

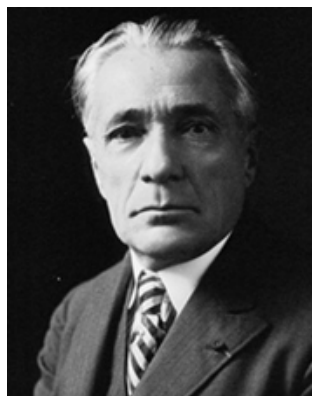


# Focus on... Physical Education

#10

On this day in...

**1893** Henri Desgrange establishes world's 1st bicycle world record, travelling 35.325 km (21.95 miles) an hour.

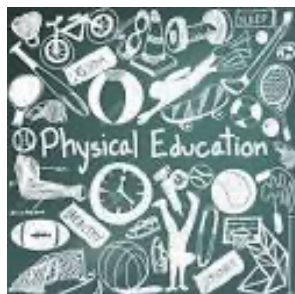


Did you know...

the Olympic flag was designed in 1913.



Go explore...



What are the benefits of daily physical education?

Picture this...

Can you name the trophy and its sport?

