

#### Dear Parents and Carers,

We are conscious of the complex challenges that this new lockdown poses for both children and families alike. We find ourselves once again being required to work and learn in different ways. We have compiled a number of resources to aid and support the children's continued academic provision as well to support their mental and physical well-being. These coupled with the learning being planned for and shared by the class and subject teachers will hopefully go some way to provide support over this period.

### Further support and guidance regarding remote learning

### Physical and Mental Well-Being

- The Body Coach (Jo Wicks) is providing more live PE lessons every Monday, Wednesday and Friday. Use the following link to join in! <u>https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</u>
- Mindfulness and Yoga are powerful tools to calm our minds and provide a time and space to be present. The following link/s are example of free access to a child friendly websites. <u>https://www.youtube.com/user/CosmicKidsYoga</u> <u>https://cosmickids.com/category/watch/</u>
- Wellbeing and spiritual sight are core foundations for the Avanti Way and as such the Trust has created the following page to provide staff, parents and children access to resources to support continued well-being in these difficult times. <u>https://avanti.org.uk/wellbeing/</u>

### Academic Provision

Please see the links below to a wonderful array of additional websites and resources to support your child throughout this period:

### Phonics and Early Reading Support

<u>https://home.oxfordowl.co.uk/reading/learn-to-read-phonics/</u> - Directly supporting the teaching that has been taking place in school previously.



https://avanti.org.uk/avantipark/wp-content/uploads/sites/24/2020/12/CUR-Reading-at-Avanti-Park-School-Book-Bands-101220.pdf - Our school website also has support for parents and carers who are reading with their children at home -

https://www.phonicsplay.co.uk/

# Mathematics Resources and supporting websites

https://www.khanacademy.org/

https://www.topmarks.co.uk/maths-games/hit-the-button

https://www.youtube.com/channel/UCfyh0qIIwTEV8ktNRI0x5-g

https://classroom.thenational.academy/schedule-by-year

https://www.bbc.co.uk/bitesize

## English Resources and supporting websites

https://www.pobble365.com/

https://www.topmarks.co.uk/english-games/7-11-years/spelling-and-grammar

https://www.bbc.co.uk/bitesize/topics/zhrrd2p

https://www.bbc.co.uk/bitesize/subjects/zv48q6f

https://classroom.thenational.academy/schedule-by-year

https://www.bbc.co.uk/bitesize

https://stories.audible.com/start-listen - Freed stories to listen to via Audible



### Wider Curriculum

https://www.bbc.co.uk/bitesize - All subjects

https://classroom.thenational.academy/schedule-by-year - All subjects

https://www.tate.org.uk/kids - Art/D/T/Craft Resources

https://artprojectsforkids.org/ - Art resources

https://wowscience.co.uk/ - Free Science resources

https://www.ltl.org.uk/free-resources/ - Outdoor learning resources and ideas

https://www.bbc.co.uk/programmes/m000c60c - CBBC live lessons will be running every day

<u>https://scratch.mit.edu/</u> - Computing website to support programming, de-bugging and other computing curriculum aspects

https://www.typingclub.com/ - Computing: Free Typing practise

#### Assemblies

Staying in touch and keeping in contact has never been more important. Along with our Pastoral Check-In's and Live Lessons, we will be commencing virtual celebration assemblies every Friday at 2:15-2:45pm. These will be carried out via Microsoft Teams and all classes and children are invited to join in.

The assemblies will be slightly different from the previous Friday assemblies and will focus on sharing the learning for each class for the week and some wonderful examples of learning that has been either submitted onto google classrooms, emailed in (EYFS & Year 1) and completed in school.

Please use this link to access the assembly each week: Click here to join the meeting



Luke McKinley

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Avanti Park School