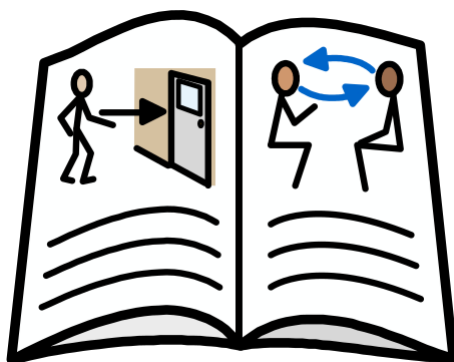


# Going To The Toilet



# Social Story

## Going To The Toilet (at home) Social Story

*In this version, you will need to choose the appropriate pages depending on if a person sits or stands at the toilet*

*(pages 8- 10).*

Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of 'Stories that Explain' published by LDA.

**Web:** <https://reachoutasc.com/>

**Facebook:** <https://www.facebook.com/ReachoutASC>

Produced using Widgit Symbols

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Please personalise this social story for the individual by changing symbol colours or adding specific photos.

For more information on how to do this, access our free training webinars at [www.widgit.com](http://www.widgit.com)

Insert photo of person here



My name is \_\_\_\_\_ .



I



live



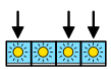
at



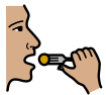
home



with \_\_\_\_\_ .



I usually



eat



my breakfast



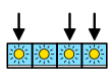
in the morning



and have a drink.



My family



usually



eat



and drink too.



Bodies



get good things

from



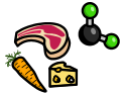
food and drink.



These good things

are

called nutrients.

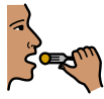


People



get energy

from



eating

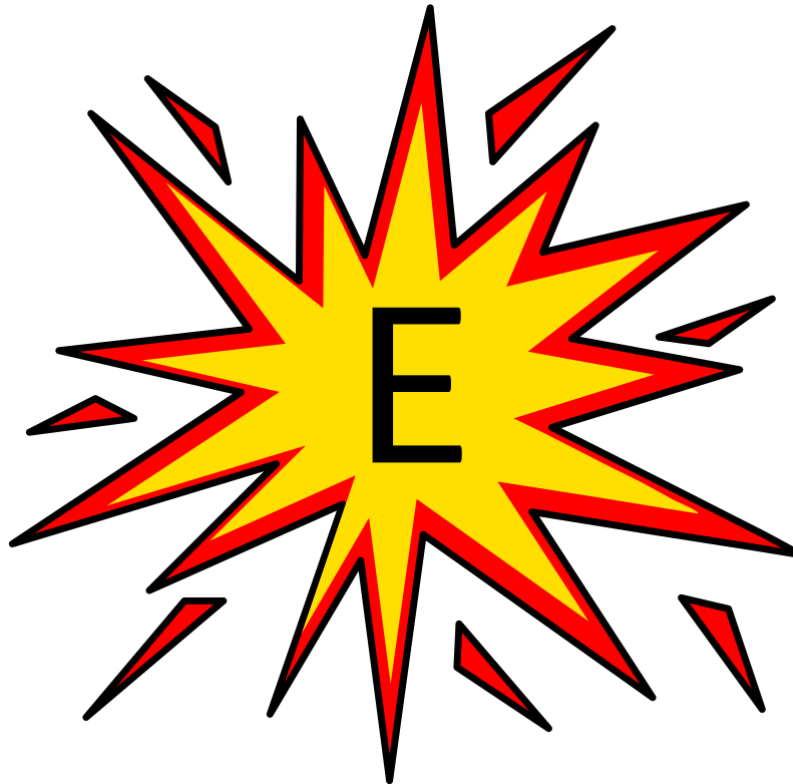
and



drinking.



This is good.





Food and drink that is not used for energy in our body turns into



wee and poop.










Our body needs to get the wee and poop out



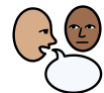








to keep us healthy.








It is good to go to the toilet to wee or poop.

 I could  show  my  toilet  symbol or  sign,  'Toilet'

 I  could  say,  "Toilet  please."

 I could  go  alone or  with a grown up.



 I can  go to the toilet  on my own or  with  an adult.



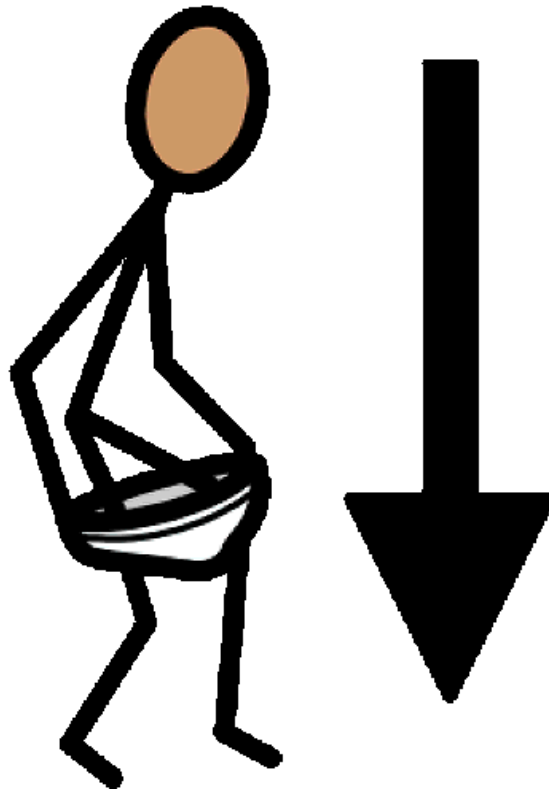
It might smell bad.



People might not like the smell.



This is okay.



I can



go



in the bathroom.



I can



pull down my pants.



I can



sit on or stand at the toilet.



I can try

to



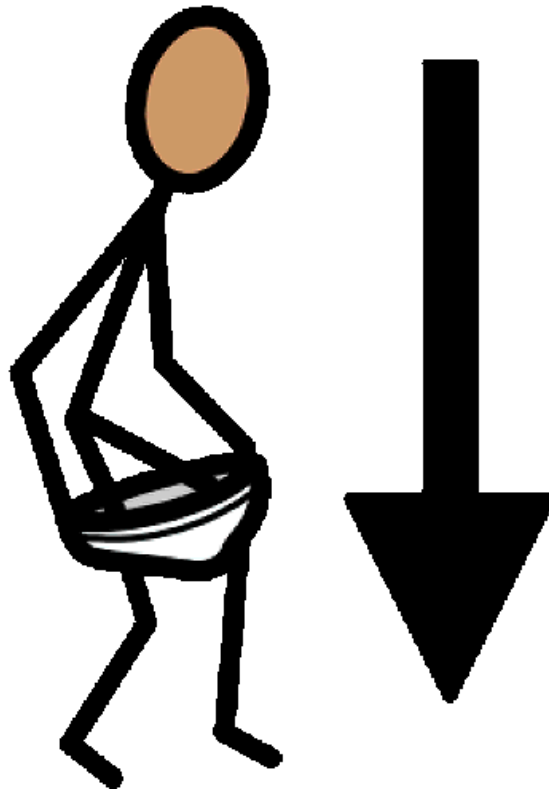
wee

or



poop.





I can



go



in the bathroom.



I can



pull down my pants.



I can



sit on the toilet.



I can try

to

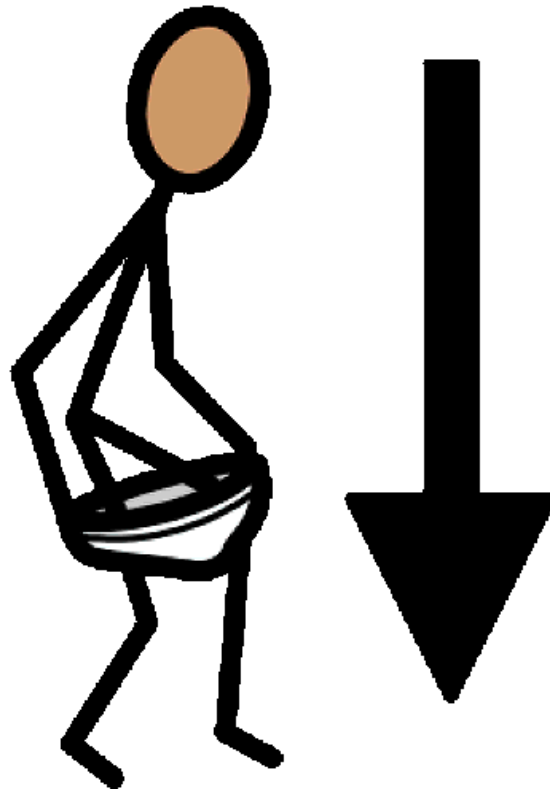


wee

or



poop.



I can



go



in the bathroom.



I can



pull down my pants.



I can



stand at the toilet.

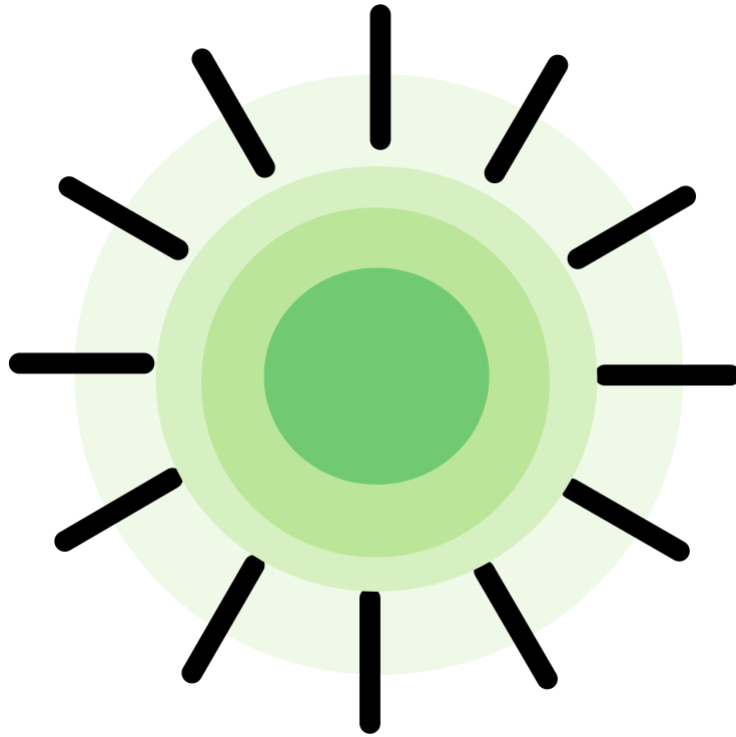


I can try

to





wee.

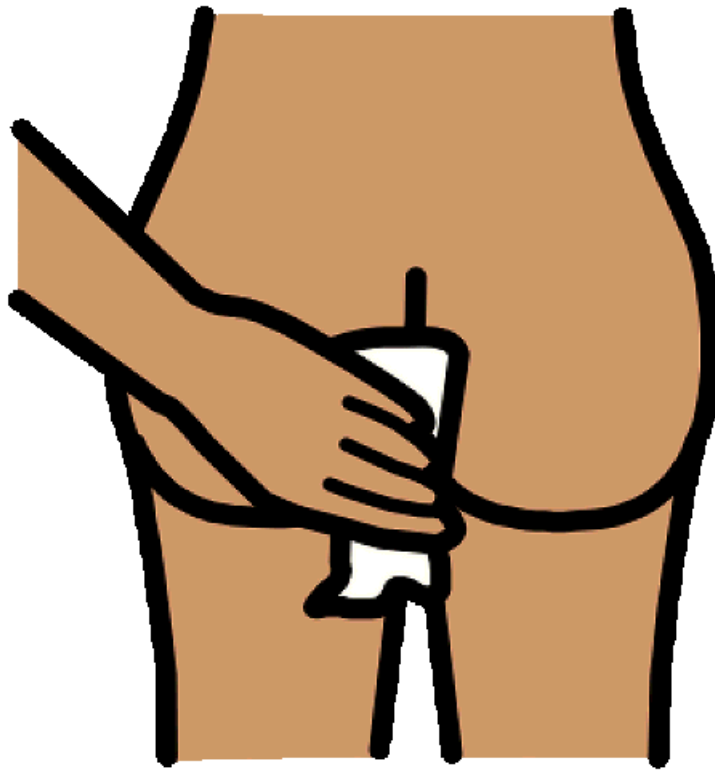


    
I might wee.


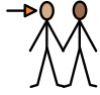

   
I might poop.





    
When I have finished I can try to wipe.




    
This is important and will keep me clean.



    
My adult might help me to wipe.

    
I can ask them to help me wipe.




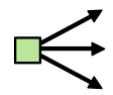
     
I will finish wiping.

    
I will pull up my pants.

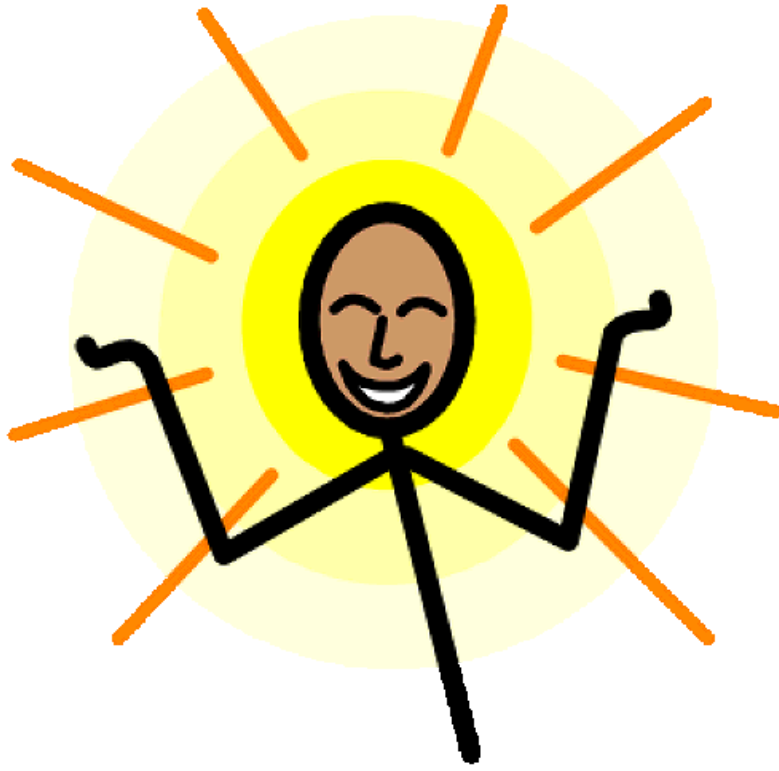


      
People should wash their hands after wiping.

      
People should dry their hands after washing them.

     
Clean hands stop germs spreading.

  
This is good.



I can go to the toilet.



I can wash my hands after using the toilet.



WELL DONE ME



Brilliant.