

Relationships, Sex & Health Education (RSHE)  
From September 2020

Information for parents and carers

Welcome!

# School and home partnership

**We aim to inform you  
of:**

- **the school's legal obligations on Relationships and Sex Education (from 2020)**
- **your rights as a parent/carer**
- **how, what, why and when we intend to teach children**

# September 2020 onwards in Primary Schools (England)

After September 2020,

## Legally:

- Schools **MUST** teach the Science curriculum
- The DfE guidance 2019 states that Relationships and Health Education (including changing adolescent body) are compulsory

Plus...

- a **'recommendation'** that all schools have a Sex Education Programme
- How schools do this is left up to them.



## What does the recent review by Ofsted relating to RSHE in schools state?

Children and young people were rarely positive about the RSHE they had received. They felt that it was too little, too late and that the curriculum was not equipping them with the information and advice they needed to navigate the reality of their lives.

Because of these gaps, they told us they turned to social media or their peers to educate each other, which understandably made some feel resentful. As one girl put it, 'It shouldn't be our responsibility to educate boys.'

Ofsted Research and analysis '**Review of sexual abuse in schools and colleges**'

Published 10 June 2021

## Relationships Education, Relationships and Sex Education (RSE) and Health Education

Statutory guidance for governing bodies,  
proprietors, head teachers, principals, senior  
leadership teams, teachers

# Compulsory status of RSE and Health Education

- In 2017 the government passed an amendment to the Children and Social Work Bill to make RSE and Health Education statutory from **Sept 2020**.
- Supported by over 100 organisations, including Public Health England, Teaching Unions, NCB, etc)
- Ratified by House of Lords 24 April 2019
- Jigsaw meets all the expectations of the DfE guidance (published April 2019)

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# What have schools got to teach?

- **PRIMARY**
- **RELATIONSHIPS EDUCATION IS COMPUSLORY**
- **HEALTH EDUCATION IS COMPULSORY**
- **Sex Education is covered through National Curriculum content in Year 2 & 5 (Science Objectives)**
  
- **SECONDARY**
- **RELATIONSHIPS EDUCATION IS COMPULSORY**
- **SEX EDUCATION IS COMPULSORY**
- **HEALTH EDUCATION IS COMPULSORY**

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# What are the expectations for Primary Health Education? - Compulsory

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic First Aid
- Changing adolescent body (Puberty)

## Relationships Education, Relationships and Sex Education (RSE) and Health Education

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leadership teams, teachers

# What are the expectations for Primary Relationships Education? - **Compulsory**

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe



## LGBT+ Equality

### What the DfE RSHE guidance says

- **‘Schools are required to comply with relevant requirements of the Equality Act 2010. Further guidance is available for schools in The Equality Act 2010 and schools advice. Schools should pay particular attention to the Public sector equality duty (PSED) (s.149 of the Equality Act).’ - Para 27 page 13**
- **‘Schools should be alive to issues such as everyday sexism, misogyny, homophobia and gender stereotypes and take positive action to build a culture where these are not tolerated, and any occurrences are identified and tackled.’ - Para 31 page 13**

# Sex Education is discretionary at Primary... what exactly does the guidance say?

The Department continues to *recommend* that *all* primary schools should have a sex education programme tailored to the age and physical and emotional maturity of the pupils... drawing on knowledge of the human life cycle set out in National Curriculum Science - how a baby is conceived and born'- **Compulsory**

# Science and Sex Education at KS1 - Compulsory

## Science Key Stage 1

- identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- notice that animals, including humans, have offspring which grow into adults



# Science and Sex Education at KS2 - Compulsory

## Science Key Stage 2

Describe	describe the differences in the life cycles of a mammal, an amphibian, an insect and a bird
Describe	describe the life process of reproduction in some plants and animals
Describe	describe the changes as humans develop to old age
Learn about	learn about the changes experienced in puberty

We define  
Sex  
Education  
as...

**Human  
reproduction...**

**Conception and  
birth**

So, what, where, when and  
how do we do this?...


# Puberty and Human Reproduction in Jigsaw 3-11 Changing Me Puzzle - Compulsory

FS	Growing Up	How we have changed since we were babies
Y1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys' and girls' bodies	Appreciating the parts of the body that make us different and using the correct names for them
Y2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls – how do we feel about them? Which parts of me are private?
Y3	Outside body changes	How our bodies need to change so they can make babies when we grow up – outside changes and how we feel about them
	Inside body changes	How our bodies need to change so they can make babies when we grow up – inside changes and how we feel about them (animations used – shorter version Female and Male Reproductive Systems)

Puberty and Human Reproduction in Jigsaw 3-11 Changing Me Puzzle - AREAS HIGHLIGHTED IN YELLOW ARE NOT COMPULSORY

Y4	Having a baby	The choice to have a baby, the parts of men and women that make babies and – in simple terms – how this happens (animations used – the Female Reproductive System)
	Girls and puberty	How a girl’s body changes so that she can have a baby when she’s an adult – including menstruation (animations used – the Female Reproductive System)
Y5	Puberty for girls	Physical changes and feelings about them – importance of looking after yourself (animations used – the Female Reproductive System)
	Puberty for boys	Developing understanding of changes for both sexes – reassurance and exploring feelings (animations used – the Male Reproductive System)
	Conception	Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life (animations used – the Female and Male Reproductive Systems)
Y6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us (animations used – the Female and Male Reproductive Systems)
	Girl talk / boy talk	A chance to ask questions and reflect (single sex) (animations used – the Female and Male Reproductive Systems)
	Conception to birth	The story of pregnancy and birth (animations used – the Female and Male Reproductive Systems)





Your child's class teacher will be sharing curriculum information outlining the sequence of learning and to clarify which lessons you have a right as a parent to withdraw your child from.

If you have any further questions about the RSHE curriculum and your child's learning, please contact your child's class teacher.

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