

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Tomato Basil with Cream Pasta (D, G, Ce) Moong with Rice (G, Mu) Green of the day	Sausage and Mash with Gravy (S,D,G) Channa Masala with Naan (Mu, D) Green of the day	Pine wheel with Tomato & cheese (G, D) Dum Aloo with Rice (G, Mu ,D)	Mac & Cheese (G,D) Kidney bean, sweet corn Curry with Rice or Naan (Mu, G)	Margherita Pizza & Chips (G, ) Veg Rice with Yoghurt (D) Green of the day
	Light Meal	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Fresh salad bar, bread & Fruits (G)
	Dessert	Fruit Yoghurt (D)	Apple Crumble with Custard (G, D)	Jelly With Fruits	Vanilla Cake with Coconut & Jam (G)	Ice-cream (D)
WEEK 2	Main Option	Roasted Vegetable Sauce & Pasta (D,G,Ce) Mix Dal & Rice (G,Mu) Green of the day	Dabeli Peas, Potatoes & Cauliflower Curry with Naan (G, Mu) Green of the day	Quesadilla with Corn on the cob (G) Idly Sambar (Mu) Green of the day	Spaghetti Bolognese (G,D) Dal Palak with Rice (Mu) Green of the day	Pizza with Olives, Sweetcorn, Mix Peppers & Chips (G, D) Veg Khichdi with Yoghurt (D) Green of the day
	Light Meal	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Fresh salad bar, bread & Fruits (G)
	Dessert	Mongo Yoghurt (D)	Orange Jelly	Raspberry Mousse (D)	Peach Crumble with Custard (G, D)	Ice-cream (D)
WEEK 3	Main Option	Veg Pasta Bake (D, G, Ce) Chana Dal with Rice (G,MU) Green of the day	Chilli Beans Taco & Mexican Rice (D) Kadhi with Vegetables Rice (Mu, D) Green of the day	Panni With cheese and Tomato (D, G) Black eye beans with Naan (G, Mu) Green of the day	Hot Dog With Wedges (S, G) Paneer with Mix Veg Curry With Naan (D, G, Mu) Green of the day	Mix Veg, Pizza & chips (G,D) Chinese Rice (S) Green of the day
	Light Meal	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Jacket Potato & topping (D) Fresh salad bar, bread & Fruits (G)	Fresh salad bar, bread & Fruits (G)
	Dessert	Mix Berries Yoghurt (D)	Pear Crumble with Custard (G, D)	Chocolate Cake (G)	Strawberry Mousse (D)	Ice-cream (D)

**Allergens**  
D - Dairy | G - Gluten | S – Soja | Se – Sesame | Mu – Mustard | Ce – Celery

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used

**Week 1:** 19/02; 11/03; 15/04; 06/05; 03/06; 24/06; 15/07.  
**Week 2:** 26/02; 18/03; 22/04; 13/05; 10/06; 01/07; 22/07.  
**Week 3:** 04/03; 25/03; 29/04; 20/05; 17/06; 08/07.