

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Main Option	Roasted Vegetable Sauce & Pasta (D, G) Mix Dal with Rice /Naan (Mu, G)	Jacket Potato with Baked Beans & Cheese (D) Butter Beans Curry & Rice or Naan (Mu, G)	Veg Stir-Fried Noodles with Tofu (G, S) Kadhi & Peas with Rice (D, Mu)	Veg Roasted Panini (D, G) Cabbage with Potato & Peas with Rice or Naan (Mu, G)	Pizza with Olives, Sweetcorn, Mixed Peppers & Chips (D, G)
	Light Meal	Jacket Potato & Toppings ( D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Jacket Potato & Toppings (D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Jacket Potato & Toppings (D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Jacket Potato & Toppings (D) Fresh salad bar, bread & fruits (G, Ce)	Biryani Yoghurt (Mu, G) Salad Bar & Fruits (Ce)
	Dessert	Fruit Yoghurt (D)	Apple Crumble with Custard (D, G)	Fruit Jelly	Carrot Cake (G)	Ice cream (D)
<b>WEEK 2</b>	Main Option	Vegetable Baked Pasta (D, G) Green Moong with Rice or Naan (G, Mu)	Hotdog with Roasted Baby Potatoes (G, S) Mixed Vegetable Curry With Rice or Naan (Mu, G)	Cheese & Spinach Puff Pastry (D, G) Idle Sambar (Mu)	Spaghetti Bolognese (G) Peas & Potato Curry (Mu)	Margherita Pizza & Chips (D, G) Veg Khichdi with yoghurt (Mu, D)
	Light Meal	Jacket Potato & Toppings ( D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Jacket Potato & Toppings (D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Jacket Potato & Toppings (D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Jacket Potato & Toppings (D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Salad Bar & Fruits (Ce)
	Dessert	Mango Yoghurt (D)	Pear Crumble with Custard (D, G)	Creamy Rice Pudding (D)	Mousse (D)	Ice Cream (D)
<b>WEEK 3</b>	Main Option	Tomato & Basil Baked Pasta (D, G) Tarka Dal & Rice or Naan (Mu, G)	Sausage and Mash with Gravy (S, D) Kidney Beans with Sweetcorn Curry & Rice Or Naan (Mu, G)	Quorn Vegan Fishless Fingers with Beans and Wedges (G) Pav Bhaji (G)	Mac and Cheese (D, G) Mixed Veg with Panner Rice with Naan (D, Mu, G)	Vegetable Pizza (G, D) & Chips
	Light Meal	Jacket Potato & Toppings (D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Jacket Potato & Toppings (D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Jacket Potato & Toppings (D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Jacket Potato & Toppings (D) Fresh Salad Bar, Bread & Fruits (G, Ce)	Pilau Rice with Yoghurt (D, Mu)
	Dessert	Mixed Berries Yoghurt (D)	Peach Crumble with Custard (G, D)	Vanilla with Chocolate Buttons Cake (G)	Strawberry Jelly	Ice Cream (D)

**Allergens:**

(D) Dairy (G) Gluten (S) Soya (Mu) Mustard (Ce) Celery (Su) Sulphur

**Please Note:**

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used

Week 1: 2/9, 23/9, 14/10, 18/11, 9/12, 20/1, 10/2

Week 2: 9/9, 30/9, 4/11, 25/11, 6/1, 27/1

Week 3: 16/9, 7/10, 11/11, 2/12, 13/1, 3/2