



Focus on... PSHE

#49

On this day in...



1913, the weather observer at Greenland Ranch, California recorded a high temperature of 134°F. One hundred and six years later, this is still the highest air temperature ever reliably recorded on Earth!

Did you know...

that eating chocolate is the smart choice. It can help improve problem-solving skills, memory and focus; and it can even make us feel happy.



Go explore...

There are eight basic emotions – Joy, Sadness, Fear, Disgust, Surprise, Anticipation, Anger and Trust. Which one is the most powerful human emotion?



Picture this...



People have over 10,000 subtle facial expressions that can express their emotions. What's more impressive is that most people can pick up on these subtle changes very quickly.

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