

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Rosted Veg sauce & Pasta (D,G,CE) Green mung and Rice (Mu)	Veg Tart (D,G) Aloo Matar & Rice(G)	Paneer Hot Dog (D,G) Channa Masala & Rice/Naan (D,G)	Sausage Mash & Gravy (D,G) Kadhi & Veg Rice (D, Mu)	Pizza & Chips (D, G, Ce) Vegetable Rice & Yogurt (D)
	Sides	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits
	Dessert	Pot Yogurt (D)	Flapjack (D,G)	Carrot Cake (D,G)	Jelly	Ice Cream (D)
WEEK 2	Main Option	Tomato Basil Spaghetti (D,G,Ce) Yellow Dal & Rice (Mu)	Waffles & Baked Beans Rajma & Rice (D,Mu)	Burrito (D,G) Idli Sambar/Rice (D,G)	Cheese & Sweetcorn Panini (D,G) Dal Makhani & Rice	Pizza & Chips (D, G, Ce) Veg Khichdi & Yogurt (D)
	Sides	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits
	Dessert	Berry Yogurt (D)	Cinnamon Puff(D,G)	Chocolate Cake (D,G)	Semolina Pudding (D)	Ice Cream (D)
WEEK 3	Main Option	Mac & Cheese (D,G) Mixed Dal & Rice (Mu)	Nachos & Cheesy Chili Bean (D,G) Zucchini Chana Dal & Rice (Mu)	Lasagna (D,G) Pav Bhaji (D,G)	Tomato Soup & Cheese Sandwich (D,G) Black Eye Beans Curry & Rice (Mu)	Pizza & Chips (D,G,Ce) Spinach Daal & Rice (D,Mu)
	Sides	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits	Greens of the day Fresh salad bar, bread & fruits
	Dessert	Fruit Yogurt (D)	Cookies (D,G)	Vanilla Cake (D,G)	Rice Pudding (D)	Ice Cream (D)

Allergens

D - Dairy | G - Gluten | S - Soya | Mu - Mustard | Ce - Celery

Please Note:

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used

Week 1: 19/02; 11/03; 15/04; 06/05; 03/06; 24/06; 15/07.

Week 2: 26/02; 18/03; 22/04; 13/05; 10/06; 01/07; 22/07.

Week 3: 04/03; 25/03; 29/04; 20/05; 17/06; 08/07.