



AVANTI FIELDS

Dedication / Benediction / Meditation

Morning Dedication

*oṃ ajñāna-timirāndhasya, jñānāñjana-śalākayā
cakṣur unmilitaṃ yena, tasmai śrī-guruve namaḥ*

May our eyes be open
to the power and sweetness
of knowledge and illumination.
May we never be blinded by darkness.

May we honour our teachers
and all those who guide us
on our spiritual path.

May we worship the supreme,
Śrī Rādhā and Śrī Krishna, and
Śrī Chaitanya who reveals
their divine love to us.

May we know the presence of
Śrī Krishna in all persons
and in all beings.

O Rādhā and Krishna!
May your sweetness flood my heart;
May my heart always offer its love to you.

Let this day become
my offering of gratitude;
May your sacred names
dance forever
within the core of my heart:

*hare kṛṣṇa hare kṛṣṇa!
kṛṣṇa kṛṣṇa hare hare!
hare rāma hare rāma!
rāma rāma hare hare!*



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Midday Benediction

We come together
in love and friendship
to honour the blessing
of this *prasāda*,
food offered with devotion
to Krishna and his beloveds.

Let our appetites and hearts
be nourished and purified
by this *prasāda*,
a form of divine grace
that comes to us
in great abundance.

May our joy be full
in each other's company;
And may the holy names
dance forever
on our tongues
and in our hearts:

hare kṛṣṇa hare kṛṣṇa!
kṛṣṇa kṛṣṇa hare hare!
hare rāma hare rāma!
rāma rāma hare hare!



End of Day Meditation

asato mā sad gamaya

From unreality,
lead us to Reality.

tamaso mā jyotir gamaya

From darkness,
lead us to Light.

mṛtyor māmṛtaṁ gamaya

From mortality,
lead us to Immortality.

*paraṁ brahma paraṁ dhāma,
pavitraṁ paramaṁ bhavān*

You are the supreme Brahman,
The supreme dwelling place,
The supreme means of purification.

*puruṣaṁ śāśvataṁ divyam,
ādi-devam ajaṁ vibhum*

You are the eternal divine person,
The original divinity,
The unborn, all-pervading one.

*hare kṛṣṇa hare kṛṣṇa!
kṛṣṇa kṛṣṇa hare hare!
hare rāma hare rāma!
rāma rāma hare hare!*

In the sounding of these sacred names,
we call out to Rādhā and Krishna
with offerings from our hearts—
May they be pleased.