



Focus on... PSHE

#4

On this day...

International Workers Day is a celebration that began in the 19th century. While the day stands for different things depending on the country, its overall theme is celebrating the achievements of workers. The day originated in a US city in 1886 as a protest in support of an eight-hour workday and saw thousands of labourers around the country take to the streets.

Did you know...

There are so many apple varieties that if you were to eat an apple a day, it would take you over 27 years to try them all!



Go explore...



How can exercise help us feel happy?

Picture this...



How can a Koala sleep for 22 hours a day?

<https://www.bbc.co.uk/newsround/51119716>