






## PSHE at Krishna Avanti Primary School

<p><b><u>Intent</u></b></p> 	<p>At Krishna Avanti, our aim is to ensure children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured. Our PSHE curriculum is accessible to all and enables children to become healthy, independent and responsible members of society. Our teaching of RSHE enables our children to learn how to be safe and to understand and develop healthy relationships, both now and in their future lives.</p> <p>Our intention is that when children leave Krishna Avanti, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. In an ever-changing world, it is important that they are aware of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.</p>
<p><b><u>Implementation</u></b></p> 	<p><u>EYFS</u> - In the Foundation Stage, PSHE is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals.</p> <p><u>Key Stage 1 and Key Stage 2</u> - At Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. Children are taught PSHE using 'Jigsaw' which is a progressive scheme of work, which 'aims to prepare children for life, helping them to know and value who they are and understand how they relate to other people in this ever-changing world'.</p> <p>Each year, children will learn about the following six topics:</p> <ul style="list-style-type: none"><li>• Being me in my world</li><li>• Celebrating differences</li><li>• Dreams and goals</li><li>• Healthy me</li><li>• Relationships</li><li>• Changing me</li></ul> <p>At the end of each unit, children facilitate a sangha session to summarise their learning. In these sessions, teachers skilfully select questions that have been addressed during the unit, for children to discuss with a small group of peers, on a deeper level.</p> <p>PSHE is taught weekly and through assemblies and special festivals. In KS1, children also participate in additional weekly Circle Time sessions, which are planned by class teachers to address and improve conflict and behaviour within the class. There may also be occasions amongst all years, where teachers feel it is necessary to teach an additional circle time session to address the children's worries of conflicts.</p> <p>Across the year, there are various enrichment opportunities planned, such as Anti-bullying Week, World Mental Health Day and Children's Mental Health Week. Visitors are also used to enhance teaching e.g. pharmacists, dentists and nutritionists deliver child-friendly talks during the Healthy Me unit. Children are taught to keep safe in their local community through Scoot Fit workshops (EYFS), walks in the local area, where they learn to cross various roads (KS1) and Bikeability workshops (KS2).</p>
<p><b><u>Impact</u></b></p> 	<p>A meaningful PSHE curriculum is the key to children becoming confident, tolerant and well-rounded adults. Children can approach a range of real-life situations and apply their skills and attributes to help navigate themselves through modern life. From exposure to a range of global issues and problems, children can build up tolerance and a sense of responsibility of being a global citizen. Children can understand the different lifestyles that people may live and be respectful and tolerant towards those leading different lives to themselves.</p> <p>The curriculum allows children to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.</p>