

Spring Term Menu 2022



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		Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
v	WEEK 1	Main O ption	Tomato Basil Pasta & Cheese Black eye beans & Rice Jacket Potato & toppings	Matar Paneer with Naan bread Vegetable Shepherd's pie Jacket Potato & toppings	Mexican Burrito Talka Dhal & Rice Jacket Potato & toppings	Spaghetti Bolognaise Veg Curry with Naan or Rice Jacket Potato & toppings	Pizza & Chips Pilau rice & yoghurt Jacket Potato & toppings
9		Sides	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread
		Dessert	Fruit yoghurt	Apple Crumble & Custard	Strawberry jelly	Chocolate cake	Ice cream
v	WEEK 2	Main O ption	Roasted Vegetable pasta bake Green mong Dhal with rice Jacket Potato & toppings	Panini with Tomato & Mozzarella Cauliflower & Peas curry with Naan Jacket Potato & toppings	Vegetable Stir Fry with Tofu Mix Dhal with rice Jacket Potato & toppings	Sausage & Mash potatoes with Gravy Dum Aloo with Naan Jacket Potato & toppings	Pizza & Chips Vegetable Kitchari with Yoghurt Jacket Potato & toppings
		Sides	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread
		Dessert	Mango Yoghurt	Pear Crumble & Custard	Chocolate or Strawbery Mousse	Rice pudding	Ice cream
M	WEEK 3	Main O ption	Red pesto Pasta Dhal Makhani & rice Jacket Potato & toppings	Mexican vegetable and Nachos Idle Sambar Jacket Potato & toppings	Cheese and tomato pastry Chana & potato curry Jacket Potato & toppings	Veggie hot dog Kadhi, Peas & rice Jacket Potato & toppings	Pizza & Chips Vegetable Biryani & Yoghurt Jacket Potato & toppings
		Sides	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread	Salad Bar, Fruits & bread
		Dessert	Mix berries yoghurt	Peach crumble & Custard	Orange Jelly	Orange Cake	Ice cream

Allergens –

M – Contains Mustard / Mk - Contains dairy / G - Contains gluten / S – Contains Soja

Please Note: Salad bar, fresh breads & fruits are available every day; Seasonal fruits and vegetables are used