



# Avanti Primary School Menu



## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK 1

Tomato & Basil Penne Pasta  
(G,Mk)  
or  
Whole Mung Dal with  
Lemon Rice  
-xx-  
Assorted Salads  
-xx-  
Fruit Yogurt  
(Mk)

Vegetable Pie  
(G,Mk)  
or  
Mix Vegetables with paneer  
and Naan  
(Mk)  
-xx-  
Assorted Salads  
-xx-  
Oat cookies  
(G,Mk)

Vegetable Puff Pastry with  
Corn on the Cob  
(G,Mk)  
or  
Kadhi with Rice  
(Mk)  
-xx-  
Assorted Salads  
-xx-  
Orange Cake  
(G,Mk)

Pau Bhaji  
(G,Mk)  
or  
Kidney Beans & Sweetcorn  
with Naan and Dhokla  
(Mu)  
-xx-  
Assorted Salads  
-xx-  
Ice Cream  
(Mk)

Margherita Pizza & Chips  
(G,Mk)  
or  
Vegetable Khichdi with  
Yogurt & Poppadum  
(G,Mk)  
-xx-  
Assorted Salads  
-xx-  
Jelly

### WEEK 2

Macaroni Cheese  
(G,Mk)  
or  
Panchmela Dal with Pea Rice  
-xx-  
Assorted Salads  
-xx-  
Choco Crispies  
(G,Mk)

Vegetable & Tofu with Noodles  
(G,Mk)  
Or  
Kofta Curry with Naan  
(Mk)  
-xx-  
Assorted Salads  
-xx-  
Rice Pudding  
(G,Mk)

Roasted Vegetable Lasagne  
(G,Mk)  
or  
Black Eye Bean Dal with  
Sweetcorn Rice  
-xx-  
Assorted Salads  
-xx-  
Vol-au-vent with cream and  
jam  
(G,Mk)

Vegetable Frankie Roll  
(G,Mk)  
or  
Vegetable Kadhi with Plain  
Basmati Rice  
(Mk)  
xx-  
Assorted Salads  
-xx-  
Apple Crumble with Custard  
(G,Mk)

Govindas Pizza with Chips  
or  
Biryani with Yogurt &  
Poppadum  
(G,Mk)  
-xx-  
Assorted Salads  
-xx-  
Chocolate Mouse  
(G, Mk)

### WEEK 3

Spaghetti with Vegetables in  
Tomato Sauce  
(G,Mk)  
Or  
Yellow Dal & Coconut Rice  
-xx-  
Assorted Salads  
-xx-  
Cinnamon Puff  
(G,Mk)

Dabeli with Veg  
(Mk,Mu)  
or  
Aloo Mutter with Naan  
(G,Mk)  
-xx-  
Assorted Salads  
-xx-  
Besan Lado  
(G,Mk)

Potato Roasty with  
Baked Beans & cheese  
(Mk)  
or  
Kadhi with Pilau Rice  
(Mk)  
-xx-  
Assorted Salads  
-xx-  
Chocolate Cake with Custard  
(G,Mk)

Mexican Burrito Wrap  
(G,Mk)  
or  
Idli with Sambhar & Rice  
-xx-  
Assorted Salads  
-xx-  
Vanilla & Jam Sponge  
(G,Mk)

Margherita Pizza & Chips  
(G,Mk)  
or  
Vegetable Rice with Tarka  
Yogurt  
(Mk)  
-xx-  
Assorted Salads  
-xx-  
Jelly

Salad bar, fresh breads & fresh fruits are available every day!

Allergens: G gluten Mu Mustard Mk Milk Ce Celery Se Sesame Seed So Soya Su Sulphur Dioxide

