

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Spaghetti bolognese (G, Mk, S) Yellow dhal with coconut rice (M) Jacket potato with topping (Mk) Hot dogs (G) *	Quesadillas (G, Mk) * Dum aloo & naan (G, Mk) Jacket potato with topping (Mk) Pasta & creamy pesto (G, Mk)	Bean burger and chips (G, Mk)* Pea & Cauliflower sabji & rice (Mk) Jacket potato with topping (Mk) Pasta al pomodoro (G)	Tofu & veg stir fry noodles (S, G) Matar paneer with rice (G, Mk) Jacket potato with topping (Mk) Caccio & pepe pasta (G, Mk)	Veggie pizza and chips (G, Mk) Masala khichri (Mk, M) Jacket potato with topping (Mk) -
	Sides	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread
	Dessert	Vanilla cake with Custard (G, Mk,)	Fruity flapjack (G, Mk)	Fruit Yoghurt (Mk)	Cookies (G, Mk)	Ice cream (Mk)
WEEK 2	Main Option	Macaroni cheese (G, Mk) Toor dhal with rice (G, Mk, M) Jacket potato with topping (Mk) Veggie puff pastry (G, Mk) *	Mexican rice enchiladas (G, Mk) * Black eye bean sabji & rice (Mk, M) Jacket potato with topping (Mk) Penne Al pomodo (G, Mk)	Roasted vegetable pesto panini (G, Mk)* Pav bhaji (G, Mk) Jacket potato with topping (Mk) Pasta all' Arrabiata (G, Mk)	Sausage, mash & gravy (G, Mk)* Chana masala with naan (G, Mk) Jacket potato with topping (Mk) Pasta Alfredo (G, Mk)	Veggie pizza & chips (G, Mk) Biryani rice (G, Mk) Jacket potato with topping (Mk) -
	Sides	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread
	Dessert	Chocolate brownie (G, S)	Fruit jelly	Chocolate Mousse (G, Mk)	Fresh fruit Salad	Ice cream (Mk)
WEEK 3	Main Option	Tomato & basil pasta (G, Mk) Mix dhal with jeera rice (Mk) Jacket potato with topping (Mk) Gratins dauphinois (Mk)	Veg burrito (G, Mk) * Veg Makhnawala with naan (G, Mk) Jacket potato with topping (Mk) Pasta & creamy pesto (G, Mk)	Hot dogs & veggies (G) * Palak paneer with rice (Mk) Jacket potato with topping (Mk) Pasta and roasted veg (G, Mk)	Vegetables lasagna (G, Mk) Pakoda Kadi & rice (Mk) Jacket potato with topping (Mk) Caccio & pepe pasta (G, Mk)	Veggie pizza & chips (G, Mk) Fried rice with vegetables (G, Mk) Jacket potato with topping (Mk) -
	Sides	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread	Salad bar, Assorted fruits & Bread
	Dessert	Lemon cake (G)	Fruit Yoghurt (Mk)	Apple crumble & custard (G, Mk)	Cheesecake (G, Mk)	Ice cream (Mk)

Allergens –

M – Contains Mustard / Mk - Contains dairy / G - Contains gluten / S – Contains Soja

Please Note: Salad bar, fresh breads & fruits are available every day; Seasonal fruits and vegetables are used
*No GF option

Week 1 commencing: Aug- 30, Sep- 20; Oct- 11; Nov- 15; Dec- 06