



# Focus on... PSHE

#56

On this day in...

Ethiopia, New Year is celebrated The Ethiopian calendar is a solar calendar based on Egyptian and Julian calendars, consisting of 12 months of 30 days and a thirteenth month of five or six timekeeping days.



Did you know...

unless food is mixed with saliva you can't taste it.



Go explore...



How can bananas help improve your mood?

Picture this...



Most people fall asleep in seven minutes.

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