

## Focus on... PRE

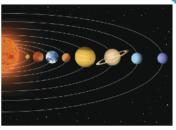


On this day in..

Many people around the world celebrate the lives of two great saints in the Hindu tradition. Their names were Sri Mahesh Pandit and Sri Uddharana Datta Thakur.

## Did you know..

The Hindu calendar is used to calculate when important days happened and when they will happen in the



future. It is based on the lunar calendar which is based on the movement of the moon and therefore, every festival changes date and day every year!



Some of the names of the planets in our solar system Sanskrit Picture this..

The Vedas are some of the oldest texts known to man. They were written in Sanskrit over 5000 years ago by someone called Vyasadeva who was also known as Vedavyas.

**Click to Play the Podcast** 

To see more from our 'Focus on...' series, visit http://avanti.org.uk/kapsleicester/focus-on/