



AVANTI COURT
PRIMARY SCHOOL

Excellence Virtue Devotion



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WELCOME TO THE TRAVEL PLAN NEWSLETTER!

At Avanti Court we have an active school travel plan! We are very proud of the work we have covered so far to help our children travel to and from school safely. Please contact **Mrs Shrestha** for further information.

Why a travel plan?

The aim of the travel plan is to get more people to walk or cycle to school. This will reduce the amount of pollution in our local area. It also provides an opportunity for children to take regular exercise. This travel plan should also stop the amount of congestion near the school gates at certain times of the day. Children should be encouraged to walk or cycle part or all of the way to school wherever this is safe and practical.

What is a travel plan?

A travel plan is a document that should convince people to walk or cycle to school. It should solve some of the problems associated with travelling to school and how to achieve this safely.

Avanti Court Primary School has been awarded the GOLD Travel Plan Award 2018

"Half the cars on our London's roads during the morning rush hour are parents driving pupils to school. By saving, just one in four of these cars, we can save huge amounts of CO2 which would help improve Air Quality"



SAFETY FIRST!

Drivers, please do not park on the zigzag lines outside school or across neighbours' driveways as this casts the school in a negative light. Most importantly avoid reversing into the school driveway or our neighbours' driveways. We have asked the Police and the Traffic Enforcement Officers to monitor parking around Avanti.

IT IS DANGEROUS!



Accreditation history

- 2017 /18 Gold
- 2016 /17 Gold
- 2015 /16 Silver
- 2013/14 Bronze





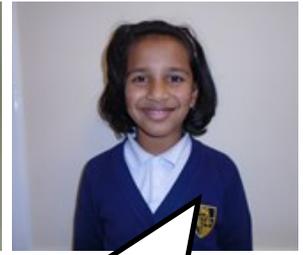
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Congratulation New School Travel Ambassadors (JTA) 2018/19



By walking or cycling to school, 9 out of 10 teachers found pupils were brighter, more alert and ready for their first class!

If every Londoner walked or cycled for at least 20 minutes every day, it would save the NHS over a billion pounds in 25 years!



WINTER WALKING TIPS

Here are some tips to help you through the rest of the winter months.

- **Keep warm** – remember to wrap up! Get out your scarf and gloves.
- **Watch your feet** – you need to wear shoes that will keep your feet warm and help stop you slipping.
- **Slow it down** – it will be still be slippery outside so don't run...you might end up falling!
- **Stay safe** – as the days continue to get darker you need to be seen by drivers. Wear bright colours or get yourself a reflective arm strap.

Road safety – remember, in the winter months when it's darker, you really need to 'Stop, Look, Listen and THINK!'

Swap the whole ride for PARK and STRIDE

WOW (Walk On Wednesday), NOT IN A CAR!

'Park Away from the School and Stride' is our initiative aimed at encouraging parents to park away from the school gates and walk the last part of the journey – boosting road safety, congestion and promoting exercise. The project, run by Living Streets, is a year-round walk-to-school challenge where children walk once per week and collect badges each half term as a reward for making journeys on foot.



Dr BIKE

On Wednesday 13th November Dr Bike visited the school to check the safety of the bikes belonging to children who had cycled to school on that day. This was free to everybody who wished to bring their bike to school. Bikes were inspected on a first come, first served basis. Dr Bike was happy to make minor adjustments to ensure the bikes were safe. However, if more major repairs were required, Dr Bike made a note of the recommendations needed to ensure continued safe biking. This was a fantastic opportunity for children, parents and staff to get their bikes checked.



Thank you Travel Ambassadors who met neighbours recently to discuss how they would like to work in partnership to stop parents parking inconsiderately. The meeting was very informative and ambassadors have decided that they will campaign for a zebra crossing on Station Road and would like to deliver assemblies across the school to pupils so that they can help support their campaign to encourage parents to park elsewhere.

They met a resident from Carlton Drive who needs medical assistance regularly from the NHS who is prevented from leaving her house due to parents parking across her drive way. Ambassadors thought that they would deliver an assembly with her to pupils who can hopefully educate their parents on mindful parking.



Year 6 children received a brilliant opportunity to learn how to look after their bikes

The workshop was about cycle maintenance and just like any machine children learnt that, a bicycle will work better and last longer if cared for properly.

The workshop was focused on supporting pupils to maintain their bikes, checking bikes regularly, keeping bikes clean, repairing a bicycle puncture, bike security, buying the right bike and bike accessories and clothing for cyclists. We hope more of our pupils will cycle to school!



