

# Avanti Fields E-safety Tips

The following helps parents understand the concepts of e-safety and gives advice as to how you can help keep your child safe online.

Guidance.

- Technology is constantly evolving and we need to learn to adapt to these changes. Try and keep up-to-date on the latest technology and be mindful of the risks involved in using it.
- Online safety applies to all types of devices – PCs, laptops, tablets, smartphones, e-readers and online gaming.
- Set guidelines for where your child could/should use their device. Take note of any inconsistent behaviours.
- Online safety is just as important as issues such as road safety. Treat it as such! Both involve potentially serious consequences.
- Check your internet privacy settings are set appropriately if your children are using the computer. Be mindful of inappropriate images/videos. Check to see if parental settings can be applied automatically.
- Be mindful of comments on social media forums that could reflect badly on your child.
- Read the Avanti Fields E safety Policy and adhere to it.
- Cyber bullying will be treated in the same way as other forms of bullying. You should contact Avanti Fields if you see any evidence of cyberbullying.
- Be aware that there is a culture of “sexting” in children as young as 10. “Sexting” refers to both inappropriate images and text.
- Encourage children to use their portable device at appropriate times. Explain where it is acceptable to use your portable device.
- Explain that it is ok to talk to you or a teacher if your child feels uncomfortable about something they have seen online
- Keep password safe – don’t write them down and change them regularly
- Avoid posting personal information online
- Be mindful and teach your child that the people they meet online are not necessarily the people they say they are.
- Explain the difference between a ‘real life’ friend and an ‘online’ friend?
- Explain the importance of not meeting up with online friends unless you as a parent are notified by your child and can oversee the meeting.