



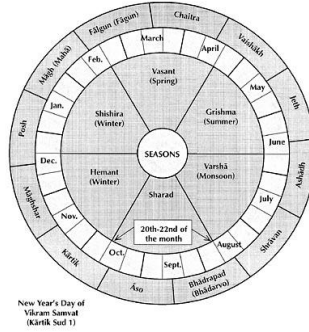
# Focus on... Sanskrit

#231

On this day...

The Vedic Sanskrit calendar follows the movements of the moon. So each day is numbered according to the position of the moon. We in the second half of the 'Shraadh' period now - looking to pass on our offerings to our ancestors.

The Hindu Calendar & Seasons  
(and how it relates to the calendar we use today)



Did you know...

Research has shown that chanting Sanskrit mantras helps activate different unused parts of the brain and helps by improving memory, focus and invokes peace within!

त्र्यम्बकं यजामहे सुगन्धिं  
पुष्टिवर्धनम् ।  
उर्वारुकमिव बन्धनान्मृत्योर्मुक्षीय  
माऽमृतात ॥

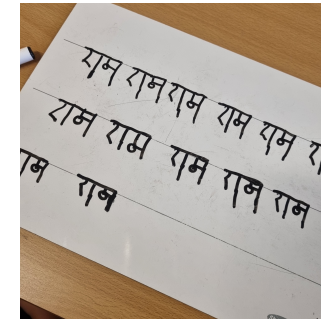
Go explore...

The history of this ancient language. Present day written Sanskrit is mostly the same as was originally written some 4 millenniums ago. Before that, Sanskrit was primarily a spoken language.



Picture this...

Children learning the alphabet!



[Click to play The Krishna Avanti](#)

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