Focus on… Physical Education

#62

On this day in…

the early 19th Century, National Miniature Golf Day can be traced. The sport is very similar to Golf but a miniature version of the game. The golf courses are shorter, they have themes and have a variety of obstacles that add to the difficulty of the game.

Did you know…

Golf balls have around 336 dimples. That's the average, but there's no limit to the number of dimples. There can be between 300 and 500. Their purpose is to make them travel further in the air.

Go explore…

How many times can you skip in 60 seconds? Both feet must land over the rope for the skip to count.

Picture this…

Your heart is the hardest working muscle in your body. It beats approximately 100,000 times per day, pumping almost 2,000 gallons of blood.

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