaji
(Mk,G)
-xx-
Assorted Salads & Fruit
-xx-
Fruit Yogurt
(Mk)

Puff Pastry(G)
(Mk)
Or
Kidney Beans & Sweetcorn
with Rice
-xx-
Assorted Salads & Fruit
-xx-
Flap Jack
(G,Mk)

Potato Roasty with Baked
Beans and Vegetable
or
Kadhi with Carrot Rice
(Mk,Mu)
-xx-
Assorted Salads & Fruit
-xx-
Besan Lado
(Mk)

Cheese toastie(G,Mk)
Or
Chana Masala with Jeera
Rice and Dhokla(Mk)
-xx-
Assorted Salads & Fruit
-x-
Carrot Cake
(Mk,G)

Margherita Pizza with Chips
(G,Mk,Ce)
or
Vegetable Rice with Yogurt &
Poppadum(Mk)
(Mk)
-xx-
Assorted Salads & Fruit
-xx-
Jelly

Salad bar & fresh fruits are available every day!

Allergens: G gluten Mu Mustard Mk Milk Ce Celery Se Sesame Seed So Soya Su Sulphur Dioxide

