

	Option	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Main Option	Tomato Basil Pasta (G) Green Mung Dal (Mu) Steamed Rice	Sausage, Mash & Gravy (D,G,S) Chana Masala Naan (G)	Aloo Parata (D,G) Black Eye Beans (Mu) Steamed Rice	Pesto Panini (D,G) Vegetable Sambar (Mu) Steamed Rice	Pizza & Chips (D,G) Spinach Yellow Dal (Mu) Steamed Rice
	Sides	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits
	Dessert	Fruit Yoghurt (D)	Cinnamon Puff Pastry (D,G)	Carrot Cake (D,G)	Laddu (D)	Selection of Ice Creams (D)
WEEK 2	Main Option	Mac N Cheese (D,G) Rajma Masala (Mu) Steamed Rice	Hot Dog & Potato Wedges (G,S) Pav Bhaji (D,G)	Baked Lasagne (D,G) Kadhi (Mu,D) Spiced Rice	Veg Puff Pastry (D,G) Mutter Paneer (D) Naan (G)	Pizza & Chips (D,G) Kichadi Yoghurt (D)
	Sides	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits
	Dessert	Fruit Yoghurt (D)	Flapjack (D , G)	Chocolate Cake (D , G)	Strawberry Jelly	Selection of Ice Creams (D)
WEEK 3	Main Option	Creamy Tomato Pasta (D,G) Panchmela Dal Steamed Rice	Paneer Hot Dog (D,G) Dal Makhani [D] Steamed Rice	Nachos & Chilli Bean Sauce (D) Chinese Manchurian & Fried Rice (S)	Waffle & Baked Beans Zucchini Chana Dal Steamed Rice	Pizza & Chips (D,G) Yellow Dal Steamed Rice
	Sides	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits	Greens of the day Fresh salad bar, bread (G) & fruits
	Dessert	Fruit Yoghurt (D)	Creamy Rice Pudding (D)	Vanilla Cake (D,G)	Chocolate Chip Cookie (D,G)	Selection of Ice Creams (D)

Allergens:

(D) Dairy (G) Gluten (S) Soya (Mu) Mustard (Ce) Celery (Su) Sulphur

Week 1: 10/3, 31/3, 5/5, 2/6, 23/6, 14/7

Week 2: 24/2, 17/3, 21/4, 12/5, 9/6, 30/6, 21/7

Week 3: 3/3, 24/3, 28/4, 19/5, 16/6, 7/7

Ekadashi Dates: 24/2, 10/3, 25/3, 24/4, 8/5, 23/5, 6/6

Please Note:

Salad bar, fresh breads & fruits are available every day; seasonal fruits and vegetables are used