



# KRISHNA AVANTI PRIMARY SCHOOL

## STARTING SCHOOL

### Recognising Each Individual Journey

Every child develops at their own pace. Some will stride into school with confidence; others will need more support. At KAPSH we are here to walk this journey with you. Before starting school, there are key developmental skills that help ease the transition and build confidence. These are not tests but stepping stones. Practising them through loving, playful interactions at home will strengthen your child's independence, self-awareness, and emotional security, qualities at the heart of The Avanti Way. Whether your child is in nursery, with a childminder, or at home, their caregivers, alongside you, can help gently build these skills in a way that honours your child's unique path.

### How Can I Help My Child Get Ready for School?

- Your relationship with your child is their foundation. When rooted in trust and compassion, children feel safe to explore and grow.
- Incorporate learning into your daily routines. Small, consistent actions, like getting dressed independently or talking about feelings, build vital life skills.
- Share stories, nature walks, creative play and quiet reflection. These nourish curiosity and creativity, the cornerstones of lifelong learning.



### Supporting Children with Additional Needs

- At KAPSH, we honour every child as a unique individual with their own strengths and challenges. If your child has any additional needs, we will work closely with you to create a welcoming, inclusive experience.
- Share as much information as you can with us before your child starts. The more we know, the more personalised and compassionate the support we can offer.
- Trust and communication between home and school are central to us at KAPSH.
- Early support makes a real difference, please don't hesitate to speak with your child's early years setting, health visitor, or our team.





## Top Tips to Get Your Child School Ready



At Krishna Avanti, we believe school readiness starts with love, connection and daily moments of independence. Here's how you can help prepare your child for a confident start to school life:

### 1. Let Them Practice Dressing Themselves

Encourage your child to put on and take off their coat, shoes and school clothes with minimal help. Start with simple fastenings like Velcro or zips.

**Top Tip: Turn getting dressed into a race or game, it keeps it light-hearted and fun!**

### 2. Encourage Toilet Confidence

Help your child become more independent in using the toilet, wiping properly, and washing hands afterwards.

**Top Tip: Use picture charts or sing songs to reinforce the handwashing routine.**

### 3. Encourage Independent Eating

Let your child use a fork, spoon, and open cup during meals. Encourage them to try new foods and eat at the table with others.

**Top Tips: Make mealtimes a calm, screen-free moment of togetherness, it builds focus and social skills too.**



### 4. Try Short Playdates or Group Activities

Spending time with other children helps your child practise sharing, turn-taking and resolving small disagreements.

**Top Tips: Talk about what went well after each playdate and praise their kindness or bravery.**

### 5. Involve Them in Simple Choices

Offer your child small decisions during the day, what socks to wear, which book to read. This builds confidence and decision-making.

**Top Tip: Praise their choices to show you trust their independence.**

### 6. Explore the Outdoors Together

Time outside helps children develop physical confidence and a connection to nature, core to The Avanti Way.

**Top Tip: Go on a nature walk and talk about what you see, hear, and smell. Curiosity builds learning!**





## Top Tips to Get Your Child Reception Ready

### 7. Read Together Every Day

Books open windows to language, emotion and imagination. Point to words, talk about the pictures, and ask what characters might be feeling.

**Top Tip: Choose stories with themes like kindness, friendship or trying new things to spark reflection.**

### 8. Establish Predictable Routines

Consistent wake-up, mealtime and bedtime routines help children feel secure and prepared for school rhythms.

**Top Tip: A simple morning chart with pictures can help them feel proud of managing tasks on their own.**



## Parental Support and Partnership With Parents

Please speak to us. No concern is too small and we are always happy to help!

- We'll work with you to understand your child's needs, interests, and strengths.
- Share what motivates them, how they learn best, and what helps them feel calm and confident.
- This information helps us create a nurturing, personalised transition plan for their school start.

## Welcome to KAPSH

We are truly looking forward to welcoming you and your family to Krishna Avanti Primary School, where your child's learning journey begins with joy, care, and purpose.

**"We aim to prepare each child not just for school, but for life, with character, compassion and clarity."**

**The Avanti Way**

