

12TH FEBRUARY 2021

Krishna Avanti Primary School Croydon NEWSLETTER

~Staff Spotlight

Dear parents and carers

After a very busy 6 weeks of remote learning, we have reached our Spring half term break. It is unfortunate that I have not been able to meet so many of the wonderful children and families face to face after my appointment as Assistant Principal, but I eagerly await the opportunity to do this when guidelines allow the full reopening of the school. For those I have not had the pleasure of meeting, my name is Mrs Hirani and I am so excited to be a part of Krishna Avanti Croydon. I have been teaching for over seven years now and all my teaching experience has been within the Avanti Trust. In fact, the opening of the first Avanti Trust school was what inspired me to become a Teacher! I am very passionate about Education and thoroughly enjoy working with all ages of primary and infant children. I pride myself on building positive relations with all stakeholders of the school and working as a team to ensure every single child is happy, safe and makes excellent progress. (I also pride myself on my humour but I'm not sure if my year 4 class agree with me!)

I would like to take this opportunity to wholeheartedly thank the families, staff and most importantly the children, for welcoming me so warmly. I look forward to an exciting and positive future together!



Radhanath Swami

Please take this Spring break to rest, rejuvenate and spend time with each other. *Value of the term : Respect*

Best wishes

Mrs Hirani Assistant Principal



KEY DATES

Half Term Holiday : 15 -19 February 2021

Weekly Parent meeting with Ms Salaria : Monday 22nd February 6.00pm-7.00pm

'Fantastic French!' Taster session: Wednesday 24th February 3.00pm-3.30pm (EYFS and KS1) 3.30pm -4.00pm (KS2)

Parents Phonics Workshop: 24th February 4.00-5.00pm

'Spectacular Science!' Taster session: Thursday 24th February 3.00pm-3.30pm (KS2)

World Book week: Thursday, 4 March 2021

Lord Chaitanya week (Gaura Purnima): 8-12 March 2021

School closes at 12:30pm for Easter break: 31st March 2021



MENTAL HEALTH & well being



What is Mental Health?

Mental health is an individual's level of psychological wellbeing which can affect a person's mood and their thoughts and can sometimes dictate their behavior. Everybody has mental health, and it can be better, worse or fluctuate depending on the individual

We celebrated Children's Mental Health Week from Monday 1st February to Friday 5th February. This year's theme was 'Express Yourself' and the children and staff explored this theme in assembly with Mrs Hirani. They then were given the opportunity to take part in a variety of activities which allowed them to express their feelings and emotions through mediums like acting, dance and art. When children are able to find creative ways to share their feelings, thoughts or ideas it can help them feel good about themselves and who they are. Children can do this through art, music, writing and poetry, dance and drama, photography and film, and doing activities that they

enjoy.It's really important to remember that being able to express yourself is not about being the best at something or putting on a performance for others. It is about finding a way to show who you are, and how you see the world, that can help you feel good about yourself.Given that the past year will have left many of us feeling out of control and helpless, supporting children and young people to express themselves is arguably more important

than ever.

What can you do?

Here are a few simple ways you can encourage your child to express themselves.

- **Could you build on existing interests or passions?** Think about what has helped them get through the past year. A love of dancing? Baking? Drawing? Fashion? Encourage your child by noticing their unique interests and praising their efforts.
- Trying new things can be a great way to find a new creative outlet. There are lots of online tutorials and video demos that you and your child could be inspired by... could you try out something new together? Or perhaps ask someone you know to share their creative hobbies and give them a go.
- Try not to judge their efforts and remember to give encouragement for trying rather than for doing something well.
- Listening carefully can help children feel more comfortable and confident when expressing themselves. Try to minimise distractions and give your child your full attention when you're spending time together, being aware of your own body language and eye contact.

It is also crucial you look after your own mental health and well being. Please be kind and gentle to yourself - you are all doing amazingly. Please allow yourself a break and enjoy the beauty of the changing seasons by getting some fresh air together where possible.

ADMIN NOTICE

If your child is currently attending school, a gentle reminder to ensure that you are please following school guidelines, along with the normal school Attendance Policy: Please ensure that you give us at least 48 hours' notice of any change to your planned attendance schedule via email to the office at kapscroydon@avanti.org.uk.

To minimise the increasing disruption to children's learning, can we please ask you to make sure your child is in school by 8.00am and picked up at 2.30pm promptly. The gates will open at 7.55am.

Normal school attendance procedures apply. If you are running late to pick-up or drop-off your child, or your child will not be attending due to illness, please either call the school or email kapscroydon@avanti.org.uk by 7.45am, as per the usual school procedure.

TASTER ONLINE EESIONS

With the help our kind and selfless teachers, we are very excited to announce that we will be offering some taster sessions to extra curricular clubs!



Mon Dieu! It's time to grab your beret and learn some French! Learn vocabulary and phrases with our resident expert French speaker Miss Moreaud! Miss Moreaud will be hosting two taster sessions on:

Wednesday 24th February Wednesday 3rd March.

There will be a separate session for EYFS/KS1 and KS2.

EYFS/KS1 - 3.00pm - 3.30pm KS2 - 3.30pm - 4.00pm

Please register for your session using the eventbrite link posted on your google classroom page before the session.

Sessions will be held on Zoom and children will simply need a notebook and a pencil (crossiants and berets optional)

SPECTACULAR SCIENCE!

Eureka! Discover the Scientist within you with our super Science co-ordinator Miss Jansen!

Miss Jansen will be hosting two taster sessions for KS2 children on:

Thursday 25th February Thursday 4th March

KS2 - 3.00pm - 3.30pm

Please register for your session using the eventbrite link posted on your google classroom page before the session.

Sessions will be held on Zoom. Miss Jansen will clarify if any resources are needed via Google Classroom in advance.

Phonics Workshop FOR PARENTS AND CARERS

Mrs Hirani will be holding a workshop for parents and carers giving information and tips on how to help your child with their phonics. The session will cover an insight on how Phonics is taught and information on the phonics screen check. The session aims to be very interactive so please do participate!

Who: This session is aimed at parents and carers of Reception and Year 1 children. When: Wednesday 24th February 2021 4pm - 5pm

How: Via Zoom - please register using the eventbrite link (also posted on Reception and Year 1's google classroom)



AWARDS

<u>Reception</u> Veer and Yadhav

<u>Year 1</u> Meha -for incorporating drawings in an artistic way Tamanna- for using a range of resources to create her name in a very artistic way Maanvi - used a variety of colours and drawings to make her work stand out.

> <u>Year 2</u> Vihaan & Manay



<u>Year 3</u> Sreenath - for spelling his name with sign language Ved -for excellent effort Dhilan- for creativity

<u>Year 4</u> Aanya and Kirtan-for creativty Pallika- for linking it to her English learning

Well done to everyone who has a received an award so far! Continue to try your very best and you may see your name here very soon!



TAY SA ONLINE



It is crucial to stay safe whilst online. Please ensure you supervise your children when the access the internet, and remind them of the 'SMART' rules to being safe online.

<u>Kid-friendly web browser:</u> For EYFS KS1 - https://www.kiddle.co/ For KS2 - https://www.kidzsearch.com/



The next creative challenge is 'Retell a story'. Record a video of yourself retelling one of your favourite stories; it could be a story that you have read at home or in school, a story that you have written yourself... Bring your fantastic story to life, by changing the tone of your voice, adding some facial expressions, etc... Here is a good example of storytelling:

https://www.youtube.com/ watch?v=z1cfVQyrQ3Q

Your video must be no longer than 3 minutes. Most importantly, remember to have fun doing it! Please submit onto Google Classroom. Enjoy!

In these uncertain times, please stay safe and and follow the government guidelines. We look forward to being back together at KAPSC very soon. Look after yourselves and each other.

Coronavirus

Department for Education Coronavirus Helpline 0800 046 8687 8am to 6pm (Monday to Friday) DfE.coronavirushelpline@education.gov.uk