

## Focus on... PSHE

It is Arbor Day; a day where we appreciate trees and are encouraged to plant them.

Usually observed in spring, the date varies, depending on climate and suitable planting season.



## Did you know..



Your blood makes up nearly onetenth of your total body weight

Go explore...

Why?

On this day...

Apples float.

Learning a new language or playing a musical instrument gives your brain a boost.



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