



## **PSHE at Krishna Avanti Primary School**

### **Intent**



At Krishna Avanti, our aim is to ensure children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured. Our PSHE curriculum is accessible to all and enables children to become healthy, independent, and responsible members of society. Our teaching of RSHE enables our children to learn how to be safe and to understand and develop healthy relationships, both now and in their future lives.

Our intention is that when children leave Krishna Avanti, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.

### **Implementation**



**EYFS** - In the Foundation Stage, PSHE and citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals.

**Key Stage 1 and Key Stage 2** - At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. Children are taught PSHE using 'Jigsaw' which is a spiral, progressive scheme of work, which 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'.

Each year, children will learn about the following six topics:

- Being me in my world
- Celebrating differences
- Dreams and goals
- Healthy me
- Relationships
- Changing me

PSHE and RSHE is taught weekly and through assemblies and special festivals, however there may also be occasions where teachers feel it is necessary to teach PSHE because of an issue which has arisen in their own class.

Visitors are used to enhance teaching e.g., Mental Health and Well-being workshops, Scoot Fit and Bikeability.

## **Impact**



A meaningful PSHE curriculum is the key to children becoming confident, tolerant, and well-rounded adults. Children can approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life. From exposure to a range of global issues and problems, children can build up tolerance and a sense of responsibility of being a global citizen. Children can understand the different lifestyles that people may live and be respectful and tolerant towards those leading different lives to themselves.

The curriculum allows children to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.