



AVANTI GARDENS  
SCHOOL  
Family Bulletin

Dear Parents/carers,

A very warm welcome back to Avanti Gardens School, I hope that you all had an enjoyable and rejuvenating summer holiday.

I will start with an apology for my absence this week, I was taken unwell last weekend with a nasty virus which resulted in a hospital visit and a week of enforced rest. Much to my relief, I am on the mend now and looking forward to being back to normal from the start of next week.

Over the summer the Avanti Team have been working hard to continue to develop the school site, harnessing its' potential to be a truly unique and inspiring place for our students to learn. There are further exciting developments, which will be taking place over the coming term, and I will endeavour to write to you regularly with these updates.

We also have many exciting curriculum developments for the year ahead including a focus on Sustainability and Climate Awareness, as well as Philosophical Discussion. We intend to build on the success of events from last year and hold more exciting celebrations of work from the amazing curriculum offer we are developing at our school.

We have welcomed many new faces across the whole Avanti Gardens team this year and I am sure that you have and will continue to welcome them warmly to our amazing school community.

I would like to extend a huge thank you, at the end of last year academic year I wrote encouraging a renewed whole school focus of Uniform and Attendance and we have seen a marked improvement this week. I really appreciate the desire shown to work alongside the whole team improving standards at Avanti Gardens and really pushing forward with the many exciting developments we have ahead of us.

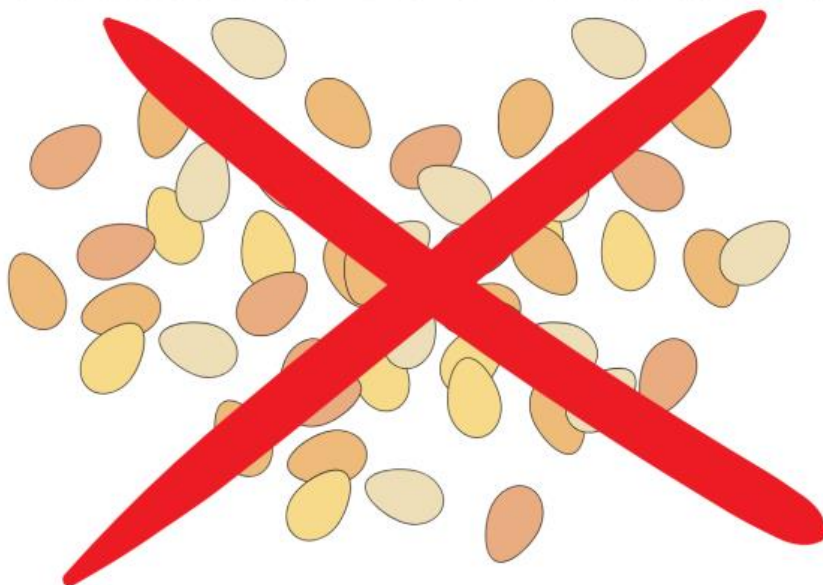
Best wishes for the weekend,

Mr Penny.

Principal



## **We are a nut and sesame free school**



Do not send your child into school with any food that contain these ingredients. This includes nut butters ( including Nutella ) and hummus. They pose a serious risk to children in our school. Any food containing the above will be removed we will give you a call to let you know.

Thank you for your cooperation

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# UPDATES

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COVID-19, Measles, Chickenpox and Shingles.

Please may we ask for your co-operation in an important matter?

One of our pupils is receiving medical treatment at which puts them at risk if they are exposed to COVID-19, Measles, Mumps, Chickenpox or Shingles. We also need to be made aware if your child has diarrhoea and vomiting, flu like symptoms, slapped cheek or any other illness.

If anyone in your house has symptoms of covid and are getting tested please let school know.

Please let us know immediately if your child is suspected of having measles.

Our pupil is also at risk from chickenpox and would require a medical review within three days of contact. If your child is suspected of having chickenpox, you should let us know immediately.

It is also important that you let us know if there is shingles in your household.

Your child is not at any risk what so ever from this situation. However, the health and well-being of our pupil who is at risk, does depend on the co-operation of all other parents and we hope you can help us.

With many thanks.

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# UPDATES

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## **INCLUSION COFFEE MORNING**

We are hosting a coffee morning where all parents are invited for a chance to meet and chat. This will be held on Friday the 22nd September 9:15 – 10:15. More details to follow.

## **BOOKING MEALS AND PARENT PAY**

Parent Pay is the system that we use to book school lunches. All families should now have received their Username and Password to log in. Parent Pay only select one parent to receive this email. If there is more than one parent then you will both need to check your emails. Please select your meals here. This includes all children in Reception, Year 1 and Year 2. Children in these years do not need to pay but do need to select your meal.

This must be done 48 hours in advance as we will only be able to offer the Jacket Potato option and Fruit to those who have not selected.

We are aware that are sometimes issues with Parent Pay, please email the office with any problems and we will try to get these rectified as soon as possible.



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## COMMUNITY NEWS

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# Do you often feel like you miss out on accessing support for your family?

Sign up to our newsletter today to find out about free local support and information from across Bristol

[www.bristolparentcarers.org.uk/join-us/](http://www.bristolparentcarers.org.uk/join-us/)



Discover an exciting array of free information and support sessions hosted by Bristol Parent Carers throughout September. No diagnosis is required for you to participate. Secure your spot for free by clicking here:

<https://www.eventbrite.co.uk/o/bristol-parent-carers-7809612275#collections>

### Digital solutions to supporting mental wellbeing

WITH BRISTOL PARENT CARERS & KOOOTH



### Information and support at North Bristol coffee morning


Southmead Greenway Centre  
Doncaster Rd,  
BS10 5PY  
7th Sep @ 9:15-10:30am



If you care, we care.  
Carers Support Centre  
Bristol & South Gloucestershire

### Primary & Secondary School Transitions

WITH BRISTOL PARENT CARERS & BRISTOL CITY COUNCIL



### Information and support from all services across Bristol



SEPTEMBER							2023	
S	M	T	W	T	F	S		
							1	2
3	4	5	6	7	8	9		
10	11	12	13	14	15	16		
17	18	19	20	21	22	23		
24	25	26	27	28	29	30		


# Hello September!

## Book your free space now

## Don't miss out




### Make your voice heard by completing our health service survey



### Dyslexia & Visual Processing

WITH BRISTOL PARENT CARERS & BIBIC



### Information and support at South Bristol coffee morning

INNS COURT CENTRE  
1 Marshall Walk  
Knowle BS4 1TR  
14th Sep @ 10:30-12:30pm



If you care, we care.  
Carers Support Centre  
Bristol & South Gloucestershire

### Managing extreme behaviour

WITH BRISTOL PARENT CARERS & BIBIC





**Starts Wednesday 20th September  
and runs for 13 weeks**

**9.30am - 12.30pm**

**Wellspring Settlement  
43 Ducie Road, Bristol, BS5 0AX**

**For more information or to book, call Sally on  
0117 955 6971 extension 161**

**Professionals: find a referral form at  
<https://form.jotform.com/222903517095355>**

**Parents: self refer here**



## strengthening families strengthening communities

**A free, inclusive course to  
help parents and carers  
raise happy, confident  
children, from babies to  
teens**



Settlement Site, 43 Ducie Road, Barton Hill, BS5 0AX - 0117 955 6971 |  
Wellspring Site, Beam Street, Barton Hill, BS5 9QY - 0117 304 1400

[www.wellspringsettlement.org.uk](http://www.wellspringsettlement.org.uk) | [info@wsb.org.uk](mailto:info@wsb.org.uk)

Wellspring Settlement is a company limited by guarantee registered in England and Wales under number 05031499, and is a charity, number 1103159

### About the programme

**This is a popular parenting programme for anyone raising children. We welcome parents and carers from all backgrounds who would like to work on their parenting skills and build positive relationships with their children.**

**We can help you to recognise and respond to the challenges of being a parent and the risks and concerns facing our children. Whether you want to help your child do well at school, deal with bullying, avoid online grooming or getting in with the 'wrong crowd', or just feel more confident: SFSC can provide you with strategies to help you feel equipped as a parent and help you to keep your children safe.**

**Really helpful tools  
for supporting my  
child and building a  
happy home full of  
love and respect**



**I found all  
information helpful, I  
am remembering to  
calm down before  
reacting. Great  
group discussions, it  
felt trusting and I felt  
listened to**

**SFSC runs for three hours a week for 12 weeks. Some groups provide free childcare and refreshments. Just come along, bring a friend or partner if you prefer, and see if it's for you!**

**Thank you for the  
course. I found it  
informative and  
helpful, I learned  
tips I never knew  
before**



- The course will help you to**
- Build positive family relationships
  - Manage anger and stress
  - Implement effective discipline strategies
  - Gain confidence and communication skills
  - Understand your child's development
  - Recognise and value your family and cultural traditions
  - Meet others and share ideas

**You will receive a certificate and a parent manual.**

## What is Strengthening Families Strengthening Communities? (SFSC)

Strengthening Families, Strengthening Communities (SFSC) is a parenting course aimed at parents of children aged up to 18. It is designed to support you to raise happy and successful children by helping you access information and strategies about parenting. It will help you to think about your own experiences, and about how your culture and family background have shaped your parenting style.

Being a parent can be a fulfilling and enjoyable experience. When our children grow up to be happy, confident, and capable of being responsible and respectful in family and community life, we can rightly feel proud.

However, being a parent can also be stressful, particularly when the advice we receive about how to be a good parent contradicts the way our own parents raised us. This stress may be added to when we find we have to deal with the challenges of everyday living: managing money; supporting our children's education; coping with ill-health or poor housing; dealing with racism; bringing up our children in unsafe surroundings; and ensuring that both girls and boys get a fair chance to achieve their ambitions.

SFSC is based on "building blocks for success", and we use these building blocks through the course to help us get where we want to be, and to build strong foundations in our families and local community. We will look at how we can improve our relationships, use positive discipline, and influence our children as they grow up and prepare them for adulthood.

The programme provides a chance to meet other parents, get information on the child development, and to look at how our own experiences have influenced our parenting methods. There are opportunities for an in-depth explorations of parenting skills, with attention paid to how children can be helped to develop self-discipline and self-esteem.

The aim of the course is to achieve a healthy, violence free lifestyle for you and your family, and you'll learn how to understand your own behaviour, build your confidence as a parent, influence your children's behaviour, and improve your relationships and communication with them.

How do I book on?

To book a place on the course call Sally Williams or Paul on 0117 9556971



# Let's play out!



As we approach Autumn, we're looking for new ways to get our children to play outside and organising a play street on your doorstep is a great opportunity to bring your local community together and get the kids exercising without realising - without too much work for you!

Play streets - where traffic is diverted from your street for a couple of hours - is free to organise in Bristol. It's like a street party but simpler (no need to organise activities) and it's an easy way to create a safe space for children to play together. Hundreds of street communities across the country are enjoying the benefits of playing out on the doorstep:

- **Good for children's health and happiness**
- **Get to know your neighbours; build a community**
- **Help support safer streets for your children**



## Sounds great! How do I start?

First check out [www.playingout.net](http://www.playingout.net) and talk to your neighbours about the idea to gain support.

Once you're ready you can [apply to the council](#) for up to a year's worth of play streets. Many streets do it once a month, but starting with just one is great too! Applications are online and take about 10 minutes. You need to give 8 weeks notice so aim for around October half term for your first one.

The friendly team at Playing Out is here to support you, so pop into our office at Windmill Hill City farm or call us on 0117 9537167. We can lend you free road closure signs and kit for your play street!

If you don't need to close a road, you could still organise a playing out session in your estate carpark or local space, look on our website for info or get in touch for a chat.



***"Simply knowing many more people. Finding out about things in common - eg allotments, baking, DIY. Mixing ages of both kids and adults eg adults in 70s chatting more with young parents. WhatsApp is all very well but if you know people's faces and who they are, it takes it that step further and that's what playing out does." - play streets organiser***

**Wishing you all a fun weekend. We really look forward to seeing you all next week.**

**From the whole Avanti Gardens Team**



**Website:**  
[www.avanti.org.uk/avantigardens/](http://www.avanti.org.uk/avantigardens/)



**Twitter:**  
[twitter.com/SchoolAvanti](https://twitter.com/SchoolAvanti)



**Facebook:**  
[www.facebook.com/SchoolAvanti/](https://www.facebook.com/SchoolAvanti/)

