



AVANTI SCHOOLS TRUST

Food Policy



April 2018

Review date: April 2019

Food Policy

An important part of our ethos is the provision of hot, fresh, nutritious meals. Sharing tasty, healthy school lunches is an integral part of the educational experience at an Avanti school. It's also an opportunity to enhance social and communication skills, ensuring lunchtimes are a positive experience for all. School staff often enjoy taking lunch with pupils, creating a family atmosphere.

The Culture of Food

Food is an important part of school culture and the art of cooking is a sacred practise. The preparation and eating of food should be based on principles of compassion, non-violence and balanced living. Lunches provide nourishment and satisfaction to the body and minds of pupils and staff allowing them to feel re-energised for teaching and learning.

Aligned to our ethos and in order to cater to pupils and staff of all backgrounds all food served is vegetarian. Menus and recipes are designed to provide a healthy balance for each meal. Avanti Schools are vegetarian schools. Pupils are not permitted to bring food and drink from outside onto the premises.

Menus are regularly updated and developed based on pupil feedback groups, so that pupils can feel comfortable and satisfied with their daily lunch that is provided.

Special Diets

The school is able to cater for a variety of special diets that are required by families due to medical or religious reasons. If the general lunch provision on offer does not meet your child's needs, or if your child has specific diet requirements/preferences, please do speak to us so that we can provide for your child accordingly.

We encourage parents to visit the school to sample the school lunches in order to satisfy themselves with the quality of provision. Meals can be designed to meet the needs of children with specific allergies.

Convenience for Parents

We understand that family life can be busy for parents. In order to reduce the hassle of paying for lunch, we make it possible for parents to pay termly fees online using Parent Pay. Parents receive details of how to access their Parent Pay when their child starts at Avanti. We are happy to answer any questions regarding payment at any time throughout the school year.

Where parents struggle to afford lunch payments, we invite them to apply for Free School Meals. If a child qualifies for Free School Meals, parents will receive a refund for any payments previously made.