



**AVANTI PARK**  
Excellence · Virtue · Devotion

**ISSUE 51**  
24th May 2024

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MESSAGE FROM THE  
PRINCIPAL

# The Avanti Park Post

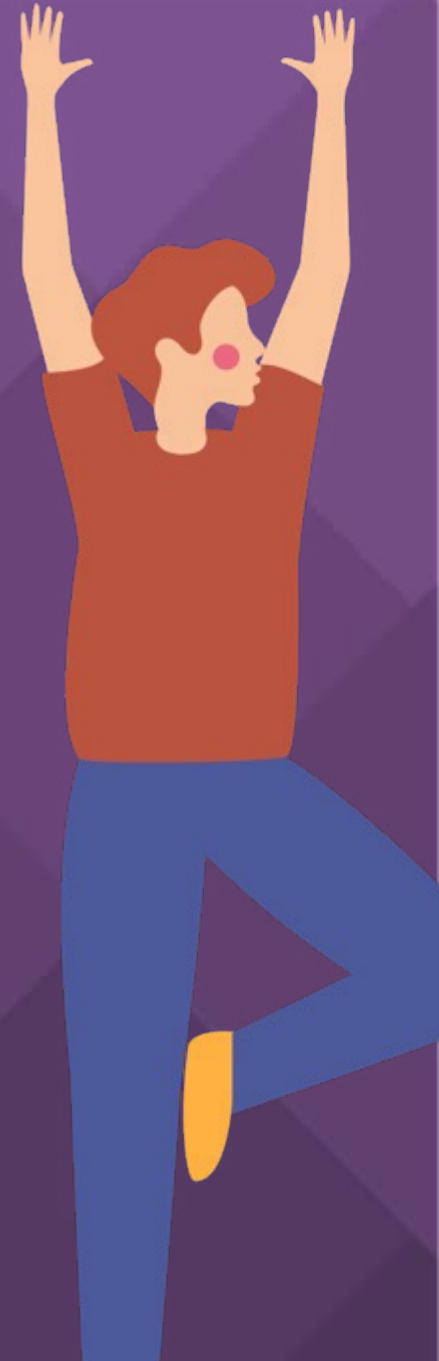
Dear parents and carers,

Welcome to the second Avanti Park Post of the summer term. We have a very busy few weeks coming up after the half-term holiday so please make sure you read the family bulletin each week so you don't miss anything! Sports days, lots of trips and transition days to name but a few.

We also have a staffing change in June. Sarah West, TA in year 5, will be leaving to take up a new exciting Outdoor Education Post at Wessex Lodge. Sarah will be greatly missed and I know that you will join me in saying thank you for everything she has done to support your children this year. We wish her lots of luck in the in the future.

I hope you have a wonderful break and fingers crossed for some sunshine!

**Abby Atkins**



**Maple:**

Arthur  
Jesse  
Sukie

**Pine:**

Obi  
Bess  
Lillac

**Sycamore:**

Lola  
Frankin  
Theo H

**Rowan:**

Finn  
Sienna  
George

**Holly:**

Evie  
Harriet  
oliver

**Oak:**

Mina  
Honey  
Whole Class

**Ash:**

Elodie  
Harry  
Whole Class

**Cherry:**

Marley  
Logan  
Lilah

**Cedar:**

Rose M-R  
Lorea  
Poppy C

**Willow:**

Ayana W-H  
Teddy  
Oakley

**Hazel:**

-  
Lily Mae  
Griff &  
Jacob H

**Chestnut:**

Duke  
Orin  
Leo G

**Birch:**

Matilda  
Whole Class  
Emily G

**Beech:**

George  
Amor  
Nell

Star of the Week W/C

06/05/2024

13/05/2024

20/05/2024

AVANTI PARK SCHOOL

**KS2 PE:**

Nora  
Aurie B &  
Zephie  
Roaslie J

**EYFS/KS1**

**Yoga:**  
Ella N  
Merry M  
Elodie W

**Walnut:**

Xena  
Aryon  
Reuben A-D

**House points so far this year....**

1st Harptree 22,636  
2nd Blackdown 21,389  
3rd Thurlbear 20,895  
4th Dommett 19,404

**Hawthorn:**

Emily  
Alissa  
Sam

**KS2 Yoga:**

Addie R  
Issei C  
Kai Y

**KS2 Art/DT:**

Thomas B  
Rudi D  
Rosie A

Star of the Week W/C  
06/05/2024  
13/05/2024  
20/05/2024

**EYFS/KS1 PE:**

Imogen R  
Auberon G  
Lola J

**Elder:**

Oscar  
Madi  
-

**Aspen:**

Georgia  
David  
Livvy

**AVANTI PARK SCHOOL**

# Principals Award



Elder  
Oscar

Hawthorn  
Lyra T-B

Maple  
Ori

Pine  
Ada

Oak  
Joni

Ash  
Lydia

Aspen  
David

Awarded each half term to pupils who consistently display Avanti Park's core values and virtues.



Beech  
Ruby

Cherry  
Imogen

Chestnut  
Asta

Walnut  
Eve

Birch  
Fionn

Hazel  
Deri

Willow  
Uma

Holly  
Shyla

Rowan  
Koji

Cedar  
Ellie

Sycamore  
Rita

# Notices



**Back to school:  
Mon 3rd June!**

We have seen an increase of sweet and sugary snacks in lunch boxes, including chocolate bars, sweets and cakes. As part of our effort to promote on balanced, healthy diets Please can we remind parents to provide balanced, nutritional lunches and snacks for school.

**Order Your School Uniform Online**

**BRIGADE**

**Free Delivery to School Service**

Orders are placed in a queue until 15th and 30th of each month and delivered into School up to 14 days after.

**IMPORTANT SUMMER HOLIDAY ORDER INFORMATION**  
Last order date for free delivery into school is **14th June** then service switches to home delivery until **13th September**  
(Place your home delivery order by **26th July** for delivery before the start of term)

**WORKING TOWARDS A GREENER FUTURE**

**SUPPLYING SCHOOLS Since 1990**

[www.brigade.uk.com](http://www.brigade.uk.com)

Register today to avoid missing out on Brigade promotions or important notifications by logging onto [www.brigadeparents.info](http://www.brigadeparents.info) or scan QR code

**BRIGADE SALE:**

We are pleased to be able to confirm there is one **final offer** this academic year for families ordering uniform:

**Offer Date: Saturday 1<sup>st</sup> June – Midnight Monday 3<sup>rd</sup> June**

**Offer: 15% Discount** on all orders

**Code: FINAL24**

**Love your packed lunch!**

Create a healthier packed lunch by choosing foods from the 5 main food groups below:

- 1 Starchy Carbohydrates** to re-fuel your body  
Base your lunchbox on starchy carbohydrates.  
**Choose ONE EVERY DAY from:**
  - ✓ Bread, rolls, bagels, wraps, pitta or baguettes
  - ✓ Pasta
  - ✓ Couscous
  - ✓ Noodles
  - ✓ Potatoes
- 2 Fruit and Vegetables** to keep you healthy  
Pack one portion of fruit and one portion of veg every day.  
**Choose TWO EVERY DAY from:**
  - ✓ Apple, banana, pear, orange, plums
  - ✓ Small pot of mixed berries or grapes
  - ✓ Prepared melon or mango
  - ✓ Chopped vegetable sticks: carrots, cucumber, peppers, celery, mange tout, mini corn
  - ✓ Salad vegetables
  - ✓ Vegetable Soup
- 3 Dairy and Alternatives** for healthy teeth and bones  
Don't forget the dairy!  
**Choose ONE EVERY DAY from:**
  - ✓ Milk
  - ✓ Cheese – hard cheese, soft cheese, cheese spread
  - ✓ Yoghurt or Fromage Frais
  - ✓ Custard
- 4 Protein Foods** for growth and repair  
Pack a protein punch!  
**Choose ONE EVERY DAY from:**
  - ✓ Meat
  - ✓ Fish
  - ✓ Eggs
  - ✓ Non-dairy protein e.g. lentils, chick peas, beans
- 5 Drinks** to rehydrate your body  
✓ A large glass of water

**Occasionally!** Meat products such as sausage rolls, pies, sausages, Plain cakes/sponges and biscuits of appropriate portion sizes

For more healthy packed lunch ideas and recipes visit [www.gilksniftyfoods.co.uk/recipes](http://www.gilksniftyfoods.co.uk/recipes)

[www.gilksniftyfoods.co.uk](http://www.gilksniftyfoods.co.uk)

# Music for Minatures



Children in all year groups thoroughly enjoyed an entertaining performance by 'Music for Minatures' this week. It was a fantastic way to introduce classical music to the students and we were all amazed with how talented and funny the performers were.



# Pond Dipping – Year 6



As part of their Science lesson this week, students in year 6 enjoyed the opportunity to explore the school pond and see how many different animals they could identify.

# Interhouse Sports – Year 5 & 6



## Year 5 Benchball Interhouse Competition

Year 5 had a very closely fought morning of interhouse benchball. The competition was led by Year 7 Sports Leaders who officiated and organised the teams. Year 5 picked up the rules of the game quickly and played brilliantly, all participating with great team spirit.

The final results of the combined Year 5 Interhouse are:

1<sup>st</sup> Place - Blackdown 22 points.    2<sup>nd</sup> Place – Dommett 20 points  
3<sup>rd</sup> place – Thurlbear 19 points.    4<sup>th</sup> place – Harptree 18 points

## Year 6 Benchball Interhouse Competition

Year 6 enjoyed brilliant conditions for their interhouse Benchball competition on Monday. After a warm up led by Sarah in Walnut, they soon picked up the tactics of the game and showed fantastic passing and moving. Thanks to Year 8 students from Elder and Will and Sarah from Walnut for helping to run and officiate the competition.

The final scores are:

1<sup>st</sup> place – Dommett 15 points.    2<sup>nd</sup> place – Blackdown 14 points  
3<sup>rd</sup> place – Thurlbear 10 points.    4<sup>th</sup> place – Harptree 9 points





# Interhouse Sports – Year 5 & 6



# Early Years Class Trip

Pine Class visited East Somerset Railway. They gained a deeper understanding of locomotives through the ages and had first-hand experience of seeing how signal points are operated. The children explored artifacts from the past and had a ride on both the mini and full-scale steam train!



An enormous thank you to all the families who volunteered to help.

# Early Years Class Trip



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# Royal Academy of Arts Competition.

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For the last two years, Avanti Park has participated in the Royal Academy of Arts “Young Artists Summer Show” competition. The Royal Academy believes, as we do, in “nurturing and celebrating the next generation of artists”. This year, there were 21,500 entries nationwide, of which around 40 Avanti Park students from Reception to Year 8 submitted an entry, with contributions including clay model work, a Lego model, painting, pencil, fabric and mixed media works. Additionally, artists asked to include a brief explanation of their work and the inspiration behind it, which is also taken into account when judging takes place.

We are pleased to share that two students’ work has been chosen for display at the Royal Academy (16 July – 11 August 2024). These were a drawing of Julius Caesar by a child in Year 1, based on reports that Caesar suffered from ‘falling sickness’, which he learned about and was inspired by when under medical investigation in hospital himself and an intricate and precise pencil drawing of ‘My Dog and My Living Room’ by a Year 4 pupil. These two pieces and a further piece – ‘Rock Bottom’ by a Year 8 student, which explores different perspectives on a potentially mundane event – will also be displayed in RAA’s online exhibition of young artists’ work.

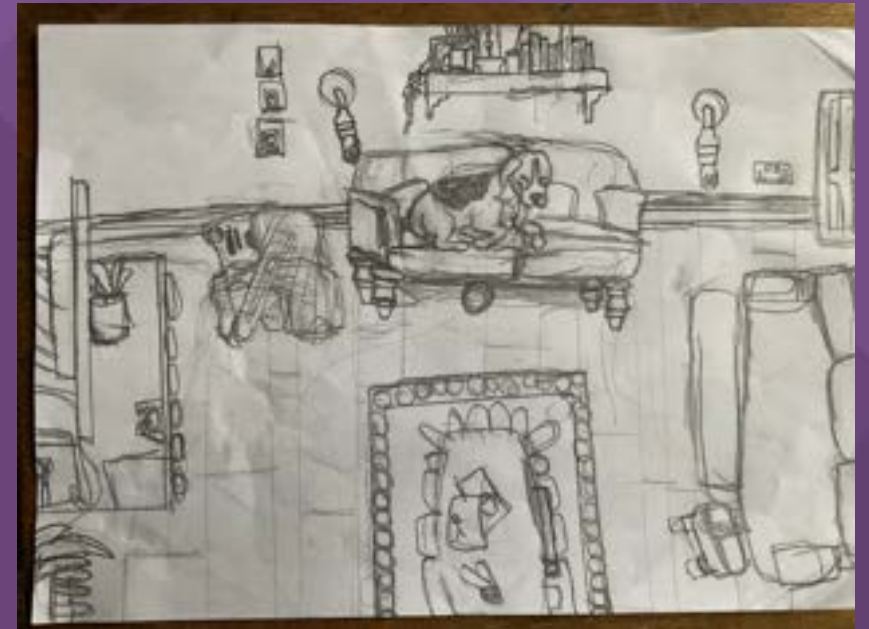
At Avanti Park, we are very proud of all the pupils who took the opportunity to explore their creativity and submit an entry. Although the entries were created at home, we believe that these outcomes are testament to the work of our specialist art teacher, Fie Riley and to the importance given to self-expression and an holistic multi-layered curriculum throughout the school.

# Royal Academy of Arts Competition.



Julius Caesar by Arlo Dodgson (6)

I am six years old and I have epilepsy. In hospital last summer, I listened to a story about the Romans and found out that Julius Caesar might have also had epilepsy. Ever since then, I have been drawing pictures of the Romans when I am home from school. I find learning about the past very inspiring. I made this picture after having two seizures this morning.



My Dog and My Living Room by Maxwell Gordon Jones (8)

I love my dog and I love my living room so that is why I chose to draw this picture.

Rock Bottom by Orla Osborne (13)

I guess what I found grabbing about this picture is the strange scenario, it's like the woman is at rock bottom, or her version of rock bottom. I almost relate to it, which sounds silly, but she might just be having an early start or eating cereal for dinner.



# Place2Be



## What we offer:

### Place2Talk

15 minute sessions for Children and young people to talk about worries – children must self-refer for this by posting a slip in the designated post boxes at school. Children can access up to 6 sessions per academic year.

**Please note: we do not accept teacher or parents referrals for Place2Talk**

### Assessments and one-to-one creative therapy

Referrals can be made by staff, parents and professionals for an assessment. After the assessment Lucy will make recommendations for support. This can include one-to-one therapy sessions (usually up to 10 sessions). Referral forms can be requested via the school office.

### Therapeutic Group Work

Journey of Hope is a therapeutic group programme which builds resilience and confidence. This will run once per academic year and referrals come from teachers or via assessments.

### Place2Think

A reflective space for staff to book an appointment to discuss anything related to their teaching practice.

### Parent Partnership

Meetings with parents as part of the referral and assessment process. For those interested, please direct your enquiries to the school office in the first instance for them to pass on.

There is also a free parenting course on the Place2Be parenting website:

[place2be.org.uk/family](http://place2be.org.uk/family)



## Information sheet for parents and carers

### Place2Talk

#### *Frequently asked questions by parents and carers*

#### 1. **What is Place2Talk?**

One of the most popular aspects of Place2Be's support is called 'Place2Talk'. It's open to all pupils, and they can make an appointment to spend 15 minutes with a trained counsellor, either by themselves or with a friend. On average, about a third of pupils who access the service in schools take advantage of this service every year. Pupils often talk about friendships or any worries they may have.

#### 2. **Who conducts the Place2Talk sessions?**

*Place2Be School Project Managers (SPM) and Place2Be Counsellors<sup>1</sup>.*

Place2Be is an organisational member of the British Association of Counselling and Psychotherapy. This means our SPMs and Place2Be Counsellors are committed to the highest standards of personal and professional practice and work in line with its Ethical Framework and Ethical Guidelines.

#### 3. **Who will your child's counsellor talk to about the Place2Talk sessions?**

Place2Be has a responsibility to keep children safe and follow safeguarding procedures as and when required, but otherwise we will never disclose your child's data to third parties.

#### 4. **What is Place2Be's evaluation and why is it important?**

Place2Be's evaluation provides an *overall* picture of children we support – your child cannot be identified in any report.

<sup>1</sup> These may be an Assistant School Project Manager, a Mental Health Practitioner, or School-based Counsellor

[place2be.org.uk](http://place2be.org.uk)

Place2Talk info sheet August 21  
Approved by Risk Committee July 21 □ Page 1 of 4

Royal Patron  
HRH The Duchess  
Of Cambridge

Registered Office: Place2Be, 175 St John St, Clerkenwell, London EC1V 4LW, 020 7923 5500  
Registered Charity in England and Wales (1040756) and in Scotland (SC038649)  
Registered Company in England and Wales (02876150)



# Events/Summer Camps



I.G Sports Coaching Ltd  
**Girls Football Camp**



**Thursday  
30th May**  
**9:00am - 3:00pm**  
**Critchill Manor  
Estate,  
Frome,  
BA11 4LJ**

IN ASSOCIATION WITH



BOOK ONLINE

[www.igsportscoaching.co.uk](http://www.igsportscoaching.co.uk) | Call Us 07956 666265

## CREATIVE MAKERS



Great news! Creative Makers is running art camps for children aged 5-10 during the at Avanti park school. The sessions will be run by a qualified and experienced Art and Design teacher



During the sessions, students will explore the work of various artists and create works that are inspired by them. They will also work in groups and use a range of materials to create paintings, prints, sculptures and large installations pieces. At the end of each day, all students will have creative work to take home. Each day is a fresh project, so you can attend one or all days and still have a unique experience.

All materials needed for the Art camp will be provided.  
The camp will run from 9am -3pm each day



Places are limited, it is recommend that you sign up as soon as possible by heading to [creative-makers.co.uk](http://creative-makers.co.uk)  
The art camp is a great opportunity for your child to explore their creative side and fun during the holidays



Dates: July 23rd & 25th  
August 14th & 15th



# Events/Summer Camps



**FREE**

## From Toddler Tantrums to Teen Angst: Understanding your Child's Emotions

Learn more about your child's emotional life with this short, in-person, course.

Designed to enhance your understanding of your child's emotional development, this short course will help you feel more in control, with strategies to support your child's wellbeing and manage their big emotions.

Join us in a supportive and inclusive group with personalised support from an experience wellbeing practitioner.

**Thursday 6<sup>th</sup> and 13<sup>th</sup> June: 12:30pm – 2:30pm | 2 Sessions**  
@ Frome SS&L Centre, Palmer Street

Call Somerset Skills & Learning for more information / book online  
**0330 332 7997 [sslcourses.co.uk](https://www.sslcourses.co.uk)**

**SOMERSET SKILLS & LEARNING** Scan with your smartphone camera to visit our website



**What do I need to know?**

- ✓ For anyone from beginners to more experienced learners
- ✓ Booking essential. Please use QR code below.

\*Please see our website for eligibility information.



We are a friendly, welcoming support group for families of children with additional needs.

We offer a monthly group session where we can provide support, advice and signpost to other useful organisations.

**Dates for 2024**

- January 15th 10am -12pm
- February 12th 10am-12pm
- March 18th 10am-12pm
- April 15th 10am-12pm
- May 20th 10am-12pm
- June 17th 10am-12pm
- July 15th 10am-12pm
- September 16th 10am-12pm
- October 21st 10am-12pm
- November 18th 10am-12pm
- December 16th 10am-12pm

**Venue - Frome Town Hall Cafe**

Come along for a cuppa, make new friends and share experiences in a private and safe space.

We look forward to welcoming you!

Any questions please email-  
[fromeautism.adhdparentforum@gmail.com](mailto:fromeautism.adhdparentforum@gmail.com)  
or join us on Facebook.



# Co-Parenting Course



Having a straightforward co-parenting relationship with your ex-partner can be fraught with difficulties. This is where we can help.

5<sup>th</sup> June: 9.30am-11.30am @ Frome Town Hall <https://www.eventbrite.co.uk/e/872370783497?aff=oddtcreator>

25<sup>th</sup> June: 6pm-8pm @ Frome Town Hall <https://www.eventbrite.co.uk/e/872367313117?aff=oddtcreator>

If you are a separated parent, or a parent who are experiencing relationship difficulties are welcome to sign up. Come and join us for a relaxed and supportive Cafe where we chat about how to successfully navigate co-parenting challenges. Whether you are newly separated, have been separated and co-parenting for a while, or experiencing relationship difficulties, this Cafe is designed to give you practical tips on dealing with the challenges, putting the well-being of your children at the centre. Ruth James, will be running the Cafe and will share top tips and advice to help you:

1. Develop a successful co-parenting relationship and reduce conflict.
2. Understand how you can stay connected with your children and support them with smooth handovers and transitions.
3. Find out more about practical tools to reduce conflict in co-parenting communications.
4. How to manage different styles of parenting in different homes.

**There will also be an opportunity for you to ask any questions you may have.**

Please note that this Cafe is not appropriate if there is currently domestic abuse in your relationship. If you are in an abusive relationship, please go to [Somerset Domestic Abuse](#) for the support you need.

This is what a couple of parents said about a Cafe:

"Worth going to. Feels supportive – come out of hiding and speak with others."

"Safe space to talk, no judgements."

The Cafe has been organised by Melody Hunter Evans, Children and Young People's Project Officer, Frome Town Council and will be run by Ruth James, the Reducing Parental Conflict Coordinator at Somerset Council. Ruth has many years' experience of working with parents and is now working with parents to reduce parental conflict.

We will be serving tea, coffee, and cake as this is a Cafe!

Places are limited so please book early to guarantee your place.

We look forward to meeting you.

Melody and Ruth

For more information about relationship support for parents please go to:

[Somerset children & young people : Health & Wellbeing : Somerset Parents And Carers Managing Relationship Conflict \(cypsomersehealth.org\)](#)

# Frome Festival



## WITH THANKS TO

Founder and President Martin Rux MBE  
Vice Presidents John Kirkens Smith  
David Heath CBE | Marjorie Morris  
Chair Rosie Eliot | Gavin Rea  
Vice Chair Lockhart Murdoch

## FESTIVAL OFFICE

Director Adam Laughton  
Manager Sarah Swales  
Bookkeeper Clare Lloyd

Board of Trustees Ellie Capron, Heloise Clough,  
Andy Jones, Lockhart Murdoch, Lisa Handstaff,  
Zoe Newling-Moore, Gail Norris, Simon Norris,  
Dr Mick Banda, Dr Rick Bycroft,  
Roger Southam, Jeremy Towler  
Sponsorship Team Lisa Handstaff,  
Rosie Eliot, Andy Jones, Gavin Rea,  
Roger Southam, Suzanne Cooke, Ann Cosack  
Social Media Sarah Swales, Dawn Denton,  
Gail Norris

Stewarding Sara Morris  
Website Webzang.co.uk  
Food Feast John Rawlin  
Sponsor - Lilley's Older  
Printers Avon Printing Services Ltd  
Design Black Ink  
Illustrator Sholto Walker  
Photography Frome Wessex Photographic

With Special Thanks: The Somerset Fund,  
Frome Town Council, Eye Tech, our sponsors,  
friends, event organisers, volunteers,  
stewards and venues

## WELCOME... to Frome Festival 2024



If you've been keeping up with the current national landscape for arts and culture, you'd be forgiven for opening this brochure expecting a scant programme of blank pages. I would be lying if I said we did not enter into this year with a certain degree of trepidation, fearing that community arts festivals like this one no longer have the power to bring people together as they once did.

I shouldn't have worried, though. And as the Festival team and I reflect on this year's bumper programme, I feel compelled to remind you that Frome Festival is anything but normal.

It is not normal to have such a thriving community of artists, promoters, venues, organisations and volunteers, who are the stars behind every event listing you're about to pore through. As with every Frome Festival programme, the vast majority of the events you are about to pore through are independently organised, so the breadth of this festival represents the amazing variety Frome has to offer all year round.

It is not normal to have the level of support we gratefully receive from our community. Despite our excellent ongoing partnership with Frome Town Council, public funding for the arts is tighter than ever before, so we are immensely grateful for the support of our Festival Friends, sponsors and charitable funders. If you'd like to find out how you can help our work, read more on page 48.

And, most importantly, it is not normal to have such an excellent, diligent team of staff and volunteers who work across the year to bring this programme to life. After Gavin Rea and Beverley Jones' many years of outstanding contributions, Rosie Eliot and Sarah Swales have made enormous impacts since stepping into the roles of Chair and Manager respectively in the past year. Alongside our brilliant bookkeeper Clare Lloyd, board members, fundraisers, stewards, marketers and more, everyone has given so much to make Frome Festival 2024 happen.

So - who wants normal, anyway? In the words of our cover star, Willy Wonka - "a little romance, now and then, is relished by the wisest men".

See you there,  
**Adam Laughton** Director



John Baldry's Festival All Stars Jazz Club  
Gail Norris

The Festival Food Fest, @World Cheryl Photography



## FROME FESTIVAL RADIO

FromeFM is the town's community radio station, with programmes made by and for the people of Frome. The station will be broadcasting in advance of and during the programme, promoting events and sharing stories from the festival. For more details > [www.frome.fm](http://www.frome.fm)



For Frome Festival Brochure  
[Click Here](#)

# Special Thanks



We are continuing our “Special Thanks” scheme in to the new year whereby parents, guardians, and carers are able to nominate and recognise staff for their efforts for supporting members in our Avanti community. This scheme was piloted at Avanti Park last year and made a real difference to our staff and their wellbeing.

To nominate a member of staff, please click on the following link:

<https://avanti.org.uk/avantipark/parents/staff-nominations-for-special-thanks/>



# Stay Safe, Be Well



Right of the week

