

Chinese New Year Foods





Chinese New Year is a major celebration in Chinese culture

The Chinese Dragon

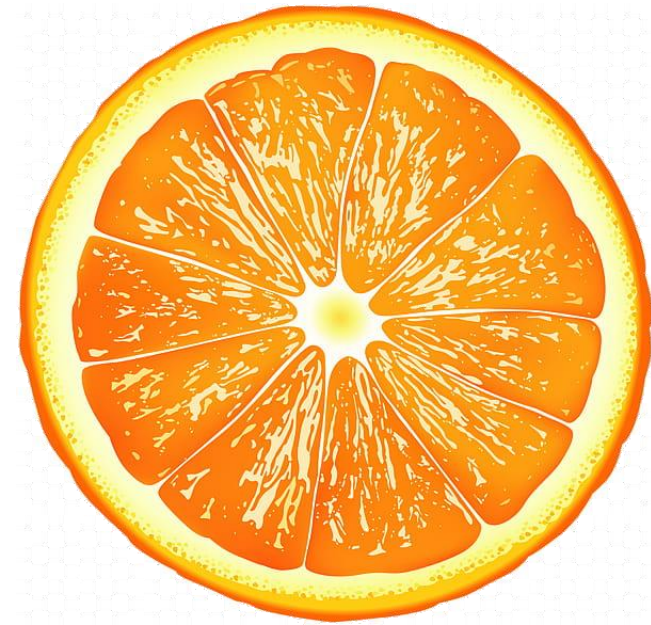
It is a sign of good luck and the beginning of spring





New Year foods usually symbolize good luck and best wishes

Oranges and tangerine stand for wealth and good luck





Apples

peace and wisdom

Lychee

Strong family bond





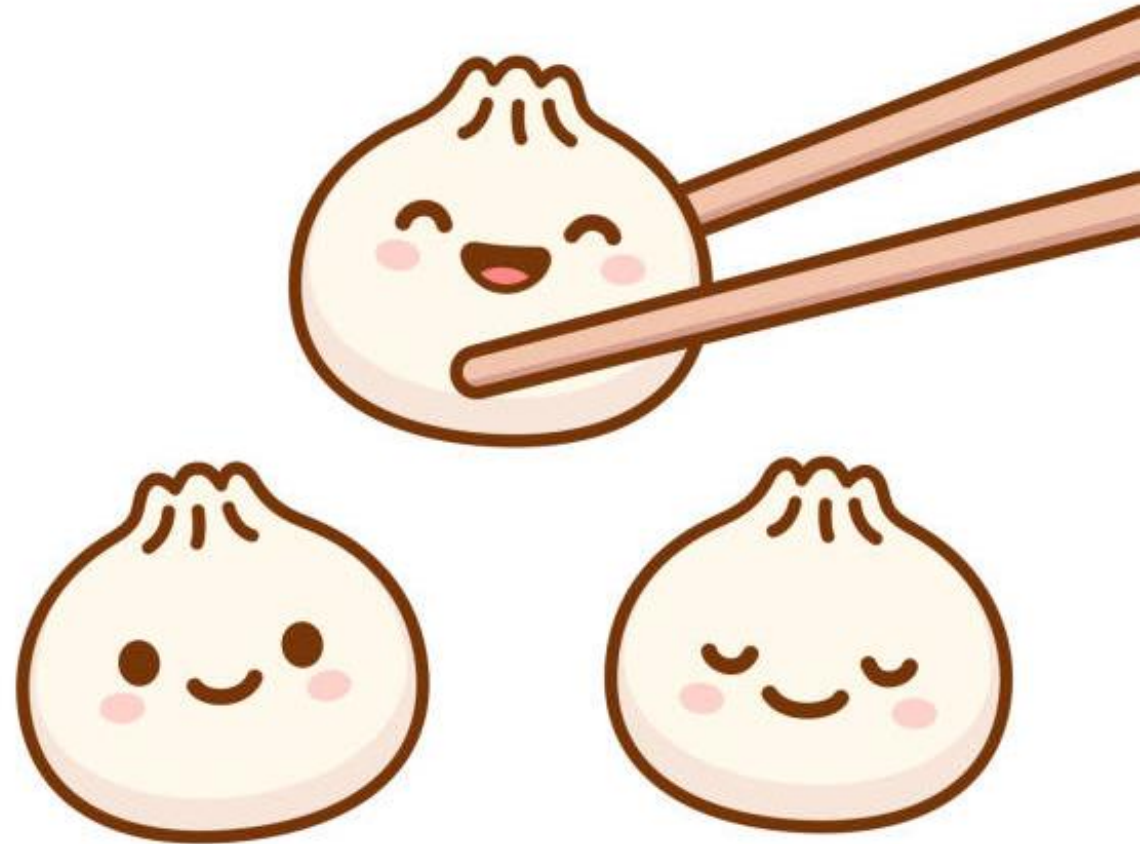
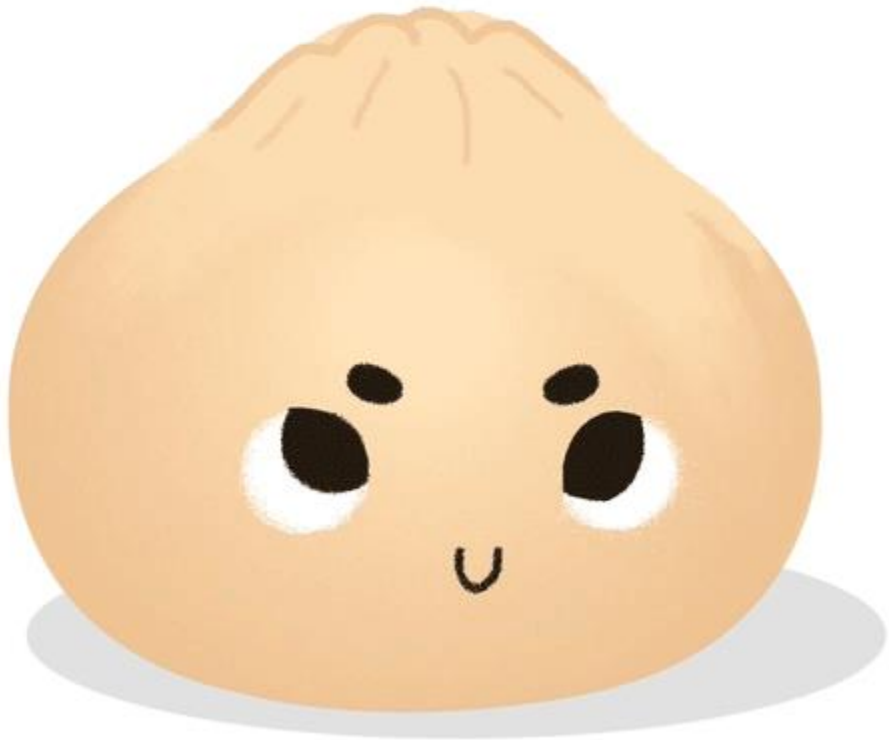
Chinese
greens-
Pak Choi

Good luck





Dumpling means wealth



**Bamboo
Shoots**



Wealth



A photograph of three Nian Gao cakes, which are traditional Chinese rice cakes, served on a wooden plate. The cakes are white, round, and have a small red dot in the center. They are wrapped in brown, textured paper. The plate is set on a dark wooden surface with a red cloth underneath. In the background, there are red and gold decorative elements, including a red tassel and a gold star-shaped ornament.

Desserts

New Year Cake (Nian Gao) You will success in life

Desserts

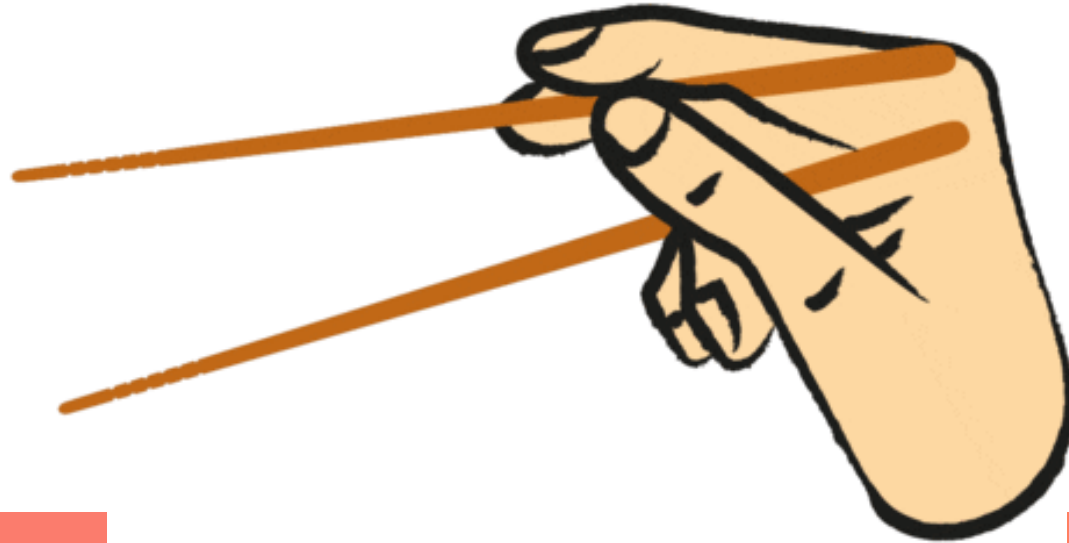


Rice balls (Tang Yuan) means togetherness

Fortune cookie is a crisp and sugary cookie with a piece of paper inside with a message



CHOPSTICKS



Dumplings



Noodles



China is the world's largest producer of rice



Rice is an important part of almost every Chinese meal



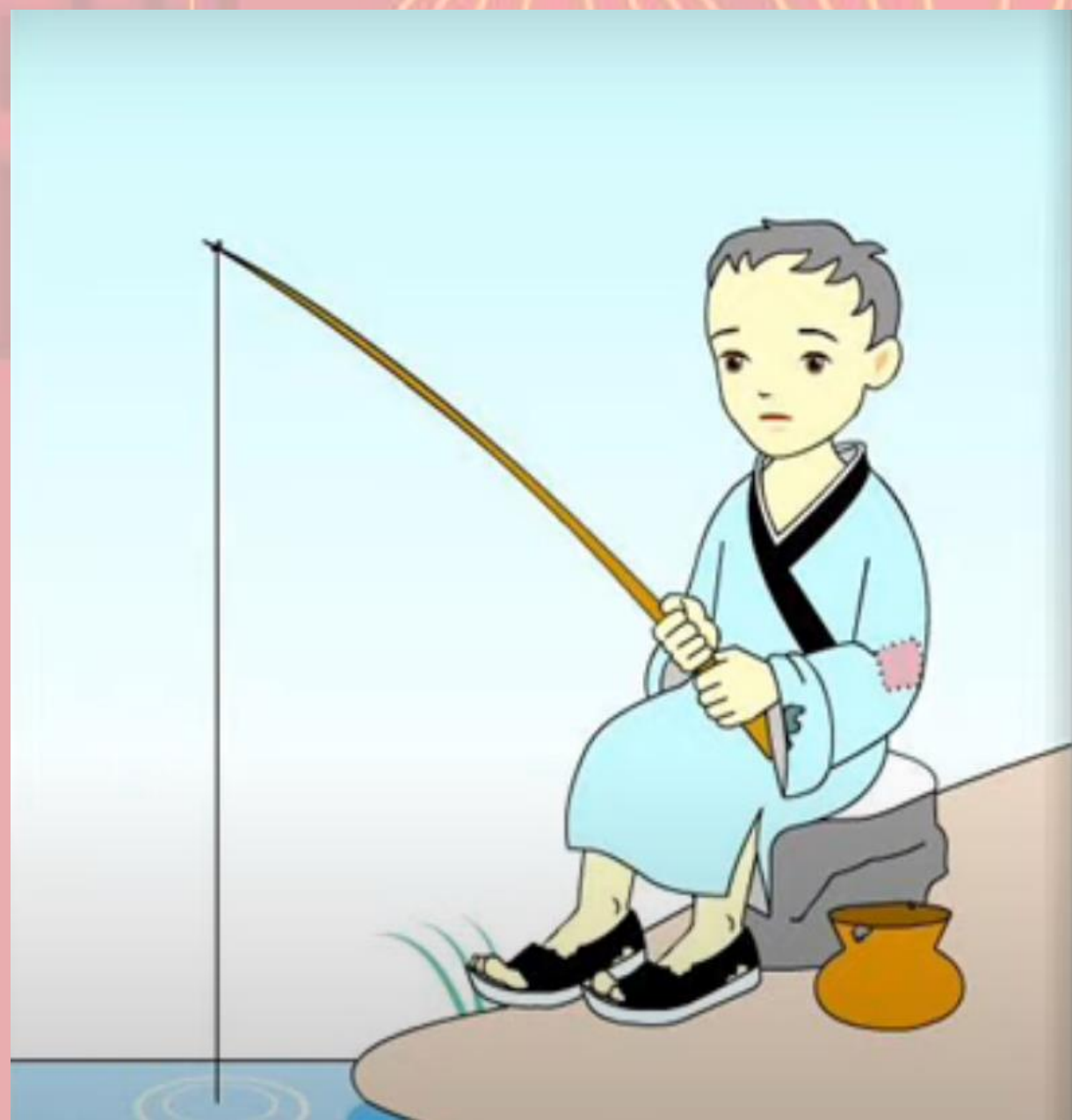
One Rice Thousand Gold





Han-Shin was a very poor boy.

His family had nothing to eat.



Every day, Han-Shin went
to the river to fish.

He sat and sat, but there
were no fish.



One day, a few women
were washing clothes in
the river.

One old woman looked at
Han-Shin.

"That boy is as skinny as
the stick in his hand!"
she said.



The old woman walked
over to Han-Shin.

"You look hungry. Please
eat this bowl of rice,"
she said.

Han-Shin bowed down.

"Thank you," he said.



Every day, the old woman gave Han-Shin a bowl of rice.

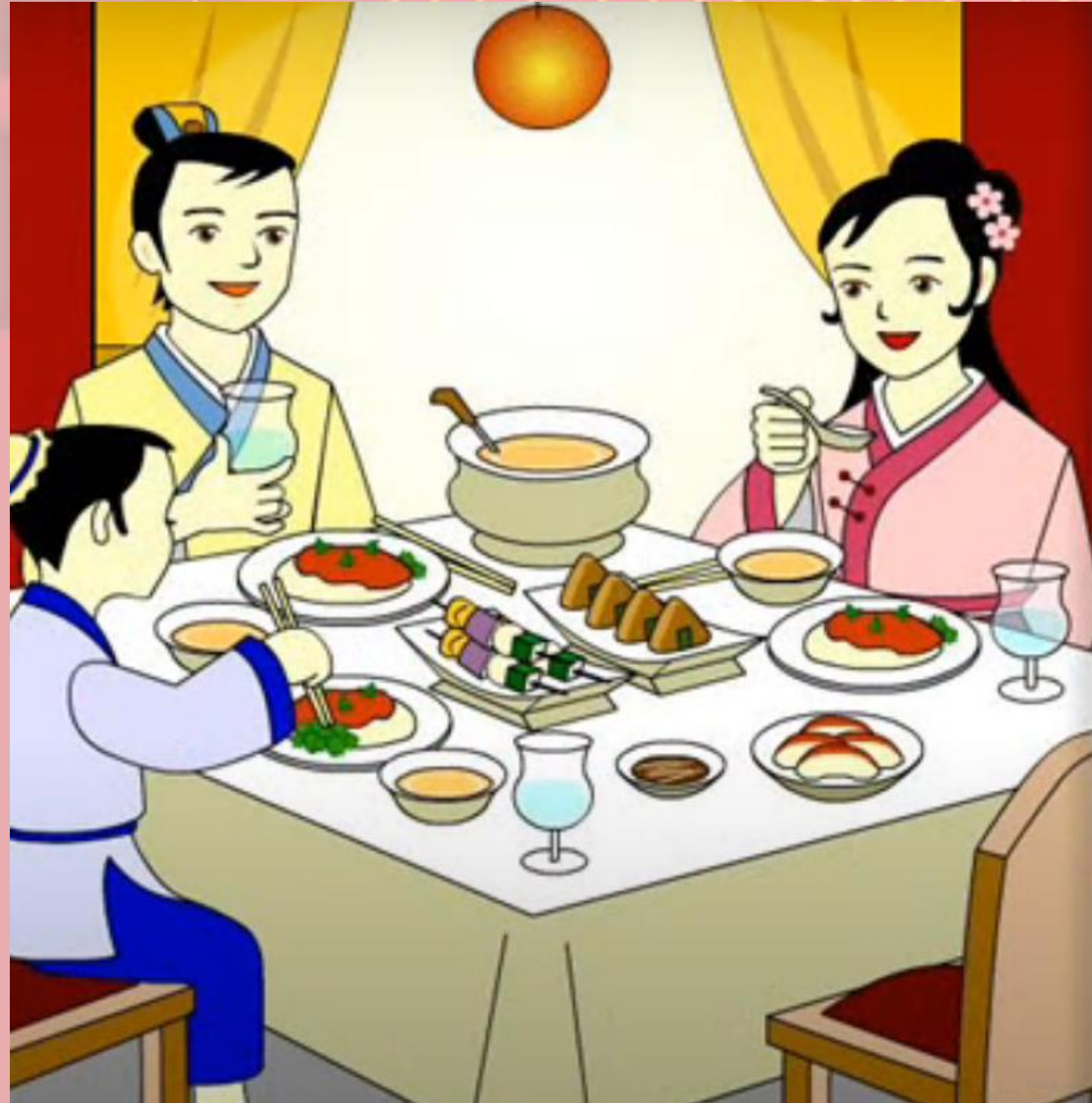
"I will find a way to pay you back," said Han-Shin.



When Han-Shin grew up,
he became brave and
kind.

He helped everyone.

The people loved him so
much that they made him
king!



Han-Shin and his family
now had all the food they
wanted.

Han-Shin never forgot his
promise to the old
woman.

He looked far and wide
to find her.



At last, Han-Shin found
the old woman.

He took her to his palace.



Han-Shin bowed down.

"I promised I would pay you back someday. Please take these thousand pieces of gold," he said.

He gave the old woman a bowl filled with GOLD!



"Thank you for the gold,"
said the old woman, "but
you've already paid me
back by becoming a
strong and kind man."



In China, when someone repays somebody for kindness with rich reward, you might say, "One Rice Thousand Gold."

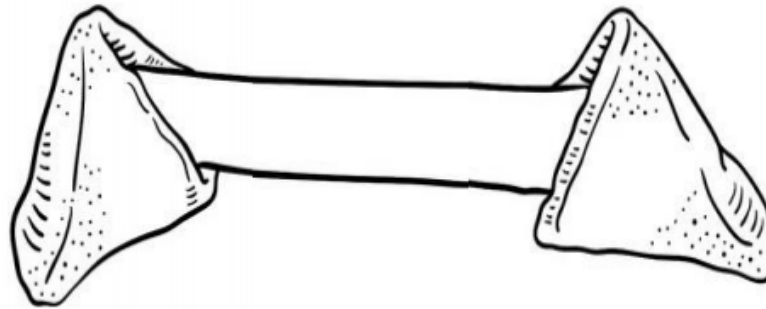
Home activity 1



Fortune Cookie



Colour the fortune cookie and write a message below. Share it with someone special.



Home activity 2



Chinese New Year Dragon



Make your own dragon to celebrate the Chinese New Year 2021.

Paste a picture of your dragon in the box below:

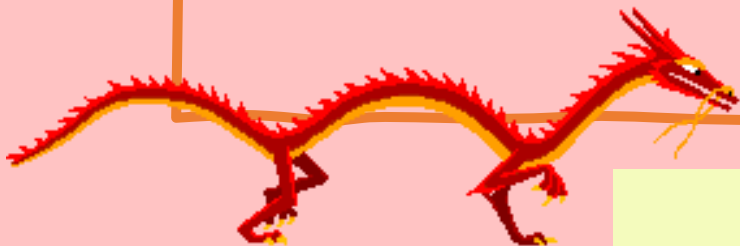
A large, empty rectangular box with a black border, intended for pasting a picture of a dragon.

You can use the link below:

<https://www.bbc.co.uk/cbeebies/makes/chinese-hand-dragon?collection=chinese-lunar-new-year>



Thank You



We wish you good fortune and health in the Year of the Ox!