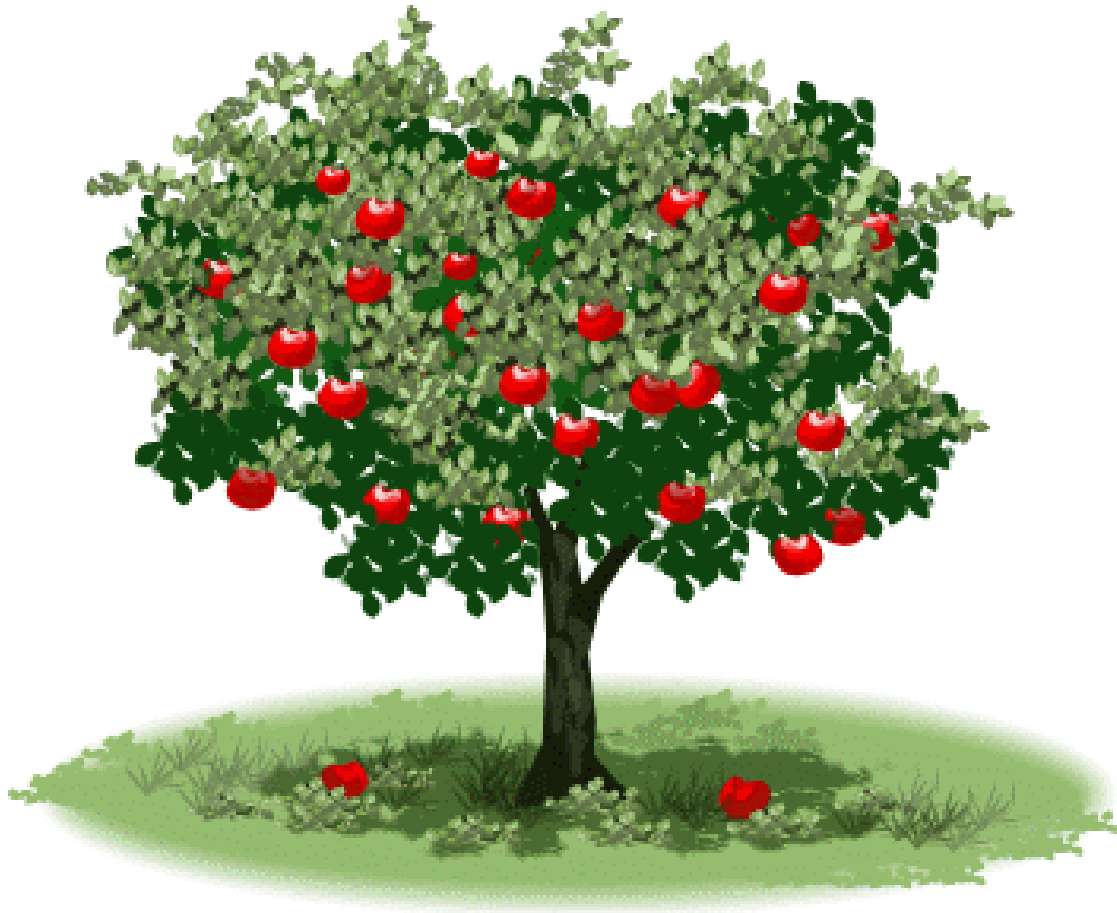


Food sources:

Where does food come from?



Foods come from different sources



Plant



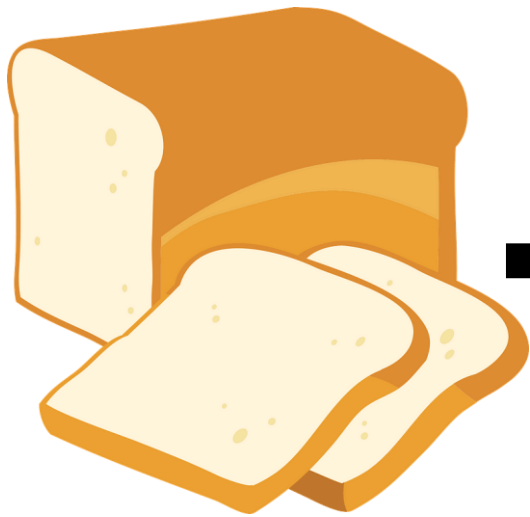
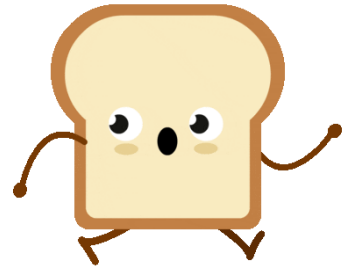
Animal

Plant sources of food

Plants give us fruits, vegetables, grains and pulses



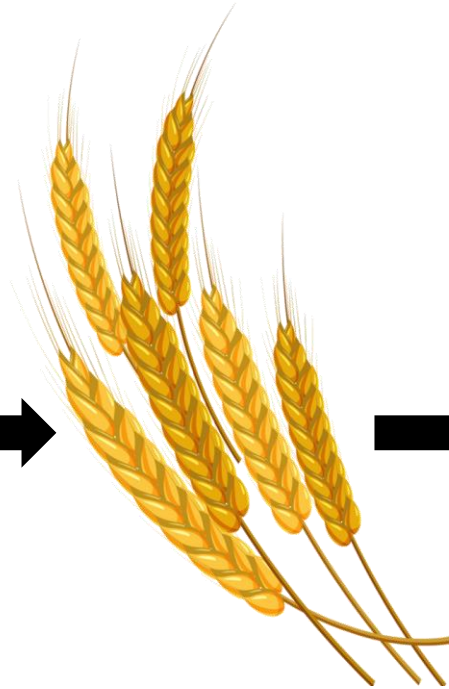
Where does bread come from?



Bread



Flour



Grains



Plant

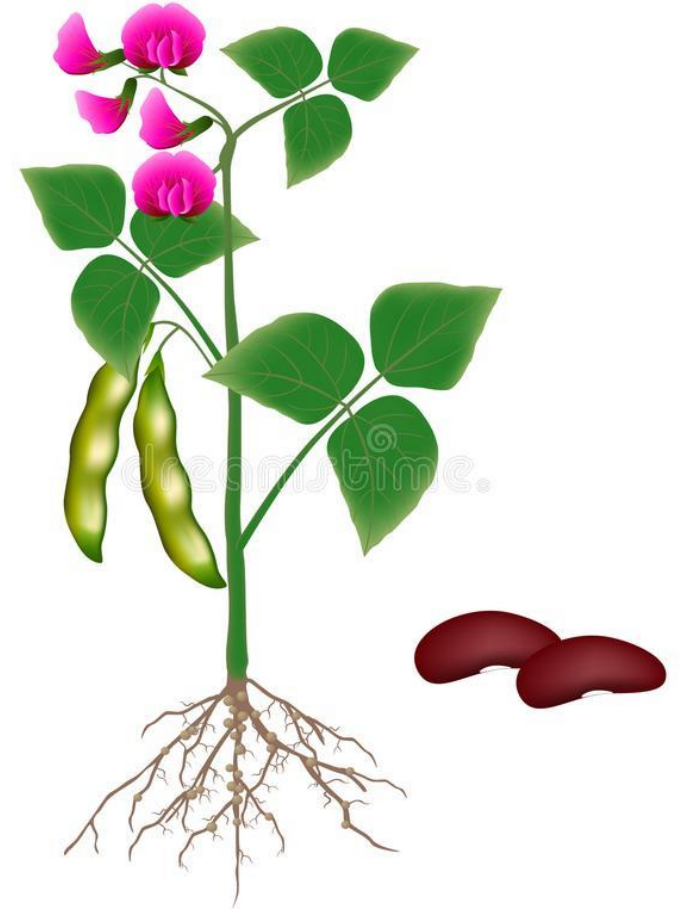
Where does bean come from?



Kidney Bean



Bean Pod



Plant



Oils

Tea/Coffee



Spices

Plants also give us



Sugar



Herbs

Nuts



Where does almond come from?

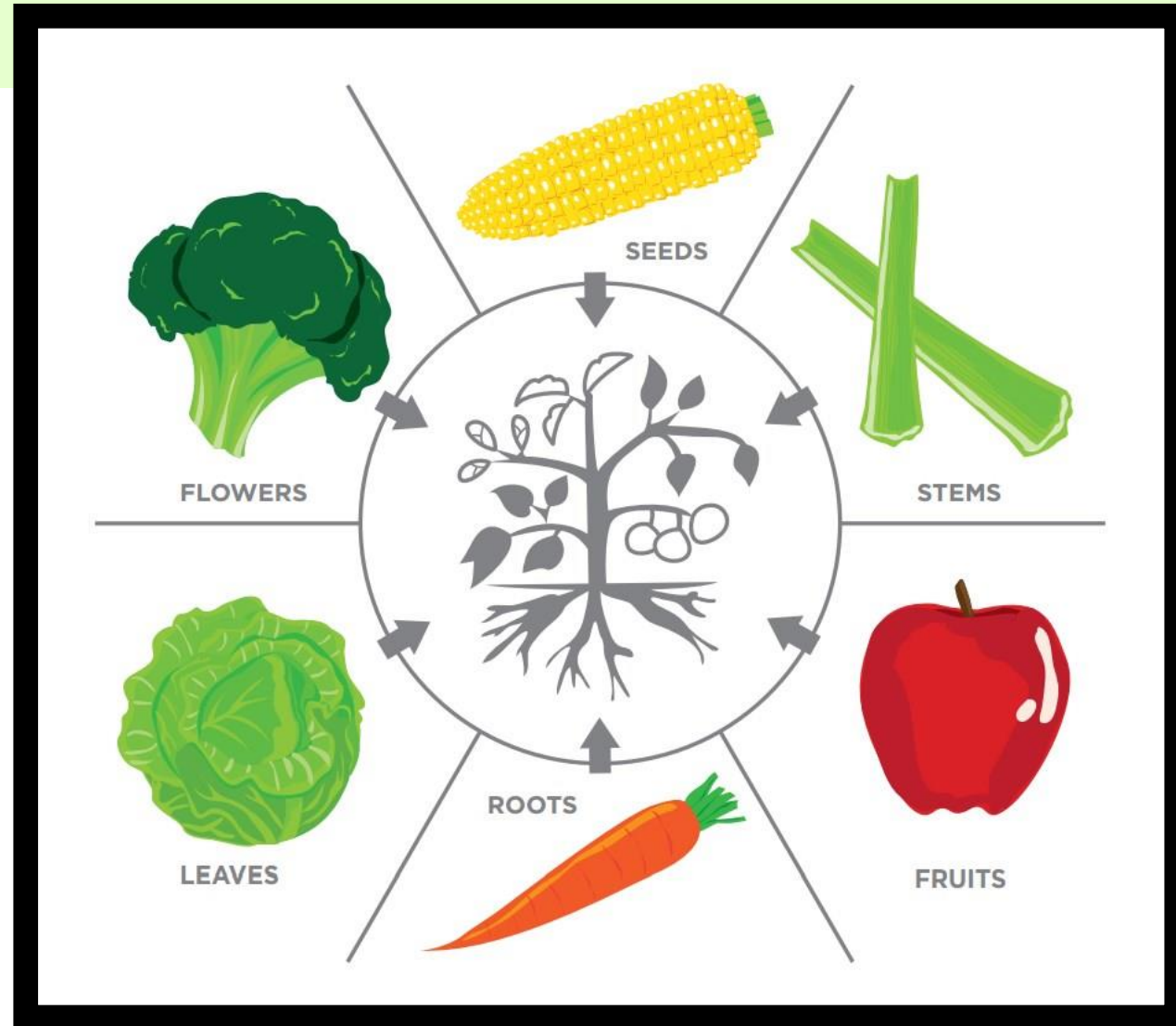


Almonds

Plant

We get food from different parts of plants

We eat →



Where do strawberries come from?



Strawberries grow on plants

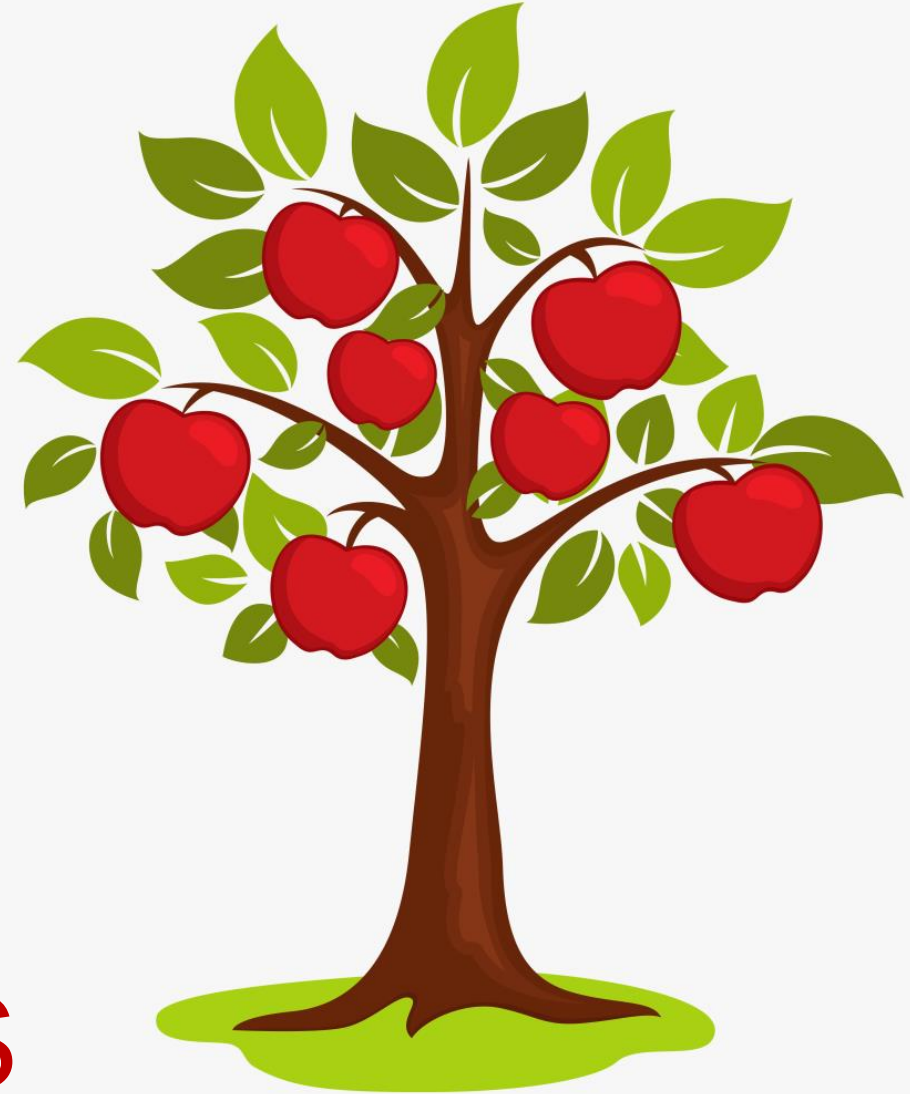
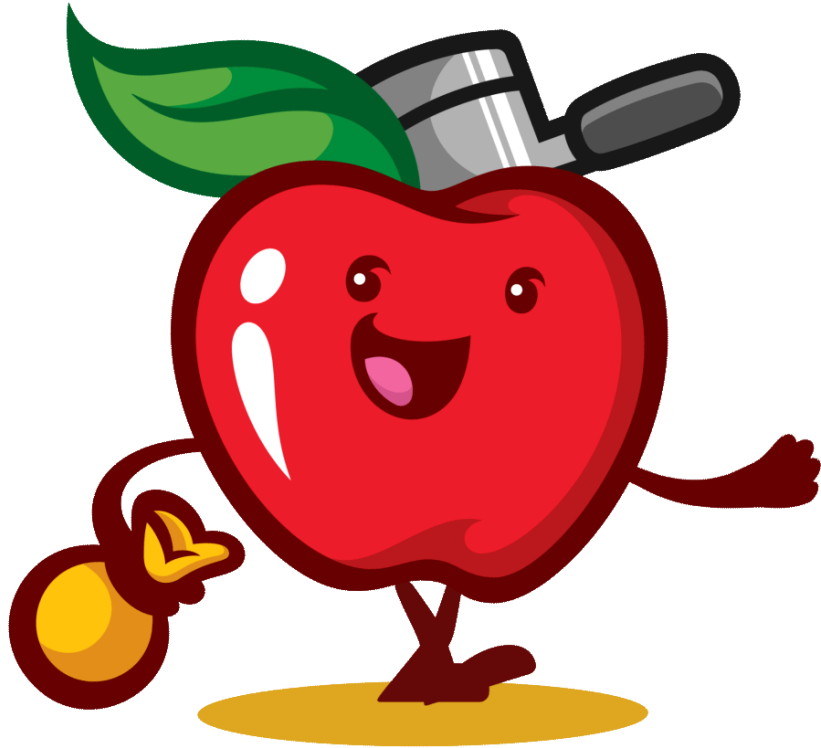
Where do tomatoes come from?



Tomatoes grow
on plants. It is
called a vine

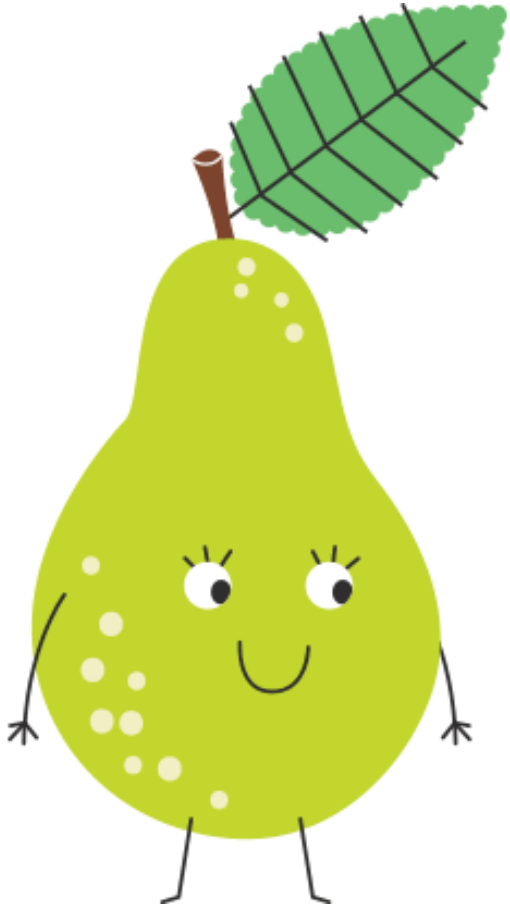


Where do apples come from?



Apples grow on trees

Where do **pears** come from?



Pears grow on trees

Where do onions come from?

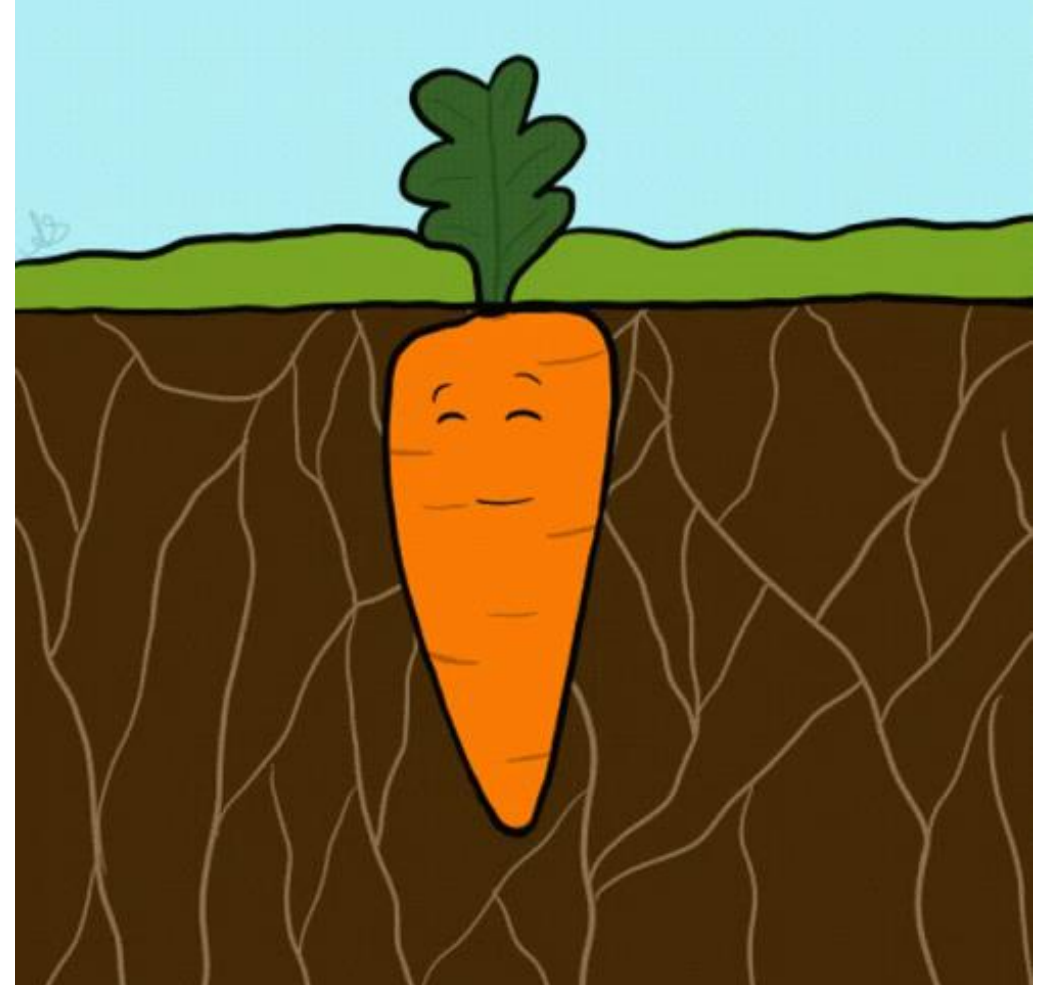
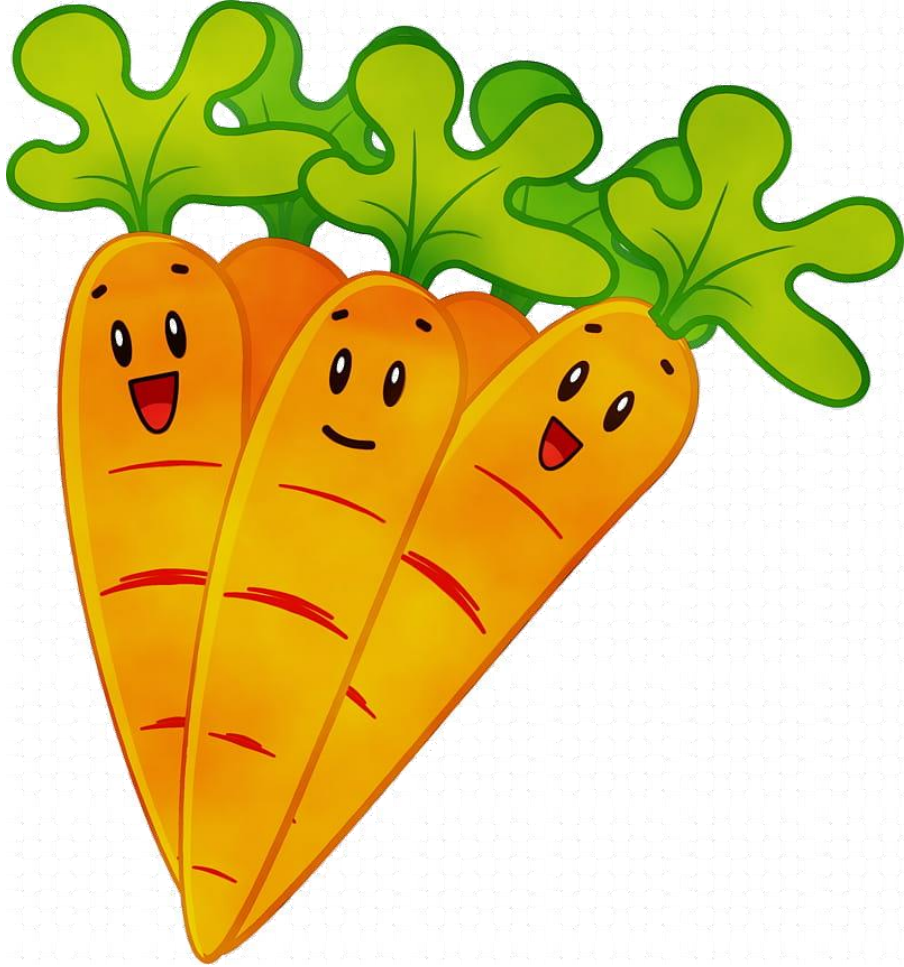


Onions



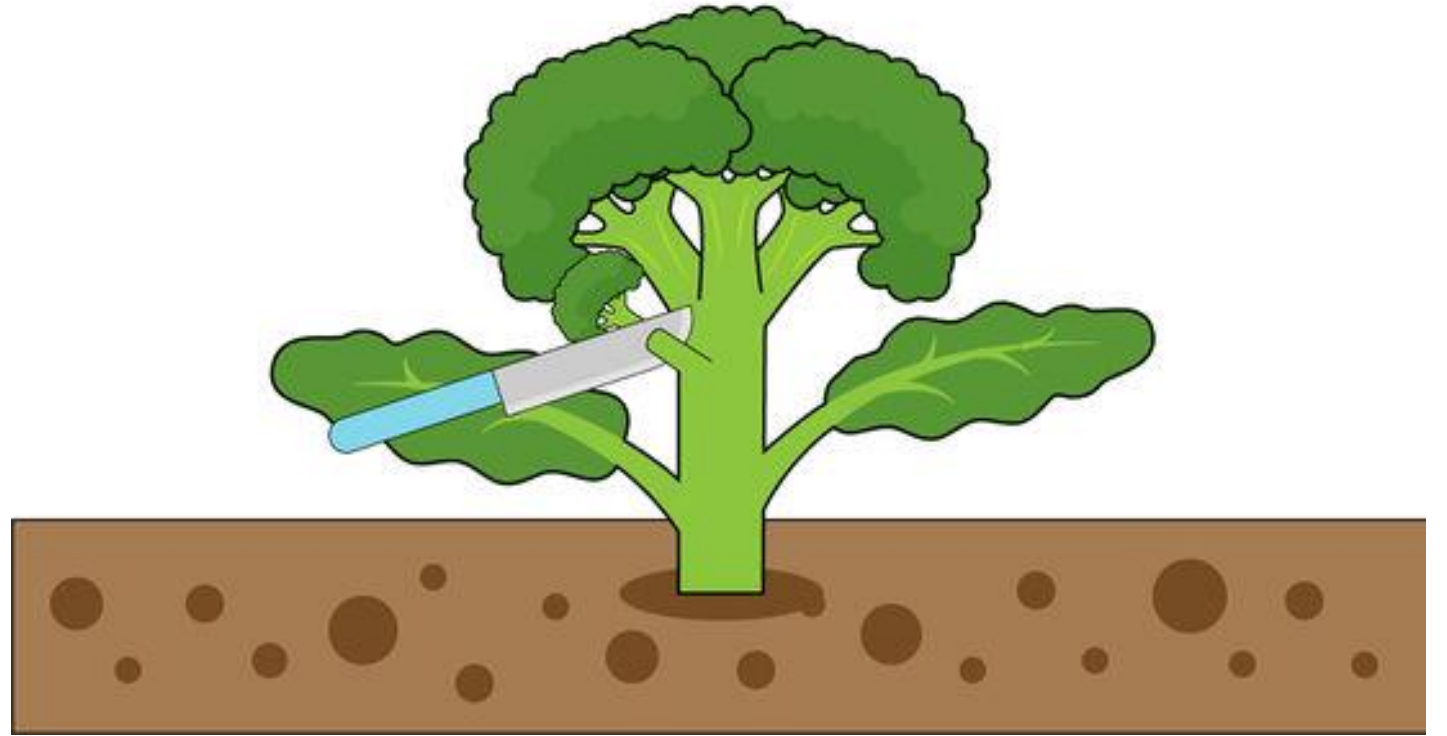
grow in the ground

Where do carrots come from?



Carrots grow under the ground

Where does broccoli come from?



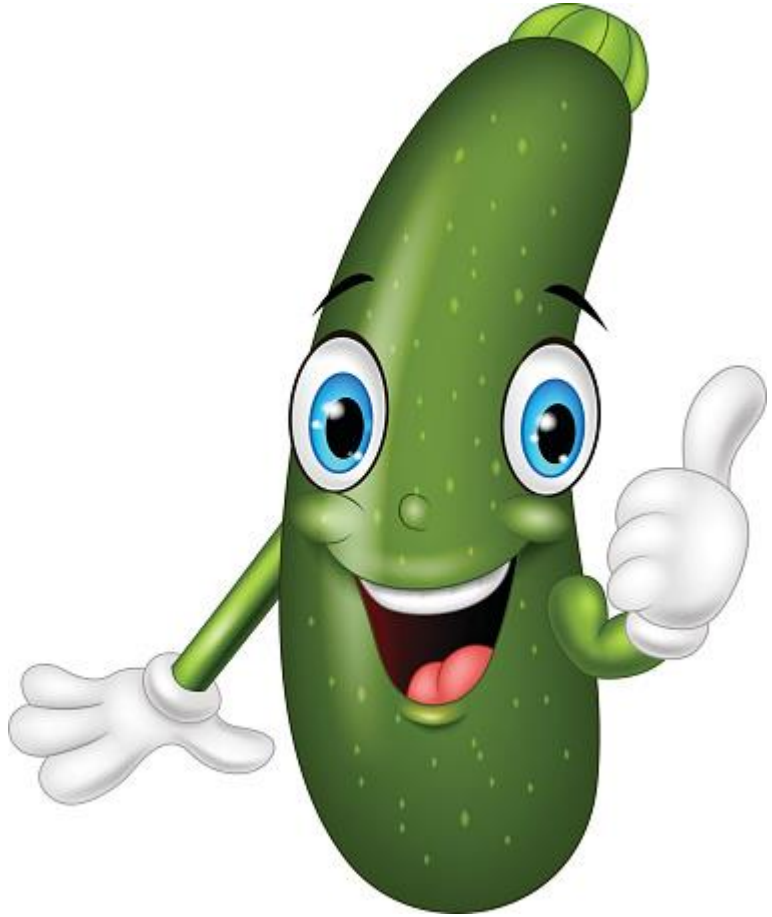
Broccoli grows above
the ground

Where does cabbage come from?



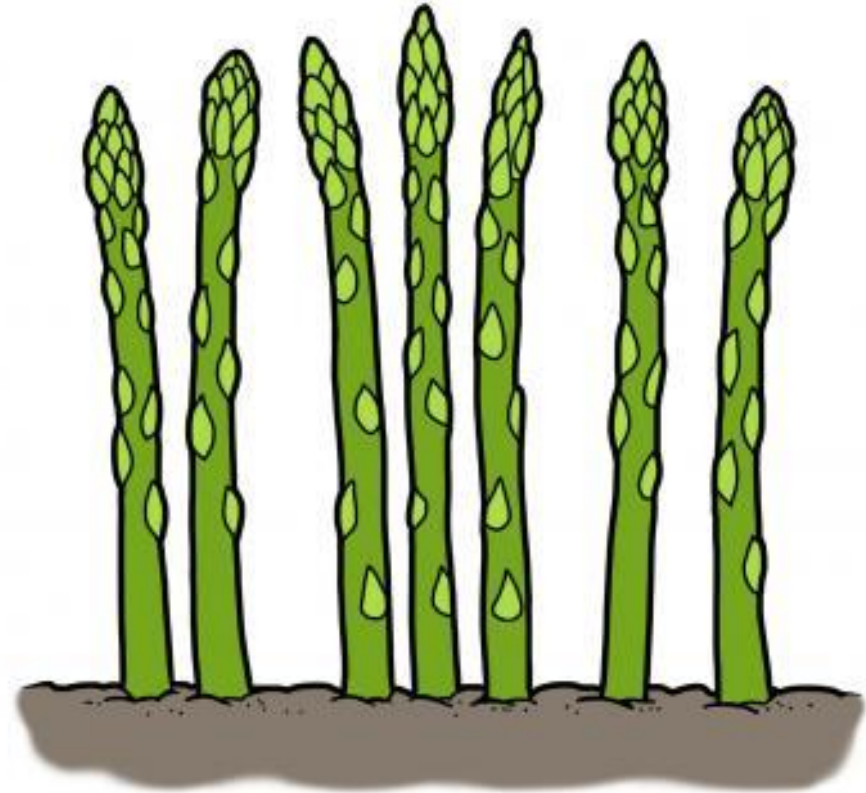
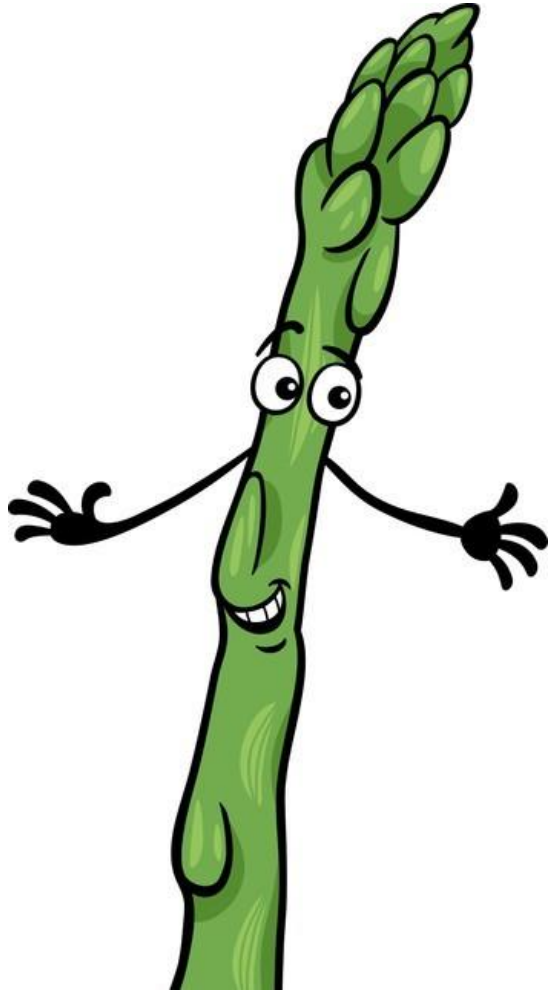
Cabbage grows above the ground

Where do courgettes come from?



Courgettes grow above the ground

Where does asparagus come from?

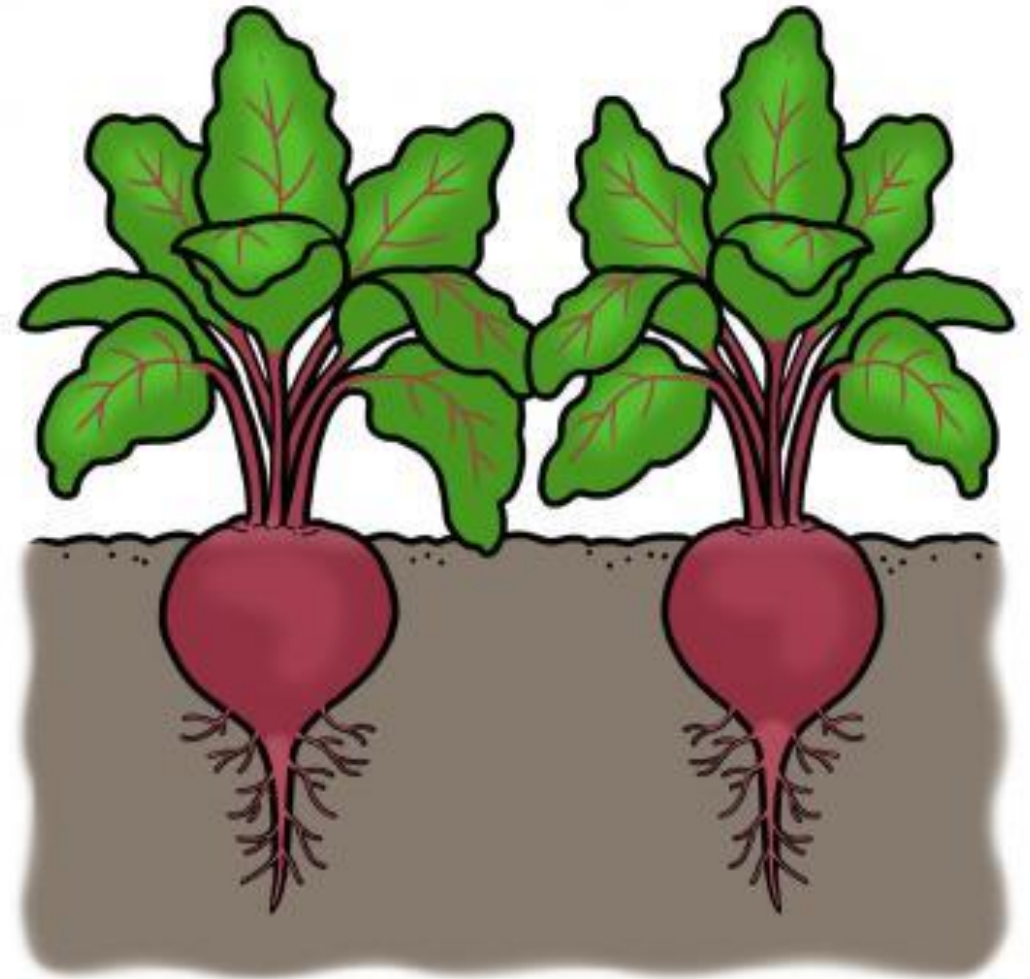


Asparagus grow above the ground

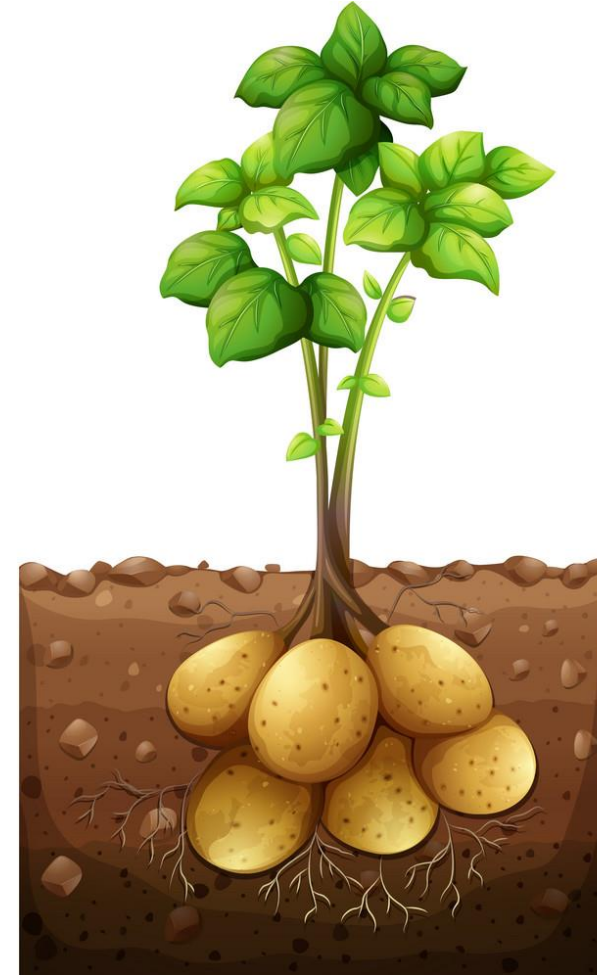
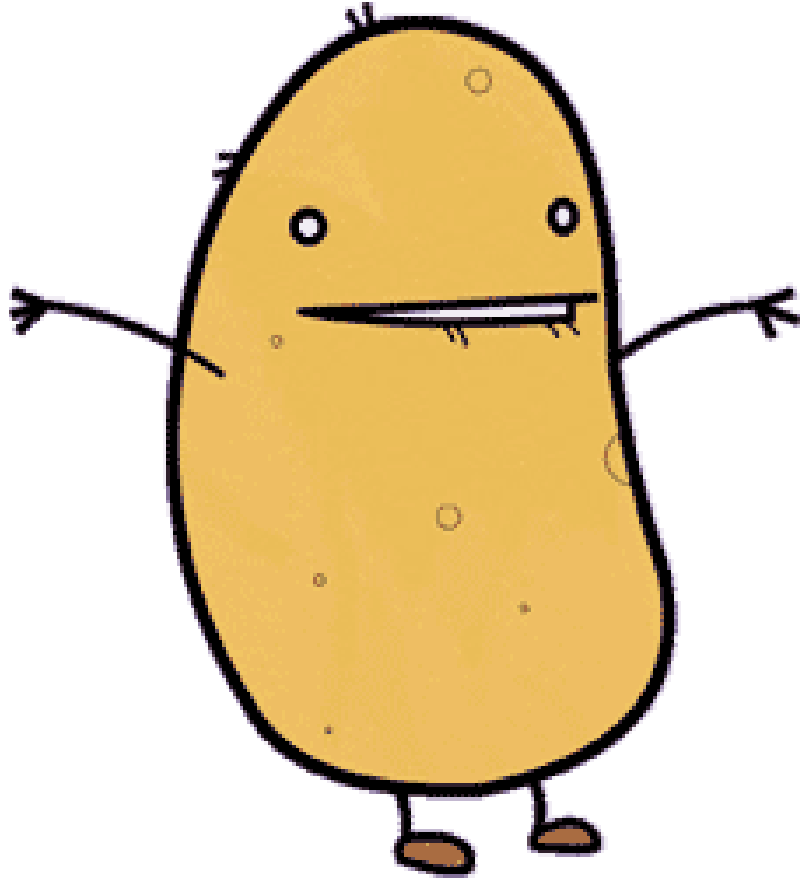
Where does **beetroot** come from?



**Beetroot grows
under the ground**



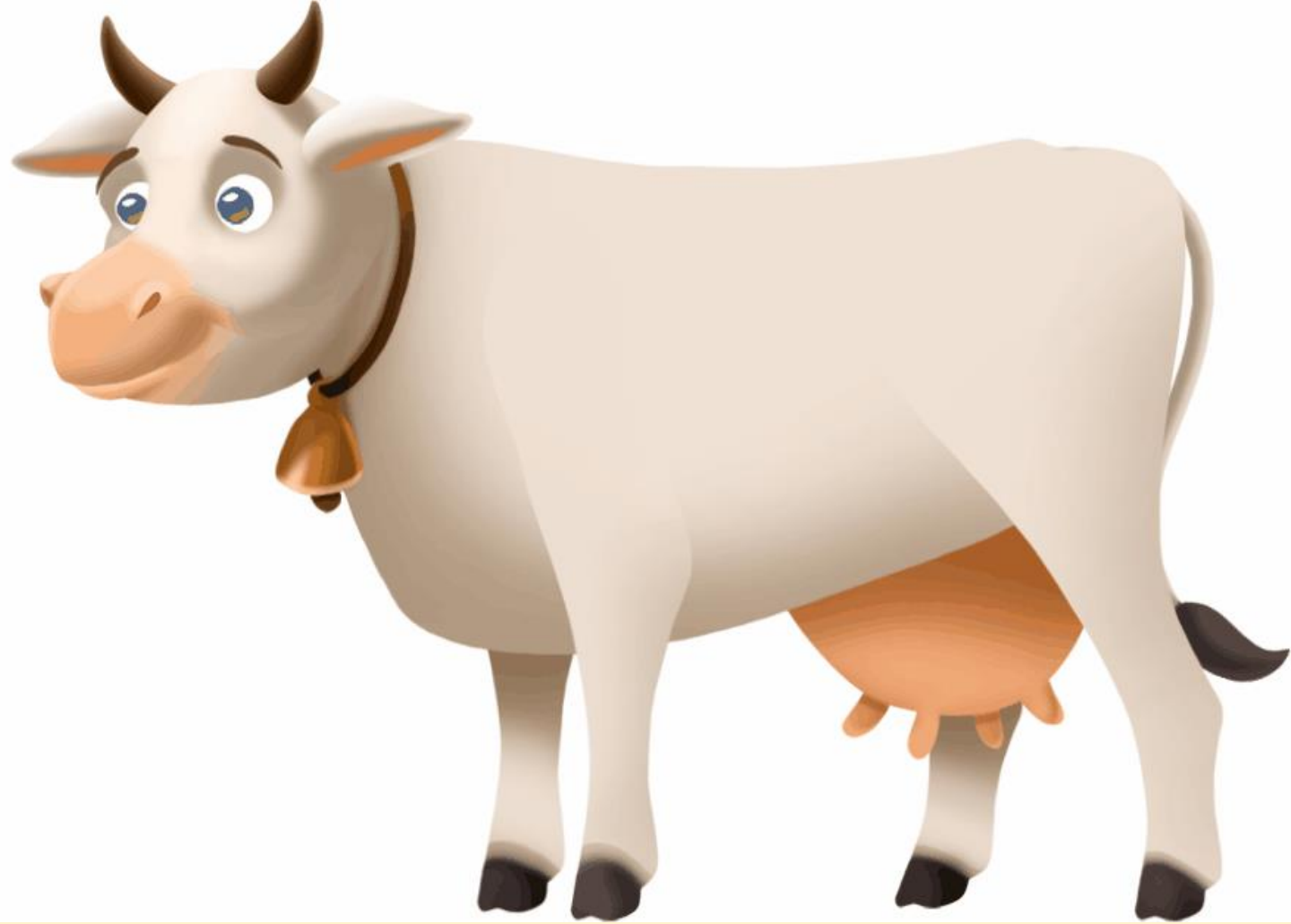
Where do potatoes come from?



Tubers

Potatoes grow under the ground

Animal sources of food



Milk, meat and eggs are the food products we get from animals

Cows

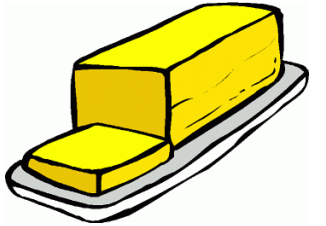


Milk

Cheese



Butter



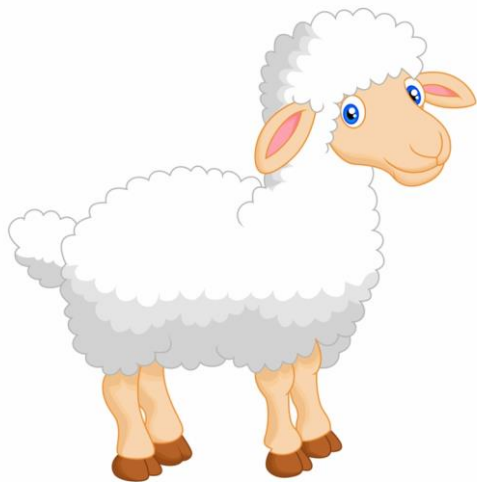
Ice cream



Yoghurt



Other animals



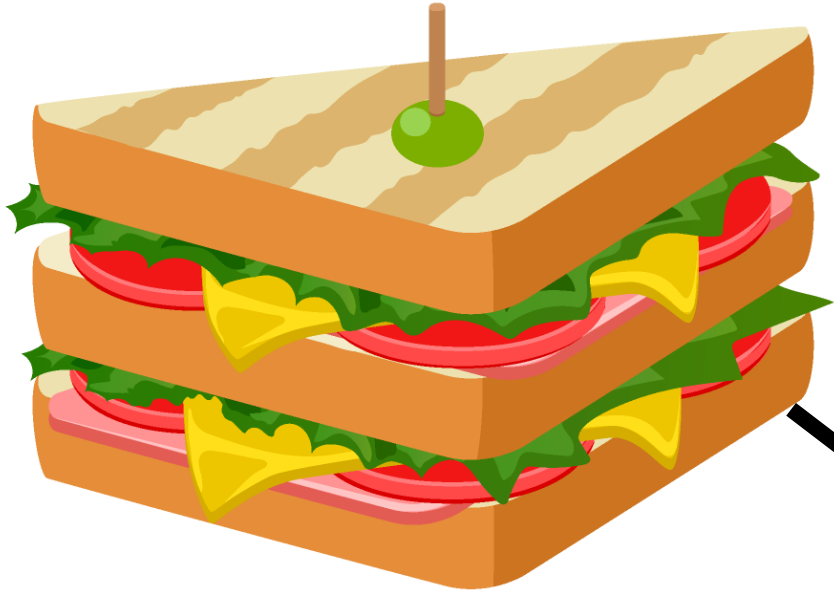
Chicken

Lamb

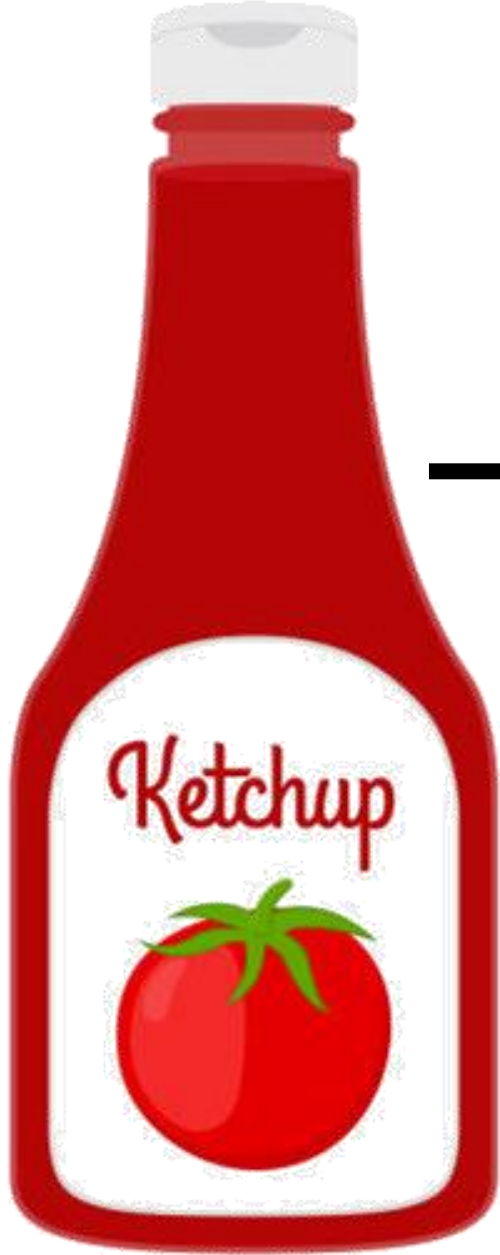
Pig

Fish

Activity time



Activity time



Activity time

