



PE and Sports Premium Report for Primary Schools

Krishna Avanti Primary School, Croydon

2020 - 2021



School's PE and Sport Strategy

In line with the government's commitment, at KAPSC we want to offer all children the opportunity to live healthy and active lives and know that positive experience of sport and physical activity at a young age can build a lifetime habit of participation. This is central to meeting the government's ambitions for a world-class education system.

Physical activity has numerous benefits for children and young people's physical health, as well as their mental wellbeing (increasing self-esteem and emotional wellbeing and lowering anxiety and depression), and children who are physically active are happier, more resilient and more trusting of their peers. Ensuring that pupils have access to sufficient daily activity can also have wider benefits for pupils and schools, improving behaviour as well as enhancing academic achievement.

The government is committed to ensuring that children and young people have access to at least 60 minutes of sport and physical activity per day, with a recommendation of 30 minutes of this delivered during the school day (in line with the [Chief Medical Officer guidelines](#) which recommend an average of at least 60 minutes per day across the week).

We believe that a healthy body leads to a healthy mind and aim to offer opportunities for children to enjoy and benefit from participation in school sport to enable them to develop skills and increase their self-esteem through fitness.

The total amount received by the school for Sports Funding in 2019-2020 is: £16,460

The school will provide further funding from the school's budget: £1,675

Area	Actions	Benefits	When	Total Cost	Sustainability	Evaluation
Key indicator 1: The engagement of all pupils in regular physical activity	Install playground obstacle course to increase the range of physical activity at break and lunch times/to include the daily mile	<p>Fitter and happier children with an increased number of activities in which to be involved outdoors</p> <p>Pupil voice, with school council involvement in the decision making for markings.</p> <p>Regular, daily exercise undertaken by all children and staff.</p>	In place by the end of Autumn 2.	£ 9,000	<p>Increased stamina and physical literacy</p> <p>Increased focus and coordination</p> <p>All pupils are active every day</p>	
Key indicator 1: The engagement of all pupils in regular physical activity	Purchase of additional outdoor play and physical development equipment with a focus on KS2	Children across the school will have access to a variety of experiences to enhance their fitness and collaborative working.	From Autumn 1	£4,000	<p>Healthier, fitter children.</p> <p>Good quality equipment available and accessible for PE and physical activities to take place so that all pupils increase physical activity levels.</p>	
	Encourage pupils to walk over 10,000 steps a day	Purchase pedometers for children to wear and record their progress.	January 2021	£200	Pupils understand the need for physical activity, and they maintain the daily challenge after the challenge ends.	
Key indicator 2: The profile of PE and sport is raised across the school as a tool for whole school improvement	Programme of sport related extra-curricular activities, with subsidised places for PP children from Autumn 1.	<p>Every child has the opportunities to be involved in activities that will reinforce friendships, which will motivate pupils.</p> <p>Targeted pupils participate in events otherwise inaccessible to them.</p>	From Autumn 1	£500	<p>PE recognised as a vital part of extra-curricular provision.</p> <p>Pupils enthused to take part in extra-curricular sporting activities.</p> <p>Pupils understand the</p>	

	To improve communication with parents so that P.E. is high profile across the school	P.E. lead/class teacher to publish a half-termly PE newsletter about sporting opportunities and achievements.	From Autumn 2	£300	need for physical fitness and a healthy lifestyle.	
Area	Actions	Benefits	When	Total Cost	Sustainability	Evaluation
Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement	<p>Build more physical activity into the school day.</p> <p>Invite external sports achievers into the school to encourage being active</p>	<p>Children are involved in more physical sessions throughout the day.</p> <p>Athletes invited in during the Olympics year will motivate the school community to participate in more physical activity.</p> <p>Children inspired to join a range of physical clubs outside of school.</p>	Autumn 1	£800	<p>Physical movement used to enhance concentration and focus.</p> <p>Pupils involved in a range of sports outside of school.</p> <p>Children and staff understand the need for physical fitness in order to maintain a healthy lifestyle.</p>	
Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport	Facilitate CPD training sessions with current PE specialist providers to up-skill teaching staff across the school and to ensure a progressive curriculum	More highly skilled staff, able to deliver a PE curriculum that has a positive impact on children's health. Children are inspired and motivated during lessons. Teachers more confident in delivering provision.	Autumn 1 – ongoing	£8,000	<p>Confident, trained staff able to deliver PE activities effectively and progressively.</p> <p>Pupils benefit from well planned, challenging sessions and, as a result, their skills improve.</p>	
	Class teacher to represent the school and attend borough training and to disseminate across the school	Confident staff who are able to deliver challenging lessons. Pupils become more confident, resilient and their skills will improve.	Autumn 1	£300	School staff are confident at confident at delivering PE objectives. Pupils understand the importance of physical activity	
Key indicator 4: Broader experience of a range of sports and activities offered to all	Build in provision – delivered by the PE provider, to deliver specialist PE sessions on	Children develop an interest in alternative sports and understand the health benefits it provides. Children	Autumn 2	(Covered by PE coach salary, as detailed	Pupils develop a healthy lifestyle and a love for physical activity	

pupils	non-standardised sports such as fencing, archery etc.	develop new skills.		above)		
	Healthy schools week – whole school healthy eating	Children develop a deeper understanding of healthy eating and how a balanced diet supports a healthy lifestyle. Pupils, linked to D&T curriculum, will have the opportunity to make a range of dishes.	Spring 1	£200	Children make healthier choices when outside of school and understand what makes a healthy lifestyle.	
	Invite parents and children to participate in fitness workshops as part of healthy school's week.	Children/parents develop a deeper understanding of healthy eating and how a balanced diet supports a healthy lifestyle. Pupils, linked to D&T curriculum, will have the opportunity to make a range of dishes.	Spring 1	(Covered by PE coach salary, as detailed above)	Parents and children make healthier lifestyle choices together.	
Key indicator 5: Increased participation in competitive sport	Establish houses in school	Inter-house competitions allow children to develop the concept of teamwork and healthy competition.	Spring - Summer 2021	£600	Willingness to participate and improvement in resilience	
	Organise and run a whole school sports day					
	Establish competitive sport across schools	Encourage girls to participate in competitive sport			Children inspired to join professional clubs outside of school.	