

avantifields@avanti.org.uk www.avanti.org.uk/avantifields

Principal: Miss Vanessa Bardsley

PSHE Unit Rotation – Year 7 to Year 10

Ү7 Торіс	Au 1	Au 2	Sp 1	Sp 2	Su 1	Su 2
Being Healthy (TBA/KPA)	7 Water	7 Fire	7 Air	7 Aether	7 Cosmos	7 Earth
Careers (PBA)	7 Earth	7 Water	7 Fire	7 Air	7 Aether	7 Cosmos
Celebrating differences (IPA)	7 Cosmos	7 Earth	7 Water	7 Fire	7 Air	7 Aether
Online Safety (RNO)	7 Aether	7 Cosmos	7 Earth	7 Water	7 Fire	7 Air
Resilience (RKE)	7 Air	7 Aether	7 Cosmos	7 Earth	7 Water	7 Fire
RSHE (BDH)	7 Fire	7 Air	7 Aether	7 Cosmos	7 Earth	7 Water
Ү8 Торіс	Au 1	Au 2	Sp 1	Sp 2	Su 1	Su 2
British Values (Law Crime and Society) (BPA)	8 Air	8 Cosmos	8 Aether	8 Fire	8 Aether	8 Air
Careers (RKA)	8 Earth	8 Air	8 Cosmos	8 Aether	8 Fire	8 Earth
Dangers online and offline (JLE)	8 Water	8 Earth	8 Air	8 Cosmos	8 Aether	8 Fire
Online wellbeing (ASM)	8 Fire	8 Water	8 Earth	8 Air	8 Cosmos	8 Aether
Physical health & mental wellbeing (LMO)	8 Aether	8 Fire	8 Water	8 Earth	8 Air	8 Cosmos
RSHE (BDH)	8 Cosmos	8 Aether	8 Fire	8 Water	8 Earth	8 Air
Ү9 Торіс	Au 1	Au 2	Sp 1	Sp 2	Su 1	Su 2
Combatting extremism and terrorism (BPA)	9 Cosmos	9 Earth	9 Fire	9 Aether	9 Air	9 Water
Drugs and alcohol (BDH)	9 Water	9 Cosmos	9 Earth	9 Fire	9 Aether	9 Air
Essential life skills (KPP)	9 Air	9 Water	9 Cosmos	9 Earth	9 Fire	
			5 00511105	JEarth	31116	9 Aether
Mental health (SES)	9 Aether	9 Air	9 Water	9 Cosmos	9 Earth	9 Aether 9 Fire
Mental health (SES) Careers (RKA)	9 Aether 9 Fire	9 Air 9 Aether				
			9 Water	9 Cosmos	9 Earth	9 Fire
Careers (RKA)	9 Fire	9 Aether	9 Water 9 Air	9 Cosmos 9 Water	9 Earth 9 Cosmos	9 Fire 9 Earth
Careers (RKA) RSHE (OOL)	9 Fire 9 Earth	9 Aether 9 Fire	9 Water 9 Air 9 Aether	9 Cosmos 9 Water 9 Air	9 Earth 9 Cosmos 9 Water	9 Fire 9 Earth 9 Cosmos
Careers (RKA) RSHE (OOL) Y10 Topic	9 Fire 9 Earth Au 1	9 Aether 9 Fire Au 2	9 Water 9 Air 9 Aether Sp 1	9 Cosmos 9 Water 9 Air Sp 2	9 Earth 9 Cosmos 9 Water Su 1	9 Fire 9 Earth 9 Cosmos Su 2
Careers (RKA) RSHE (OOL) Y10 Topic Careers (RKA)	9 Fire 9 Earth Au 1 10 Fire	9 Aether 9 Fire Au 2 10 Cosmos	9 Water 9 Air 9 Aether Sp 1 10 Air	9 Cosmos 9 Water 9 Air Sp 2 10 Water	9 Earth 9 Cosmos 9 Water Su 1 10 Aether	9 Fire 9 Earth 9 Cosmos Su 2 10 Earth
Careers (RKA) RSHE (OOL) Y10 Topic Careers (RKA) Exploring British Values (RKE)	9 Fire 9 Earth Au 1 10 Fire 10 Earth	9 Aether 9 Fire Au 2 10 Cosmos 10 Fire	9 Water 9 Air 9 Aether 5 p 1 10 Air 10 Cosmos	9 Cosmos 9 Water 9 Air 5 Sp 2 10 Water 10 Air	9 Earth 9 Cosmos 9 Water Su 1 10 Aether 10 Water	9 Fire 9 Earth 9 Cosmos Su 2 10 Earth 10 Aether
Careers (RKA) RSHE (OOL) Y10 Topic Careers (RKA) Exploring British Values (RKE) Exploring world issues (DCL)	9 Fire 9 Earth Au 1 10 Fire 10 Earth 10 Aether	9 Aether 9 Fire Au 2 10 Cosmos 10 Fire 10 Earth	9 Water 9 Air 9 Aether 5 5 7 1 10 Air 10 Cosmos 10 Fire	9 Cosmos 9 Water 9 Air 5 Sp 2 10 Water 10 Air 10 Cosmos	9 Earth 9 Cosmos 9 Water Su 1 10 Aether 10 Water 10 Air	9 Fire 9 Earth 9 Cosmos Su 2 10 Earth 10 Aether 10 Water
Careers (RKA) RSHE (OOL) Y10 Topic Careers (RKA) Exploring British Values (RKE) Exploring world issues (DCL) Mental health (BVA)	9 Fire 9 Earth Au 1 10 Fire 10 Earth 10 Aether 10 Air	9 Aether 9 Fire Au 2 10 Cosmos 10 Fire 10 Earth 10 Aether	9 Water 9 Air 9 Aether 10 Air 10 Cosmos 10 Fire 10 Earth	9 Cosmos 9 Water 9 Air 5 Sp 2 10 Water 10 Air 10 Cosmos 10 Fire	9 Earth 9 Cosmos 9 Water Su 1 10 Aether 10 Water 10 Air 10 Cosmos	9 Fire 9 Earth 9 Cosmos Su 2 10 Earth 10 Aether 10 Water 10 Air

Year 7 to 10 students will be studying the above units on a half-termly rotation. They will complete one unit every six lessons.



avantifields@avanti.org.uk www.avanti.org.uk/avantifields

Principal: Miss Vanessa Bardsley

PSHE Units – Year 11

Y11 Topic
RSHE
Inclusion and belonging, and
addressing extremism
Life beyond school
Mental wellbeing
Valuing diversity
Knife crime

Year 11 students will remain with their form tutors throughout the year and will be covering the above topics in PSHE, alongside completing their personal statements and college applications.

RSE Lessons – Year 7 to Year 11

Year 7	Year 8	Year 9	Year 10	Year 11
Puberty	Consent	Consent	Consent in Romantic	Fertility
			and Sexual	
			Relationships	
Consent	Healthy	Delaying Sexual	Campaigning Against	Alcohol and Bad
	Relationships	Activity	FGM	Choices
Respect &	Dealing with Conflict	Delaying Sexual	Sexting	Importance of
Relationships		Activity		Sexual Health
What makes a good	What is Love	Why have Sex	Domestic Abuse and	Revisiting
friend			Violence	Contraception
Being positive / RSE	Periods and	Relationships and	Relationships, Sexual	Revisiting STI's
assessment	Menstrual Cycle	Partners / Sexual	Abuse and Rape	
		Harassment and		
		Stalking		
Pressure and	Introduction to	What are STI's	Sexualisation of the	Respect and
Influence	Contraception		Media	Relationships