

Pancake Day

What Is Pancake Day?

Pancake Day is also known as Shrove Tuesday.

It is the last day before the start of Lent.

During Lent, Christian people often give something up. In the past, people were not allowed to eat foods such as eggs during this time, so to use them before Lent began, they would mix them with other rich foods such as milk and flour to make pancakes.



Pancake Day Racing

All over the UK, pancake racing is very popular. Lots of people gather together in fancy dress to toss pancakes whilst running. The most famous race happens every year in Buckinghamshire, where women run wearing a skirt, apron and a head scarf. Runners have to toss their pancake at the start and finish line.

How Is Pancake Day Celebrated Around the World?

Pancake Day is celebrated all over the world and has many different names.

- In Sweden, it is known as 'Fat Tuesday' and Swedish people eat a pastry called Smla.
- In Portugal, it is called 'Carnival' and they eat sweet dough balls like doughnuts.
- In Iceland, it is called 'Bursting Day'. Unlike the UK, they eat meat and peas.

Amazing Fact

The biggest pancake in the world measured over 15 metres and was made in the UK.

Questions

1. Tick **one** food that was not eaten during Lent in the past.

- bananas
- butter
- eggs

2. Draw a line to complete the sentences. The first one has been done for you.

Runners have to toss their pancake	known as Shrove Tuesday
Pancake Day is also	it is called 'Bursting Day'.
During Lent, Christian people	at the start and finish line.
In Iceland,	often give something up.

3. What is Pancake Day called in Sweden? Tick **one**.

- Carnival
- Fat Tuesday
- Ash Wednesday

4. How big was the biggest pancake ever made?

5. Complete the following sentence.

All over the UK, pancake racing is very _____