

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Dhal & Jeera rice (M) Sweet & Sour tofu & rice (S) Pasta & Tomato sauce (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Dhal Makhani with Naan (G,Mk) Enchiladas (G,Mk) Red pesto pasta (G) Jacket potatoes & Topping Sandwiches (See menu)	Idle Sambar & Chutney Hot dog & vegetables (G, S) Green pesto pasta (Mk, G) Jacket potatoes & Topping Sandwiches (See menu)	Paneer Sabji & Rice (Mk) Shepherd's pie & Gravy (S,G) Cacio & Peppe pasta (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Pizza & Chips (G, Mk) Biryani rice & yoghurt (Mk) Jacket potatoes & Topping Sandwiches (See menu)
	Sides	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits
	Dessert	Chocolate cake (G)	Fruit Yoghurt (Mk)	Chocolate/Strawberry mousse (Mk)	Apple pie with custard (G, Mk)	Ice cream (Mk)
WEEK 2	Main option	Panchmela Dhal with Rice (M) Baked gnocchi (G, Mk) Pasta Al pomodoro (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Madras curry & Naan (G, M, Mk) Chilli veg & rice (Mk, S) Spaghetti & cream sauce (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Aloo matar with Naan (G, Mk) Cheese & tomato Panini (G, Mk) Roasted veg pasta (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Green Moong dhal & rice (M) Sausage, Mash & gravy (S,G) Mac & Cheese (Mk, G) Jacket potatoes & Topping Sandwiches (See menu)	Pizza & Chips (G, Mk) Khichari with Yoghurt (Mk) Jacket potatoes & Topping Sandwiches (See menu)
	Sides	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits
	Dessert	Sponge cake & Custard (G)	Fruit Yoghurt (Mk)	Cookies (G)	Rice pudding (Mk)	Ice Cream (Mk)
WEEK 3	Main option	Chana Dhal & rice (M) Currywurst & potatoes (S, G) Pasta Marinara (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Saag Aloo with Naan(M, G) Paneer Quesadilla (Mk, G, S) Pasta Alfredo(G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Kadhi, mix veg & rice (M, Mk) Burger with Wedges (G, S, Mk) Green pesto pasta (Mk, G) Jacket potatoes & Topping Sandwiches (See menu)	Veg Diwani handi & rice (Mk) Vegetable Moussaka (G, S, Mk) Pasta & Red pesto (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Pizza & Chips (G, Mk) Veg Pulao rice & raita (Mk) Jacket potatoes & Topping Sandwiches (See menu)
	Sides	Fresh saladbar, bread & fruits	Fresh salad bar, bread & fruits	Fresh saladbar, bread & fruits	Fresh saladbar, bread & fruits	Fresh saladbar, bread & fruits
	Dessert	Vanilla cake & icing (G)	Fruit Yoghurt (Mk)	Choco crisps (G, Mk)	Jelly	Ice Cream (Mk)

Allergens –

M – Contains Mustard / Mk - Contains dairy / G - Contains gluten/ S – Contains Soja

Please Note:

Salad bar, fresh breads & fruits are available every day; Seasonal fruits and vegetables are used
Menu will change on Ekadashi and Festival Day

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	<p>Dhal & Jeera rice (M)</p> <p>Sweet & Sour tofu & rice (S)</p> <p>Pasta & Tomato sauce (G, Mk)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>	<p>Dhal Makhani with Naan (G,Mk)</p> <p>Enchiladas (G,Mk)</p> <p>Red pesto pasta (G)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>	<p>Idle Sambar & Chutney</p> <p>Hot dog & vegetables (G, S)</p> <p>Green pesto pasta (Mk, G)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>	<p>Paneer Sabji & Rice (Mk)</p> <p>Sheperd's pie & Gravy (S,G)</p> <p>Cacio & Peppe pasta (G, Mk)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>	<p>Pizza & Chips (G, Mk)</p> <p>Biryani rice & yoghurt (Mk)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>
	Sides	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits
	Dessert	Chocolate cake (G)	Fruit Yoghurt (Mk)	Chocolate/Strawberry mousse (Mk)	Apple pie with custard (G, Mk)	Ice cream (Mk)

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	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 2	Main option	Panchmela Dhal & Rice (M) Baked gnocchi (G, Mk) Pasta Al pomodoro (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Madras curry & Naan (G, M, Mk) Chilli veg & rice (Mk, S) Spaghetti & cream sauce (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Aloo matar with Naan (G, Mk) Cheese & tomato Panini (G, Mk) Roasted veg pasta (G, Mk) Jacket potatoes & Topping Sandwiches (See menu)	Green Moong dhal & rice (M) Sausage, Mash & gravy (S, G) Mac & Cheese (Mk, G) Jacket potatoes & Topping Sandwiches (See menu)	Pizza & Chips (G, Mk) Khichari with Yoghurt (Mk) Jacket potatoes & Topping Sandwiches (See menu)
	Sides	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits
	Dessert	Sponge cake & Custard (G)	Fruit Yoghurt (Mk)	Cookies (G)	Rice pudding (Mk)	Ice Cream (Mk)

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	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 3	Main option	<p>Chana Dhal & rice (M)</p> <p>Currywurst & potatoes (S, G)</p> <p>Pasta Marinara (G, Mk)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>	<p>Saag Aloo with Naan (M, G)</p> <p>Paneer Quesadilla (Mk, G, S)</p> <p>Pasta Alfredo (G, Mk)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>	<p>Kadhi, mix veg & rice (M, Mk)</p> <p>Burger with Wedges (G, S, Mk)</p> <p>Green pesto pasta (Mk, G)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>	<p>Veg Diwani handi & rice (Mk)</p> <p>Vegetable Moussaka (G, S, Mk)</p> <p>Pasta & Red pesto (G, Mk)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>	<p>Pizza & Chips (G, Mk)</p> <p>Veg Pulao rice & raita (Mk)</p> <p>Jacket potatoes & Topping</p> <p>Sandwiches (See menu)</p>
	Sides	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits	Fresh salad bar, bread & fruits
	Dessert	Vanilla cake & icing (G)	Fruit Yoghurt (Mk)	Choco crisps (G, Mk)	Jelly	Ice Cream (Mk)

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