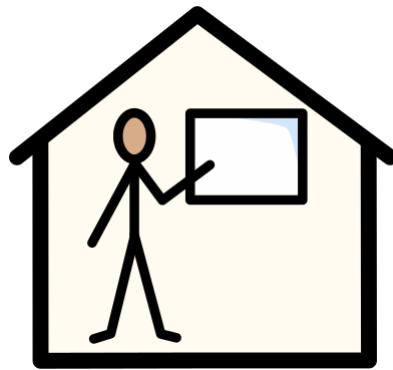
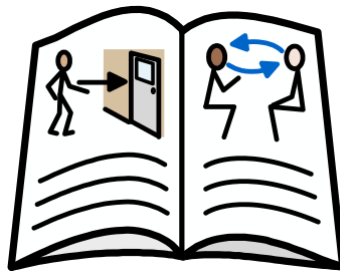


Getting Ready for



School



Social Story

## Getting Ready for School Social Story

Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of *'Stories that Explain'* published by LDA.

**Web:** <https://reachoutasc.com/>

**Facebook:** <https://www.facebook.com/ReachoutASC>

Produced using Widgit Symbols

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Please personalise this social story for the individual by changing symbol colours or adding specific photos.

For more information on how to do this, access our free training webinars at [www.widgit.com](http://www.widgit.com)

Insert photo of person / school



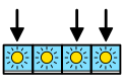
My name is \_\_\_\_\_.



I am in \_\_\_\_\_

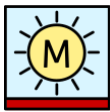


class.

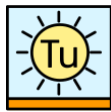


Usually

on



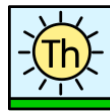
Mondays,



Tuesdays,

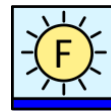


Wednesdays



Thursdays

and



Fridays,



I need

to

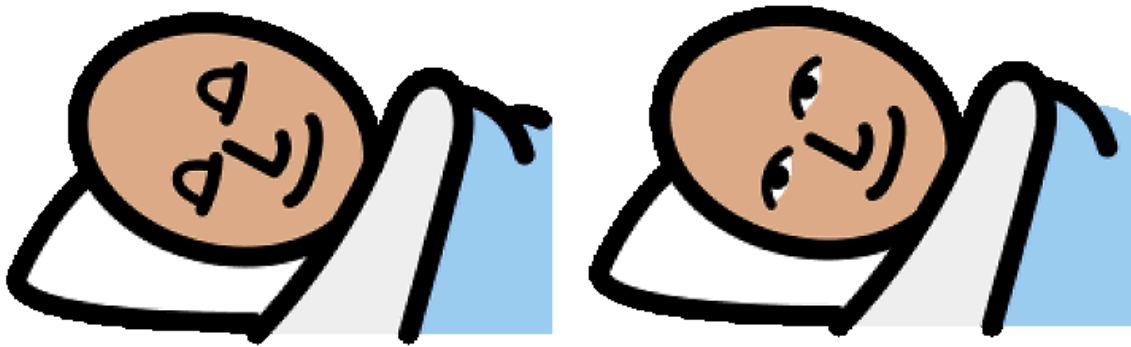




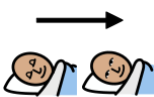




get ready


for




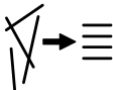









school.

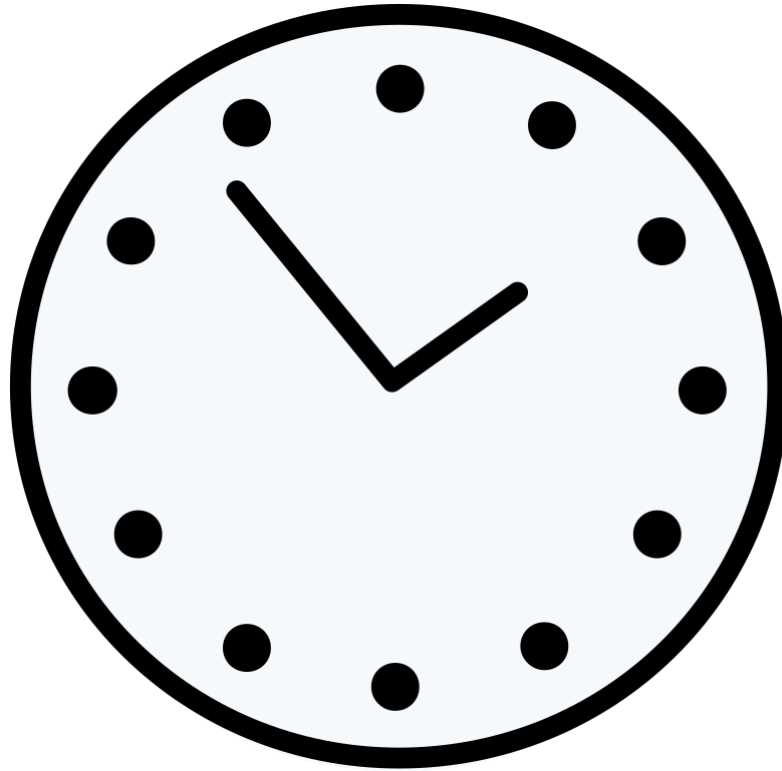


 It can be hard   to wake up   get ready   for school.

 There are jobs to do   before  we leave the house.

 My brain  might find it hard   to organise  the  jobs.

This can be because  I  am  autistic  and  this is okay.



School

is a



place



most children



go to.



School

starts at

the

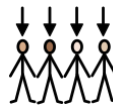


same

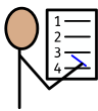


time

for



everyone.



This is so the register can be taken.



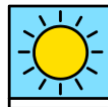
This is when we look at

our



visual timetable

for the



day.

1	_____
2	_____
3	_____



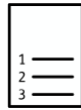
My parents and



I



can



make a plan.



This will help me



to get ready

for



school.



This will help me



leave the house



on time.



This is good.

(Please edit for individuals)


**1**  when  my alarm clock  makes its noise.

**2**  Go to the toilet and  wash my hands and  face  at the sink.

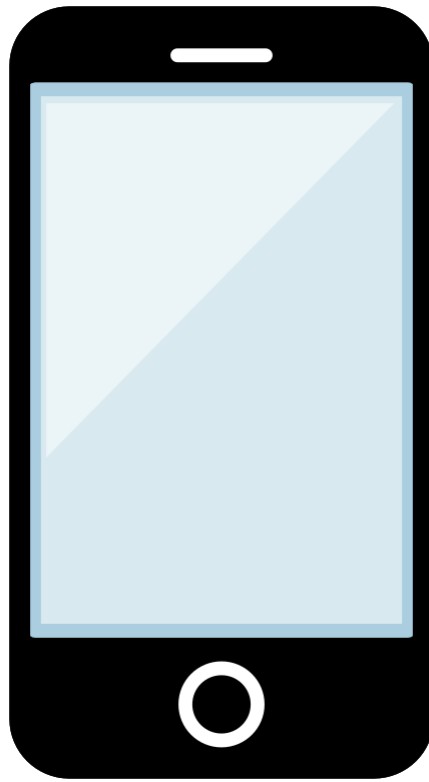
**3**  Brush my teeth.

**4**  Get dressed.




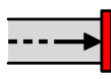

**5**  Put my shoes on.




**6**  Have breakfast.

**7**  Time to rest and  play or have some  sensory  time.



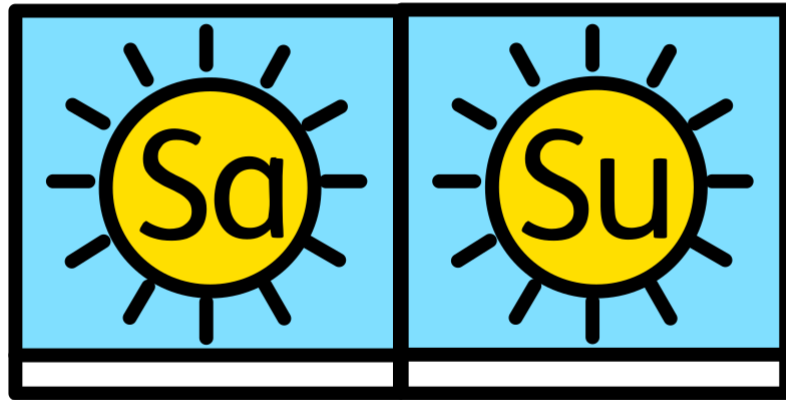
       
My grown ups phone can give me a five minute warning.

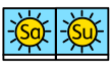
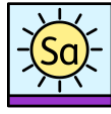

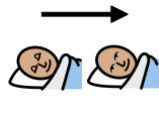

       
This will help me know I have to finish playing.

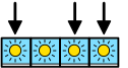


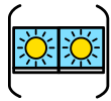
    
I can put my coat on and get my bag.


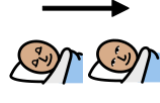

  
We can then leave the house.


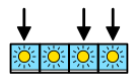





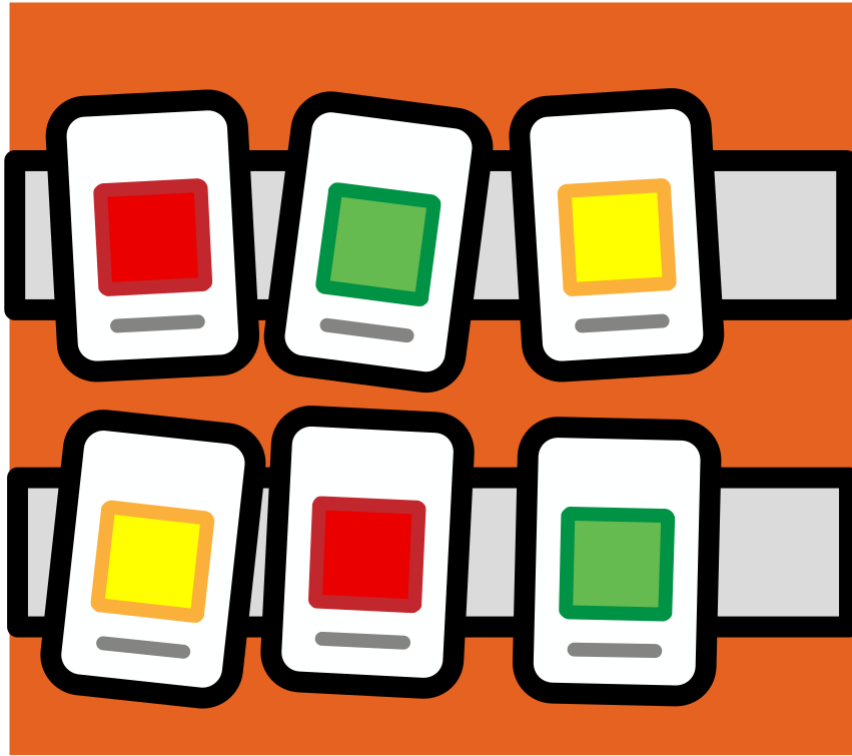




 and 
 


  
 At the weekend (Saturday and Sunday) I can get up later.



 to 
 

  
 We usually do not go to school at weekends.




  
 In the school holidays I can get up later.

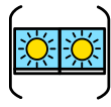



 to 
 

  
 I usually do not go to school in the holidays.



I might



still use my visual timetable

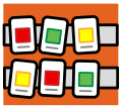


on weekends

and



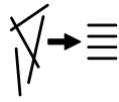
holidays.



My visual timetable

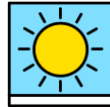


can help me



to organise

my



days.



I can get ready

for



school.



WELL DONE



ME!