



# Focus on... PSHE

#138

On this day...

in 1797, £1 notes were introduced by the Bank of England for the first time, following gold shortages caused by the French Revolutionary Wars.



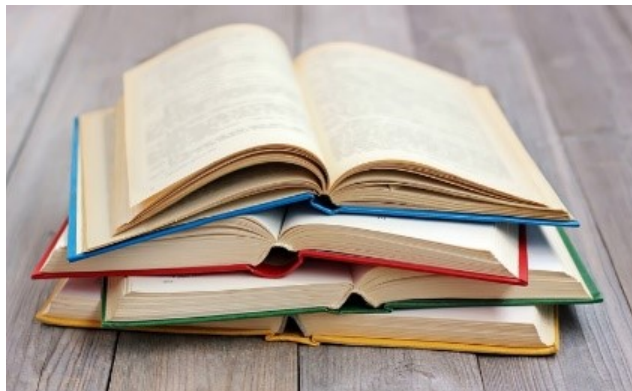
Did you know...

Our eyelashes fall out and completely replenish themselves every 150 days.



Go read...

Reading can lower stress levels.



Picture this...



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