



# Krishna Avanti Primary School Menu



**Week 1**

## Monday

- A. Dal fry & Jeera Rice (Mk)
- B. Veg Pasta Bake (G,MK)
- C. Jacket with Beans & Cheese
- Assorted Salads
- Fruit Yogurt (Mk)

## Tuesday

- A. Veg Masala Khichadi & Yogurt (G,Mk)
- B. Quesadilla & Salsa (G,Mk)
- C. Jacket with Sweetcorn & Cheese
- Assorted Salads
- Rice Pudding (Mk)

## Wednesday

- A. Toor dal & Buttered Rice (Mk)
- B. Veg Pastry with Beans (G,Mk)
- C. Jacket with Beans, Sweetcorn & Cheese
- Assorted Salads
- Lemon Cheese Cake (G,Mk)

## Thursday

- A. Cauliflower, Peas & Potato Sabji & Naan (G, Mk)
- B. Hakka Noodles (G)
- C. Jacket with Beans & Cheese
- Assorted Salads
- Pineapple Sponge (G,Mk)

## Friday

- A. Green Mung dal & Rice (Mk)
- B. Olive & Basil Pizza with Chips (G,Mk)
- C. Jacket with Sweetcorn, Coleslaw & Cheese
- Assorted Salads
- Mango Fruit salad (MK)

**Week 2**

- A. Black eye Beans Sabji & Naan (G,MK)
- B. Sausage & Mash Potato (G,MK)
- C. Jacket with Beans & Cheese
- Assorted salads
- Mix Berry yogurt (MK)

- A. Dal Makhani & Jeera Rice (G,Mk)
- B. Bean Burritos & Roast Veg (G,Mk)
- C. Jacket with Coleslaw & Cheese
- Assorted Salads
- Brownies (G,Mk)

- A. Dum Aloo with Naan (G,MK)
- B. Veg Lasagne (G, MK)
- C. Jacket with Beans & Cheese
- Assorted Salad
- Fruit Jelly

- A. Spinach Mung & Rice (MK)
- B. Cheese & Tomato panini (G,MK)
- C. Jacket with Sweetcorn & Cheese
- Assorted Salads
- Mango Cake (G,Mk)

- A. Rajama & Jeera Rice (Mk)
- B. Margarita Pizza & Wedges (G,Mk)
- C. Jacket with Beans & Cheese
- Assorted Salads
- Chocolate Cookies (G,MK)

**Week 3**

- A. Yellow Mung Dal Steamed Rice (Mk)
- B. Pesto Pasta (G,Mk)
- C. Jacket with Sweetcorn & Cheese
- Assorted Salads
- Fruit Yoghurt (Mk)

- A. Matar Paneer & Naan (G,MK)
- B. Cauliflower Cheese & Roast Potato (MK)
- C. Jacket with Beans & Cheese
- Chocolate Krispies (G,MK)

- A. Biryani Rice & Raita (Mk)
- B. Macaroni Cheese (G,MK)
- C. Jacket with Beans, Sweetcorn & Cheese
- Assorted Salads
- Ice Cream (Mk)

- A. Pav Bhaji (G,Mk)
- B. Thai Veg Curry & Rice (G)
- C. Jacket with Beans & Cheese
- Assorted Salads
- Chocolate Cake & Custard (G,Mk)

- A. Grilled Bombay Sandwich & Fries (G, Mk)
- B. Vege Pizza & Fries (G,Mk)
- C. Jacket with Sweetcorn & Cheese
- Assorted Salads
- Cinnamon Puffs (G)

**Allergens:** G gluten Mu Mustard Mk Milk Ce Celery Se Sesame Seed So Soya Su Sulphur Dioxide

Salad bar, fresh breads & fresh fruits are available every day.

**Week 1:** 10 Jan 2022, 31 Jan 2022, 28 Feb 2022, 21 Mar 2022  
**Week 2:** 17 Jan 2022, 7 Feb 2022, 7 Mar 2022, 28 Mar 2022  
**Week 3:** 24 Jan 2022, 21 Feb 2022, 14 Mar 2022, 4 Apr 2022

### Ekadashi Dates

- Thursday, 13 January 2022
- Friday, 28 January 2022
- Monday, 14 March 2022
- Monday, 28 March 2022

### Ekadashi Menu

- A. Potato and Paneer sabji & bread
- B. Pizza & Chips
- C. Jacket potato & cheese, Mango cake, Salad