



KRISHNA AVANTI

Excellence · Virtue · Devotion

‘I will give teachings to all and live by what I teach.’
Lord Chaitanya

PSHE Policy

Approved: Spring 2020

Review Date: Spring 2023

“Challenges are what makes life interesting, overcoming them is what makes life meaningful”

Joshua J. Marine

INTRODUCTION

Our personal, social and health education (PSHE) programme promotes children's personal, social and economic development, as well as their health and wellbeing. It helps to give learners the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active and responsible citizens.

At Krishna Avanti Primary School, learners' wellbeing, happiness and safety are our first priority and PSHE is the key approach through which we share this with learners. PSHE is an important and integral component of the whole curriculum.

Our PSHE curriculum is broad and balanced. Ensuring that it:

- Promotes the spiritual, moral, cultural, mental and physical development of our learners and of society
- Prepares our learners for the opportunities, responsibilities and experiences they already face and for adult life
- Provides information about keeping healthy and safe, emotionally and physically
- Encourages our learners to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

AIMS

We are proud to be part of the Healthy Schools Network and we aim to develop an understanding for learners to:

Health and Wellbeing

- Know and understand what constitutes a healthy lifestyle
- Know how to maintain physical, mental and emotional health and wellbeing
- Be aware of safety issues
- Know how to manage change, including puberty, transition and loss.

Relationships and living in the wider world

- Know how to develop and maintain a variety of healthy relationships within a range of social and cultural contexts
- Know how to recognise and manage emotions within a range of relationships
- Know how to respect equality and diversity in relationships
- Know the importance of responsible behaviours and actions
- Be responsible and independent members of the school community
- Know about the importance of respecting and protecting the environment
- Develop self-confidence and self-esteem and make informed choices regarding personal and social issues
- Develop good relationships with other members of the school and the wider community

LEARNING AND TEACHING STYLES

We use a range of learning and teaching styles. We place an emphasis on active learning by involving learners in discussions, investigations and problem-solving activities. We encourage the learners to take part in a range of practical activities that promote active citizenship, e.g. charity fundraising or the planning of special events such as an assembly. We offer learners the opportunity to hear visiting speakers, such as health workers, police, fire and representatives from our local area, whom we invite into the school to talk about their role in creating a positive and supportive local community.

Relationships at Krishna Avanti Primary School are based on an atmosphere of trust and respect for everyone. Learners are encouraged to develop good relationships with all children and staff and to take responsibility for their behaviour. All staff provide very good role models for children and work hard to promote a safe and happy environment. The learners have an active School Council where two children from each Key Stage Two year group are elected to represent the views of all classes.

We also develop PSHE and Citizenship through activities and whole-school events, e.g. the school council. Representatives from each class meet regularly to discuss school matters. We offer a residential visit for Year Five children where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operative skills through team-building activities.

Some topics within PSHE are also explored through the weekly Philosophy, Religion and Ethics (PRE) lessons, where children have further opportunities to develop a deeper understanding of themselves and their place in the world, exploring spirituality and self-identity.

MONITORING AND EVALUATION

Assessment of work and progress is ongoing by the class teacher and includes observation of pupils working; appropriate questioning; and evaluation of any recorded work produced. Evidence of PSHE will be in a variety of forms, such as photographs, written work and pupil voice. The very nature of PSHE means that careful consideration should be given to the best means of recording. Written work may not always be appropriate and staff will use their professional judgment with this. We also have a 'Celebration' assembly every week where children are given the opportunity to share and celebrate their work and achievements, highlighting and praising the various strengths of the school community.

EQUAL OPPORTUNITIES

All pupils regardless of age, gender, ability or cultural background have equal access to the PSHE curriculum.

Some strategies include:

- Differentiated questioning
- Differentiated tasks set
- Appropriate grouping during discussions, group work, role plays etc...