



## Focus on... PSHE

#221

### On this day...

Heritage Day in South Africa is celebrated every year on September 24th. The first heritage day was celebrated in 1995.



### Did you know...

Board games are important for a child's mental and social development. From improved concentration to creative development, they help to develop skills like decision-making, social interaction, and critical thinking.



### Go explore...

Play a board game as a family.



### Picture this...

What is going on in your brain?



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