



AVANTI MEADOWS
PRIMARY SCHOOL



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Parent Newsletter 12.07.24

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This week's content



Message from our Head of School, Mrs Penney

Dear Avanti Meadows Families,

What a week - Y6 SATs results, Sports Day, 'Step Up' day... Phew!

I will start by saying a huge well done to our Year 6 and the staff team that support them. Their SATs results this year are really something to celebrate. All children did their absolute best and have made us very proud. Official grades will come to parents (electronically) when you get the end of year report. I can't believe that those children still have the energy to put on the end of term show, but I have had a sneak peak and we are really in for a treat this year with 'Cinderella and Rockerfella'!

As I write this, we have just completed the KS1 Sports Day and I am really excited to do it all again this afternoon with KS2. Our youngest pupils did really well this morning and we are so proud of their achievements. Blue Team were the winners, but it was very close!! Thank you to all the staff, parents and especially the pupils who made it a truly enjoyable event. Dad's did very well with the egg and spoon race and mum's were showing a lot of good technique with their javelin throwing too!

Our 'Step Up' day has been a great success. Children got a chance to meet and bond with their new teacher. Some children have new peers to make friends with this time too, as a few of our classes are being mixed up. I had a walk around and checked in with everyone; there were lots of smiles as children joined in with their activities.

Have a wonderful weekend.

Jennifer Penney

Head of School

Avanti Meadows Primary School

Weekly updates

Sporting achievement - congratulations!

On Sunday 7th July, Summer, a member of Oak Class, represented Hertfordshire in the East Region inter County Basketball tournament which was held at Colchester University. Team Hertfordshire

came 2nd and Summer was awarded All Star 5 - top 5 player of the tournament! We are very proud of Summer for her outstanding sporting achievement. Her dedication and positive attitude are wonderful to see. Well done Summer!

Miss Bradley

Phonics reading books to be returned

If your child is in Reception, Year 1 or Year 2 please can I ask that you have a thorough look at home to see if you have any Phonics reading books! We seem to be quite low on numbers! If these could be returned to your child's class teacher this week, we would be very grateful. Thank you for your support with this!

Miss Field

Brigade Uniform - Parents Direct Delivery

*Please be reminded that the deadline for uniform orders is 26 July, **Brigade Uniform***

Lost Property

Do come and claim your lost property items before the end of term - we will not be keeping items over the summer holiday period.



PE Days at Avanti Meadows



Reception: Elm Class - Tuesday & Wednesday & Friday (Field Friday)

Year 1: Hazel Class - Tuesday & Wednesday

Year 1/2: Chestnut - Tuesday & Thursday

Year 2: Cedar Class - Tuesday & Thursday

Year 3: Maple Class - Tuesday (Swimming) & Thursday

Year 4: Birch Class - Thursday & Friday

Year 5: Willow Class - Tuesday & Wednesday

Year 6: Oak Class - Monday & Wednesday

Dates for your diary: School Calendar



July 2024

- *Friday 12 July: Sports Day, Reception and KS1 AM and KS2 PM*
- *Saturday 13 July: PTA Summer Event (date change) **BOTH CHOIRS PLEASE MEET AT THE AFTERSCHOOL CLUB ROOM (OUTSIDE DOOR) AT 11.30am for a warm up. We will perform at 11.45-12.00. CHOIRS PLEASE WEAR BRIGHT COLOURS.***
- *Tuesday 16 July: Stay and Play session for New Reception families*

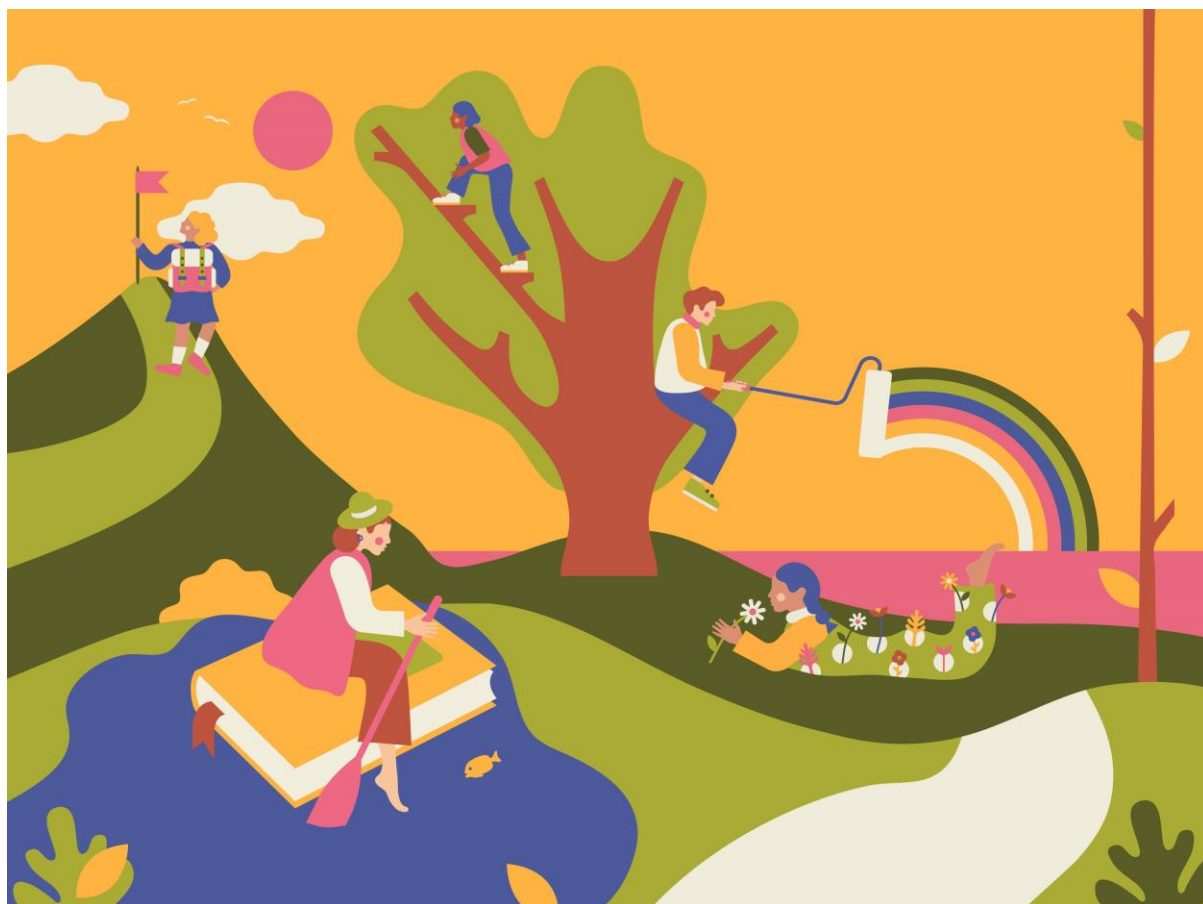
- *Tuesday 16 July - Yr5 (Maple class) and Yr6 (Oak class) School Production Show 1 (Parents and Carers Invited) 2:00 - 3:00pm*
 - *Tuesday 16 July - Yr5 (Maple class) and Yr6 (Oak class) School Production Show 2 (Parents and Carers Invited) 18:00 - 19:00pm*
 - *Thursday 18 July - Yr6 (Oak class) Leavers' Assembly (Parents and Carers Invited) 2:00pm - 3:00pm*
 - *Friday 19 July at 1.30pm: End of term (including Pre-School)*
 - *(INSET DAY 30th August)*
-
-

September 2024

FIRST DAY BACK FOR PUPILS - 2 September 2024 (staggered starts for Pre-School and Reception) - full uniform for all pupils please unless a PE day.

- *Monday 30 September to 4 October - Year 5 (Willow class) PGL Trip*
-

PTA events and reminders



Dear Avanti Families,

AVANTI FEST!

Saturday 13 July 11.00am-2.00pm

We are soo excited for our festival on Saturday and keeping everything crossed the weather is on our side! So far we have only had a few people pre-book and we would like to get people in as quickly as possible so if you are definitely attending please do consider buying your tickets in advance on PTA events we look forward to seeing you all there!

Please visit <https://www.pta-events.co.uk/avantimeadowspta/index.cfm?event=Shop>

To book tickets!

Any questions please contact us at avantimeadowspta@gmail.com

*Only children 2years+ require a ticket. Adults are FREE but **must** attend with their child (even those in Y6). Tickets are £5.00.*

Extra fundraising tools

We are affiliated with a couple of companies that will help towards our fundraising efforts.

Easyfundraising

A cashback shopping site that will pay us for you simply clicking to donate through selected retailers when online shopping this is of no cost to you, it is paid by the company you shop with based on the amount you spend! With a £5 sign up bonus and the chance to win £500 for the PTA we have made over £100 already! Check the details below on how to sign up.

STIKINS

A personalised label company will pay us 30% of whatever you spend ordering their fantastic stick on labels for school clothes and equipment! Check the image below on where to visit and don't forget our code at the checkout!

Thank you for your continued support.

Avanti Meadows PTA

avantimeadowspta@gmail.com



Child Ticket £5
Adults &
UNDER 2's FREE

Available online or on the day

Games Tokens

10 for £5

20 for £10

Available on the day only

Scan QR code to book



www.pta-events.co.uk/avantimeadowspta

Onsite parking permitted

Avanti Meadows PTA



Who we are and how can you get involved

We are a small friendly group who are always happy to stop and chat, our dedication in our first year has proven highly successful and we are beyond excited to be finally putting funds into the school to further enrich the children's experiences and resources at school.

Parentkind
Member Association

Did you know?

Throughout the country, 3.9mil children benefit from having a PTA in their school.

In our first year we have raised approximately **£6500!!!**

Things funds are being spent on

1. Yr 6 leavers Hoodies
2. Book vouchers for WBD
3. New library books
4. Transport for Yr 2 trip

We have been totally amazed at the growing response to our fundraising efforts this year.

We have put on discos, a movie night, wreath making, Raffles, an easter egg hunt, reading challenge and an upcoming summer festival!!

A class communication rep for Reception 24/25 needed!

MEET THE TEAM!



Charlotte
Chair



Guluzar
Treasurer



Kelly
Secretary

Why not get involved?!

We have parents who work full time, part time, or not at all. So don't be put off if you feel you don't have the time, or unsure what to expect, there is so many ways in which parents can help. From being a helping hand at the odd event, attending meetings and sharing ideas, to taking up a distinguished role within our PTA. We have several positions available, if you would like to find out more please do speak to us, and we would be happy to share more information with you. If a role is not for you, but you would like to volunteer at our events, or help with preparations for them, we welcome any and all, time and skills parents can dedicate to us. It is a great way to meet other families, and build community connections, that will be with you and your child, throughout their schooling years.

GET IN TOUCH!

If you would like anymore information then please contact:

Charlotte Collison
Chair of AMPTA

Avantimeadowspta@gmail.com

CAUSE PAGE QR CODE

Avanti Meadows PTA Stortford





Raise FREE funds for Avanti Meadows PTA
Stortford with your everyday shopping

Support us

£105 raised so far

10 supporters have joined

+ VOLUNTEERS NEEDED

We are looking for parents to
volunteer their time, knowledge,
creativity and supervision to the
PTA.



WHY JOIN THE PTA?

- BE A ROLE MODEL FOR YOUR KIDS
- HAVE A VOICE IN CREATING A SAFE, CHALLENGING AND INSPIRING SCHOOL ENVIRONMENT
- CONNECT WITH OTHER PARENTS
- STAY INFORMED
- FLEXIBILITY TO YOUR AVAILABILITY
- WE HAVE GREAT FUN PLANNING AND EXECUTING EXCITING EVENTS

EMAIL US

AVANTIMEADOWSPTA@GMAIL.COM

STIKINS® Name Labels

MILLIONS IN USE

SUPPLIED SINCE 2003



One easy name label with multiple uses for all kinds of personal items, including clothes and shoes.

Stikins®
Actual Size



Only apply Stikins onto the wash-care label of clothes, never directly onto the fabric or any other label.

Packs	2024	Prices include
120 STIKINS® Name Labels - N120	£16.20	VAT & UK delivery
60 STIKINS® Name Labels - N60	£13.50	
30 STIKINS® Name Labels - N30	£7.80	

We print labels every working day up to 3pm & send them out same day by first class post.

Order online at www.stikins.co.uk - Pay by Credit/Debit Card, PayPal, or Apple Pay
Order by phone on 01270 668076 - Pay by Credit/Debit Card

Fundraising Number
36536

If your school has a fundraising number, please use it when you order. (Schools earn 30% commission)

Reminders



Arrangements for September 2024

The last few months have seen us working with the Trust and Herts CC, agreeing to open further classrooms in September 2024 - there will be an additional Reception class (Ash Class) and an additional Y3/4 mixed age class (Sycamore Class). I sent a letter out to all parents earlier this week. I have also sent a Q&A to all parents of Reception and Year 1 children , who will be moving into Years 1&2. We have attached them both here as well.

September 2024 - Teaching Update

Questions and Answers surrounding KS1

Our school continues to grow rapidly - this year, we have welcomed over 100 children and families to Avanti Meadows. We expect to welcome another 100 next academic year. As a result, we have to continue to evaluate our procedures and systems in school to meet the needs of a growing community. To this end, in discussion with the Trust and the site team, I have made the decision to change arrangements for the collection and drop off from September 2024. Please do read the letter carefully and you will need to consider the changes that may affect you and your child.

It is an exciting time for us all to see the community growing so quickly.

Pupil Photos and Social Media

Please be reminded not to share any photos on social media, if they contain children other than your own.

Uniform

We understand that this is not a great time of year to invest in new school shoes, etc. however please note that from September every child is expected to be in full uniform including proper black school shoes, logo jumper or cardigan, proper school trousers/skirt, etc. No hoodies can be worn unless it is a PE day. The standard of uniform has really slipped this year and we want to get back on track - please purchase your items so they are ready for September. Remember that a tie must be worn once children are in Year 6. Please prepare your child for this before they come back after the summer holidays. We will be reminding children and giving you a call to discuss this in September, if there are any issues regarding uniform. Thank you for your support - we really want to be a smart and well presented school. On the subject of uniform, there are at least 50 navy jumpers/cardies in lost property! Please do take a look.

Brigade Uniform Suppliers - for delivery before the start of the new school term please ensure orders are placed by 26 July.

A few uniform reminders:

-
- Earrings- small studs only and these will have to be removed for PE.
 - No Smart watches please

- *No trainers unless a PE day, Black school shoes are required for all year groups.*
 - *Y6 to wear a tie.*
 - *I have allowed the Y6's to wear their 'Vedanta' Hoodie but only on PE days please.*
-
-

Thank you for your support.

Home Start Hertfordshire - Pathway to Work - Volunteer with us!

Looking to return to work? Interested in a career working with children and families? Please find further information in the poster added below.

Birthday Party Invitations

We have had a number of children upset recently about birthday party invitations. It might seem a silly thing, but when you are a child, a party invitation can mean the world! We hope you all enjoy wonderful birthday celebrations but we ask that you are mindful of how and when you give out invitations. Please do it in a way that is sensitive to those who have not been invited. Many thanks for your support.

Reports

Teachers are busy writing the end of year reports for all our pupils and these will come to you on the 12 July. They are being sent electronically this year and will be sent in batches, so please don't worry if yours doesn't arrive at the same time as someone else's. They should all be released by 6pm. I look forward to reading them before they come to you - there is so much much we can celebrate.

Punctuality

Please make sure your child is in school by 8.25am - we are seeing an increasing number of pupils arriving late, which really impacts on learning and how children settle in and get ready for the day ahead. Thank you everyone.

Water bottles

Please ensure your child comes to school with a filled water bottle. We encourage children to drink water throughout the day as it helps to keep children healthy and also helps them to concentrate. Please avoid any bottles that spray water mist - these are not suitable for school. Thank you for your support.

School Uniform

For the last half term before we break for the summer holidays, please help us by making an effort with correct school uniform. We are increasingly noticing that children are coming in wearing non uniform items, jewellery, colourful trainers, nail varnish etc.

If you need to replenish uniform, please do make sure you buy from our suppliers with the Avanti logo for specific items .

End of term change

Please be advised that the end of term finishes on Friday 19 July at 1.30pm this is for the entire school including Pre-School. Thank you for your understanding.

Art Competition

Please find attached information regarding an exciting creative opportunity!

*CPRE Hertfordshire has launched its Children's Art Competition 2024 for all primary school children in Hertfordshire. The theme this year is: **Why I love the Hertfordshire Countryside.***

The closing date for entries is Friday 12th July!

Art Competition

Enjoy getting creative!

Mrs Devey

Reception (Elm Class) - changes to daily drop off/collection arrangements

*From Tuesday 4 June 2024 Elm class will enter the school through the doors into the main school hall.
This is to ensure a smooth transition into Year 1. Please find further details attached:*

[*Getting ready for Year 1*](#)

[*Presentation from Miss Hewitt*](#)

SPF sun cream and sun hats

Do remember to apply a strong, long lasting SPF product before school as the weather warms up and ensure the children have an appropriate sun hat with them in school.

***Avanti Meadows: First Ofsted rating for Bishop's Stortford primary school at St Michael's Hurst is
'good with outstanding features'***

Please see attached:

[*Bishop's Stortford Independent - published 30 April 2024*](#)

Extra Curricular - Summer Term 2

Please find the summer term timetable of extra curricular clubs attached.

[***Extra Curricular Clubs Summer 2***](#)

New Collection Arrangements

A reminder, please, when driving into the school grounds, the 5mph speed limit must be adhered to at all times.

New Collection Arrangements

The Avanti Way

The Avanti Way is the route map for the Avanti family of schools. It sets out our purpose and vision, to make clear our highest expectations and commitment to inspiring spiritually compassionate changemakers. Please read more here: [The Avanti Way](#)

Lunch Bookings - ParentPay

*Please be reminded that lunches must be booked a minimum of 48 hours in advance. Our catering providers **are not** able to accommodate meals selected/requested on the day. When a meal has not been pre-booked your child/children will be offered a jacket potato only. Please see guidance for booking meals [ParentPay How to book a meal](#).*

To support the catering services, we would kindly ask that you inform your child about their meal selection as we often have children who are refusing to eat the meal chosen for them.

Spring & Summer Menu 2024

Parent donations - old school uniform

Please can we kindly request donations of school uniform items, PE Kit and socks. We wish to keep a stock of clothing in school. Please can you hand any donations into the school office. We also kindly ask that if your child is sent home in a change of clothes from our spares that these items are washed and returned to the school office.

Communication with school and Email

There are always times when you as parents are keen to contact the school for many different reasons. Email is the quickest way to share information - there are four members of staff who cover the office inbox, including me. Please do not email staff directly as they are in class all day, and it will delay a response to you. Please use avantimeadows@avanti.org.uk

We do receive a large number of emails every day, so if the message is not deemed as urgent e.g. safeguarding, then it can take up to 48 hours to respond.

You can call the office, of course, on 01279 598575, and Mrs Anna Restivo will be happy to help.

School Office

We are always happy to deal with any queries at reception but can we kindly request that any non urgent queries are made after 10.30am please. The office is extremely busy between 8.00 and 10.30am as we complete important daily safeguarding processes, attendance registers and lunch orders. We appreciate your consideration. Please be reminded that the school office will open at 8.20am each Monday.

School Website

We are working to update the Meadows website so that it can be a source of information for you as parents as well as other people in the community and prospective parents. We have added a calendar page, updated the Pre-School information and we will be overhauling the curriculum information as well as many other pages. If you have any suggestions that you feel would be useful, please do email them to me through the school office.

PATHWAY TO WORK Volunteer with us!



**Looking to return to work?
Interested in a career
working with children
and families?**

**Gain new skills and build on your experience
by volunteering for Home-Start Hertfordshire**

Be a Volunteer Family Mentor and help build brighter futures for children – and we will support you on your Pathway to Work. **It's a win win!**

Your free training will include:

- **Safeguarding & confidentiality**
- **Communication & values**
- **Meeting the needs of children**

We can also offer you a reference* and support with writing your CV. We are an inclusive charity and value a diverse volunteering workforce.

* Subject to a minimum of six months volunteering



**FREE
TRAINING
COURSE**



"If anybody is looking to do some volunteering I would recommend Home-Start without hesitation. As a volunteer you support the family – but Home-Start supports you."
HSH Volunteer Family Mentor

Contact us today for more information:
For an informal chat about this opportunity please call us on 01438 367788 or email admin@home-startherts.org.uk
www.home-startherts.org.uk

**HOME
START**
Hertfordshire



What's on.... / Club Information

Extra Curricular / Holiday Clubs

Premier Education Summer Camp at Avanti Meadows

Multi-Activity Holiday Camp

Avanti Meadows Primary School

22nd July 2024 - 16th August 2024

Times: 08:45-16:00

Age Range: 4-11

Please see booking link below.

Premier Education Multi-Activity Holiday Camp

Woodland Rangers

Forest School experience based in Millennium Woods, near Bishop's Stortford. Please see attached flyer.

 @woodlandrangers
  @woodlandrangersuk
  www.woodlandrangers.co.uk

Woodland Rangers


Forest School experience based in
 Millennium Woods, near Bishop's Stortford, East Hertfordshire.

What do we offer?

Mini Muntjacs Stay and Play Baby sessions Birth to moving 1 year olds	Woodland Squirrels Stay and Play sessions Toddlers to 5 years	Exploring Rabbits Home Educated Club 5 to 11 year olds
--	--	--


Woodland Rangers Holiday Clubs Half Term/Summer School	Woodland Rangers hosted Parties and private bookings
--	--





Scan to book

Pre booking essential, scan below to book
 Visit our website to find out more
www.woodlandrangers.co.uk



Scan for further information

Medical and Welfare



Public Health Nursing Team Newsletter - Summer 2024

Please see School Nursing Team Newsletter attached.

Welfare and Medical Officer - Cathy McLornan

Please be advised that Mrs McLornan is our Welfare and Medical Officer, who has responsibility for providing the following:

Emotional Support

Child Protection

Health and Well-being Programs

Administration of Medication, Illnesses, Health Care Plans and First Aid

Mrs McLornan can be contacted via the school office, avantimeadows@avanti.org.uk

Hertfordshire Family Centre Service

Want to know more about the Public Health School Nursing team in Hertfordshire? Check out platforms available in the poster attached.

ELSA - w/c 4th March

We will be running intervention sessions for children to provide additional Emotional and Literacy support assistance (ELSA). These session will commence after half term w/c 4th March. The sessions will be weekly, both group and 1:1. Please see attached for further information.

Mrs Maher

ELSA - Emotional Literacy Support Assistant

Parenting Sessions

Please be reminded that after half-term Hertfordshire Family Support Services will be running parenting classes at Avanti Brook Primary School. If you feel that you would like to attend, please register with Herts Family Support Services using this link:

[Register with Herts Family Support Services](#)

Here is a link to the Hertfordshire Family Centre website if you wish to have a look and see what other services they may have on offer:

[Hertfordshire Family Centre Service](#)

Attendance - Is my child too ill for school?

*Please see the NHS guidance **[NHS Is my child too ill for school?](#)***

Measles Information

Cases of measles are currently increasing in England. Children who missed the MMR jab as part of the childhood vaccination schedule can catch up at any time. Please contact your GP surgery for assistance.

Measles usually starts with cold like symptoms, runny nose, cough, conjunctivitis and a high fever may develop along with spots in the mouth. The distinctive rash of measles begins around day 3. A rash of flat red or brown blotches appear, beginning on the face, behind the ears and spreads across the body.

*Any child thought to have measles **should not be** sent into school. Please contact your GP surgery or NHS 111 to seek advice over the phone. Please click the attached for further advice:*

[Measles - NHS \(www.nhs.uk\)](http://www.nhs.uk)

Medical information / Immunisations

We would kindly request that the immunisations information for your child/children within Arbor is completed and kept up to date. This area can be completed from your Arbor parent accounts. If you have any issues accessing your accounts, please contact Miss Charlotte Hall.

Changes to contact details / family circumstances

Please be reminded that parent contact details, i.e. phone numbers, addresses, emails and collection arrangements need to be up-to-date and current within our school management information system, Arbor. If you have any changes/updates please ensure you either enter these into Arbor directly, or, you contact the school office to advise of any changes. Please also be reminded that any changes to family circumstances must be shared with the school, either the class teacher or directly with the school office.



Hertfordshire
Family Centre
Service



School Nursing Summer 2024 Public Health Nursing 5-19 Team Newsletter

Welcome!

How to contact us:

School Nursing Duty line:

0300 123 7572

(Mon-Fri 9am-5pm)

Our referral website (see QR code) also has information about our service.



Please see below our Workshop link, with lots of advice and support on children's emotional health, and more:

<http://ow.ly/Qn9G50K17f>^[1] ^[2]

A fun and interactive website for children to access health information, with also information for parents available.

www.healthforkids.co.uk

Five ways to wellbeing Herts:

<https://ow.ly/m91a50SsGJu>^[3] ^[4]

Positive ways to support children's mental health

- Encourage children to openly talk about their thoughts and feelings.

- Being worried is normal, but encouraging children to come up with ideas to challenge these thoughts and feelings will build their confidence.
- Keeping physically healthy by exercise, getting the right amount of sleep and striving to have a healthy diet and drinking lots of water can help to support children's mental health
- Praise encouragement and motivating children helps to support their self-esteem.

More information here:

www.youngminds.org.uk/parent/how-to-talk-to-your-child-about-mental-health^[33]
^[34]^[35]^[36]^[37]^[38]^[39]^[40]
^[41]^[42]^[43]^[44]^[45]^[46]^[47]
^[48]^[49]^[50]^[51]



Sun Safety - 5 Top Tips

- Stay in the shade when possible when the sun is strongest (11am - 3pm from March October)
- Children should wear at least sun factor 30+ sunscreen.
- Water washes sunscreen off. Water reflects ultraviolet rays, increasing sun exposure. Sunscreen should be reapplied straight after being in water, even if it's "water resistant", after towel drying, sweating or when it may have rubbed off.
- Children should wear suitable clothing and sunglasses in the sun, such as a hat and sunglasses.
- Drink lots of water.



For more useful tips:

www.bbc.co.uk/cbeebies/watch/sun-safety-for-kids^[6]
^[9]^[10]^[11]^[12] ^[13]

www.nhs.uk/live-well/seasonal-health/sunscreen^[14]
^[15]^[16]^[17]^[18]^[19]
^[20]^[21]^[22]
^[23]^[24]^[25]^[26]



Water and Hydration

Staying hydrated is important, even more so in the summer months.

Being hydrated means giving your body water to help it work properly.

Most people should be drinking about 6-8 cups of water a day. Children under 8 years should drink 4-6 cups. Drinking more on hot days is important, as our bodies lose more water when we sweat.

Drinking with every meal and keeping a water bottle with you throughout the day is the easiest way to add more water into your day.

Learn more about why water is important:

www.bbc.co.uk/bitesize/topics/zjr8mp3/articles/zj8nxbk^[27] ^[28] ^[29]

Who we are

Your School Nursing Team in Hertfordshire is made up of different team members: School Nurses, Community Nurses, Associate Public Health Practitioners, School Nurse

Transition to a new class/school

Going to a new class or a new school can be exciting and challenging. It may help to:

- See the new classroom, becoming familiar with the new school and how to get there.
- Talking through with children who their support network, in school and at home are.
- Talk through your child's personal strengths, what they are good at, understanding strengths make change easier to cope with.

For 10 top tips and further information:

www.youngminds.org.uk/professional/resources/supporting-school-transitions^[52]
^[53]^[54]^[55]^[56]
^[57]^[58]^[59]

Assistants and Children's Wellbeing Practitioners.

As a team we offer support with emotional health issues, support for young carers, wetting and soiling concerns, sleep, long term and chronic health issues. We complete Growth, Vision, and Hearing checks in Reception and your Child's height and weight is measured again in year six in line with The National Child Measurement Programme.

We provide schools with a questionnaire to send out to Reception parents/carers and follow up with any advice needed and complete a questionnaire with year 6 pupils in school and offer follow up support if required.

Please see our animation for more information: [https://](https://youtu.be/7RoTkp3vkB0)^[30]

youtu.be/7RoTkp3vkB0^[31] ^[32]



Hertfordshire
**Family Centre
Service**



Want to know more about the Public Health School Nursing team in Hertfordshire?

Check out our platforms:



<https://www.hertsfamilycentres.org/info-and-advice/parents-and-mums-to-be/school-nurses.aspx#>

www.hct.nhs.uk/our-services/school-nursing



07480 635 050

Confidential text message service ran by the school nursing team for 11-19 year olds. Text in any health and wellbeing concerns



@hct_schoolnursing

@teenhealth.hct



@HCT_SchoolNurse



🔍 Hct SchoolNursing



www.healthforkids.co.uk/hertfordshire



www.healthforteens.co.uk/hertfordshire



School nursing duty number

0300 123 7572

9am – 5pm Monday to Friday
(excluding bank holidays)

ORAL HEALTH FOR CHILDREN

WHAT IS TOOTH DECAY?

The hard outer surface of a tooth is broken down or damaged by bacteria and acid making holes in the teeth, called cavities. It can cause pain and infections, and cause problems with eating, speaking, playing, learning, smiling and socialising. Tooth decay occurs when foods and drinks with sugars and starches are left on the teeth.

- Tooth decay is the most common reason for hospital admission in children aged 6-10
- Children with poor oral health have an increased risk of damage to adult teeth



There were 26,000 hospital admissions for children needing dental extraction in 2014 - 2015 (study carried out every 10 years)

REDUCE THE RISK OF TOOTH DECAY

- Take your child to the dentist when their first milk teeth appear
- Brush teeth twice a day with fluoride toothpaste - no rinsing
- Support children under 7 with brushing
- Children should see a dentist yearly at least
- Children should have fluoride varnish at each visit (which is free)

WHERE TO ACCESS A DENTIST

Scan the QR code or search "Find a dentist" for the NHS website.



Dental care is free for children and young people aged 0-19 years old.

TOP TIPS ✨

- Brush teeth in the morning and at bedtime for 2 minutes with fluoride toothpaste
- Use a pea-sized amount of toothpaste
- Spit out after brushing and don't rinse, otherwise the fluoride won't work as well
- Fizzy drinks, fruit juices and sugary snacks should be limited to mealtimes ✨

HOW TO MAKE IT FUN

- Everyone can brush their teeth together - why not try a staring contest?
- Brushing to the beat - why not brush to your favourite song?
- Go electric?
- Use a timer - see who gets to two minutes without stopping



think measles

It's not just a kids' problem

Teenagers, young adults and anyone who has missed their MMR vaccination can get measles.

Symptoms such as:

- high fever
- rash – sometimes starting around the ears
- sore red eyes
- cough
- aching and feeling unwell

Remember, if it could be measles – they need to be in an area where they cannot pass the infection to vulnerable patients such as the immunocompromised and pregnant women.

For more information go to
www.nhs.uk/vaccinations

immunisation

Helping to protect everyone, at every age





**Want to know more about the
Public Health School Nursing
team in Hertfordshire?**

Check out our platforms:



<https://www.hertsfamilycentres.org/info-and-advice/parents-and-mums-to-be/school-nurses.aspx#>
www.hct.nhs.uk/our-services/school-nursing



07480 635 050

Confidential text message service ran by the school nursing team for 11-19 year olds. Text in any health and wellbeing concerns



@hct_schoolnursing
@teenhealth.hct



@HCT_SchoolNurse



🔍 Hct SchoolNursing



www.healthforkids.co.uk/hertfordshire



www.healthforteens.co.uk/hertfordshire



School nursing duty number

0300 123 7572
9am - 5pm Monday to Friday
(excluding bank holidays)

Celebrations



Celebration Friday

Hazel (Year 1):

- *Maddie K - Writer of the Week*
 - *Lillie-Mae M - Leaner of the Week*
-

Chestnut (Year 1/2)

- *Mara M - Leaner of the Week*
 - *Eddie D - Writer of the Week*
-

Cedar (Year 2):

- *Talia T - Writer of the Week*
 - *George T - Learner of the Week*
-

Maple (Year 3):

- *Valerie S - Writer of the Week*
 - *Reyansh M - Leaner of the Week*
-

Birch (Year 4):

- *Lilly-Rose H - Writer of the Week*
-

- *Dhananjay K - Learner of the Week*

Willow (Year 5):

- *Njeri K - Writer of the Week*
 - *Gracie S - Learner of the Week*
-

Oak (Year 6):

- *Summer P - Learner of the Week*
 - *Blake TJ - Writer of the Week*
-

Term Dates



Term Dates 2023-24

-
- *Summer Term 2024*
-

Half term: Monday 27 May - Friday 31 May

*Monday 3 June - INSET DAY (5) - **school closed to pupils***

Friday 19 July at 1.30pm: End of term (including Pre-School)

Term Dates 2024-25

• **Autumn Term 2024**

*Friday 30th August - INSET DAY (1) - **School closed to pupils***

Monday 2 September - Friday 13 December at 1.30pm

Reception and Pre-School staggered start (dates tba)

Half Term: Monday 21 October - Friday 1 November 2024

*Monday 4 November - INSET DAY (2) - **School closed to pupils***

• **Spring Term 2025**

Monday 6 January 2025 - Friday 4 April 2025 at 1.30pm

*Friday 31 January 2025 - INSET DAY (3) - **School closed to pupils***

Half Term: Monday 17 - 21 February 2025

• **Summer Term 2025**

Tuesday 22 April 2025 - Friday 18 July 2025 at 1.30pm

Half Term: Monday 26 May 2025 - Friday 30th May 2025

*Monday 2nd June 2025 - INSET DAY (4) - **School closed to pupils***

*Monday 21 July 2025 - INSET DAY (5) - **School closed to pupils***

Job Vacancies



Teaching Assistant for the Specialist Resource Provision - Avanti Brook Primary School

Contract Type: Permanent

Hours: Full time

Salary/Grade: See advert details

For further information click here: [Teaching Assistant - Special Resource Provision](#)

Closes: 15 July, 2024 at 11:59pm

Contact Us



AVANTI MEADOWS

Excellence · Virtue · Devotion

Mrs Sally Allan is Executive Principal for Avanti Brook & Avanti Meadows Primary Schools

Mrs Jennifer Penney is the Head of School

Mrs Alison McCulloch is Inclusion Lead for the Bishop Stortford Avanti Schools

Mrs Claire Maher is SENCO for Avanti Meadows and Avanti Brook Primary Schools

Mrs Palak Elavia is our Area Business Support Manager, Bishops Stortford Hub

Mrs Sam Ansell is PA to the Executive Principal

Miss Charlotte Hall is our Senior Administrator and will answer queries about admissions

Mrs Anna Restivo is our School Receptionist

Mrs Cathy McLornan is our Welfare, Medical and Attendance Administrator

Mrs Angeline Taylor is the Administration Assistant for Pre-School enquires

Our contact email address is avantimeadows@avanti.org.uk

Avanti Meadows Primary School

Farnham Road

Bishops Stortford

CM23 1FQ

01279 598575

avantimeadows@avanti.org.uk

Visit us on the web at <https://avanti.org.uk/avantimeadows/>

More information about Avanti Schools Trust can be found here: <https://avanti.org.uk/>

Social Media Accounts: Avanti Meadows

Please do follow us on the following accounts:

Facebook: www.facebook.com/AvantiMeadows

Instagram: https://www.instagram.com/avanti_meadows/

Twitter: <https://twitter.com/AvantiMeadows>