



AVANTI GRANGE

SECONDARY SCHOOL

Curriculum Map

Subject: Physical Education

The Physical Education curriculum at Avanti Grange will provide opportunities for students to become physically confident in a way which supports their health and fitness.

Students will engage in a broad range of physical activities to:

- Acquire technical proficiency in a variety of physical activities, ensuring a broad skill set that extends beyond a single sport.
- Develop an understanding of the importance of physical activity in maintaining overall health and well-being, including the benefits of regular exercise on physical and mental health.
- Cultivate values of sportsmanship, teamwork, and fair play through participation in team sports and collaborative activities.
- Enhance critical thinking skills by analysing and evaluating performances, identifying areas for improvement, and applying feedback constructively.
- Foster a mindset of lifelong learning and curiosity about new physical activities, encouraging students to explore and engage in various forms of exercise throughout their lives.

These opportunities aim to inspire an ambitious approach to Physical Education, encouraging students to explore and engage in various forms of exercise throughout their lives. The curriculum is rooted in the belief that engaging in competitive sports and activities develops character formation and instills values such as respect and self-discipline and contributes to holistic development.

Year Group	Autumn Half Term 1	Autumn Half Term 2	Spring Half Term 1	Spring Half Term 2	Summer Half Term 1	Summer Half Term 2
Key Stage 3						
7	Individual: Outdoor Adventurous Activities Team: Rugby – Boys Hockey - Girls	Individual: Dance Team: Rugby/Football – Boys Rugby/Netball - Girls	Individual: Table Tennis Team: Football – Boys Netball - Girls	Individual: Gymnastics Team: Basketball – Boys Football - Girls	Individual: Athletics Team: Athletics – Boys Athletics - Girls	Individual: Tennis Team: Cricket/Rounders - Boys Cricket/Rounders - Girls
8	Individual: Outdoor Adventurous Activities Team: Rugby – Boys Hockey - Girls	Individual: Gymnastics Team: Rugby/Football – Boys Dance - Girls	Individual: Badminton Team: Football – Boys Netball - Girls	Individual: Table Tennis Team: Basketball – Boys Football - Girls	Individual: Athletics Team: Athletics – Boys Athletics - Girls	Individual: Tennis Team: Cricket/Rounders - Boys Cricket/Rounders - Girls
9	Individual: Outdoor Adventurous Activities Team: Rugby – Boys Hockey - Girls	Individual: Trampolining Team: Rugby/Football – Boys Dance - Girls	Individual: Table Tennis Team: Football – Boys Netball - Girls	Individual: Gymnastics Team: Basketball – Boys Football - Girls	Individual: Athletics Team: Athletics – Boys Athletics - Girls	Individual: Tennis Team: Cricket/Rounders - Boys Cricket/Rounders - Girls

Key Stage 4 (GCSE)

10	<p>Topic: Migration or people's health</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: Migration or people's health</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: Elizabethans</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: Elizabethans</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: History Around Us</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: History Around Us</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>
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11	<p>Topic: Living under Nazi rule</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: Living under Nazi rule</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: Mughals or America</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: Mughals or America</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: revision</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>	<p>Topic: exams</p> <p>Why is this being taught?</p> <p>Why now?</p> <p>Will this be revisited?</p>
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Key Stage 5 (A level)

12	<p>Topic: Yorkists, Lancastrians, Tudors</p>	<p>Topic: Yorkists, Lancastrians, Tudors</p>	<p>Topic: Yorkists, Lancastrians, Tudors</p>	<p>Topic: Russia</p>	<p>Topic: Russia</p>	<p>Topic: NEA</p>
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	Why is this being taught?	Why is this being taught?	Why is this being taught?	Why is this being taught?	Why is this being taught?	Why is this being taught?
	Why now?	Why now?	Why now?	Why now?	Why now?	Why now?
	Will this be revisited?	Will this be revisited?	Will this be revisited?	Will this be revisited?	Will this be revisited?	Will this be revisited?
13	Topic: British Empire or Civil Rights Why is this being taught? Why now? Will this be revisited?	Topic: British Empire or Civil Rights Why is this being taught? Why now? Will this be revisited?	Topic: British Empire or Civil Rights Why is this being taught? Why now? Will this be revisited?	Topic: British Empire or Civil Rights Why is this being taught? Why now? Will this be revisited?	Topic: revision Why is this being taught? Why now? Will this be revisited?	Topic: exams Why is this being taught? Why now? Will this be revisited?